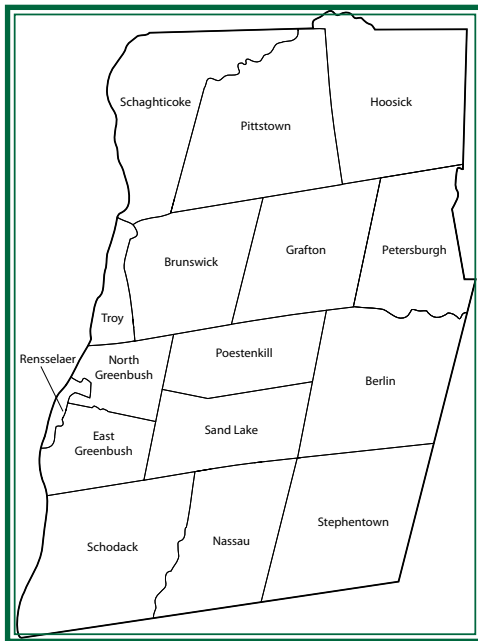




RESOURCE HANDBOOK

FOR RENSSELAER COUNTY

AND SURROUNDING AREAS



Commission on Economic Opportunity

for the Greater Capital Region, Inc.

2331 Fifth Avenue

Troy, NY 12180

518-272-6012

www.ceo-cap.org



Mission

The Commission on Economic Opportunity is committed to preserving and advancing the self-sufficiency, well-being, and growth of individuals, children, and families through education, guidance, and resources.

The CEO Resource Handbook includes agencies and organizations that provide services to the residents of Rensselaer County.

The first part of the Resource Handbook lists various community, hotline and advocacy numbers. To locate a particular service, a categorized index is located in the beginning of the handbook on page v. For example, if one wishes to inquire about disability services, then he or she may look under the heading Disability/Special Needs to find the agencies and organizations that provide the service.

The second part of the Handbook provides an alphabetical listing of agencies and organization telephone numbers, addresses and a brief description of the resources available.

We have made our best effort to include all of the organizations that serve the people of Rensselaer County. If your organization was not included and you would like to be added to our Resource Handbook, please email info@ceo-cap.org with the descriptions and a contact name and number.

February 2013

COMMUNITY PHONE NUMBERS

Troy Police Department	
Emergency	911
Police Assistance	270-4411
Front Desk	270-4421
Records	270-4431
Rensselaer County Sheriff	270-5448
City of Troy - City Hall	270-4401
Board of Elections	270-2990
Code Enforcement	270-4584
Animal Control (call police dept to locate animal control quickly)	270-4640
County Clerk	270-4080
County Legislature	270-2880
District Attorney	270-4040
Health Department	270-2655
Hospitals	
Albany Medical Center	262-3125
Albany Memorial	471-3221
St. Mary's (Seton Health)	268-5000
St. Peter's	525-1550
Samaritan	271-3300
SW Vermont Medical Center	1-802-442-6361
Humane Society	434-8128
Medicaid	270-3928
Motor Vehicle, Department of	270-2600
Veterans Affairs	270-2760

HOTLINE NUMBERS

AIDS Council of NENY - Hotline	434-4686
AIDS Hotline	1-800-541-2437
Auto Safety and Recall Hotline	1-800-424-9393
Cancer Hotline (NYS)	1-877-530-5455
Child Abuse Hotline	1-800-342-3720
Child Help USA / IOF Child Abuse	1-800-422-4453
Crime Victims Board	457-8727
Domestic Violence Hotline	
English	1-800-942-6906
Spanish	1-800-942-6908

HOTLINE NUMBERS (continued)

Environmental Health Hotline	1-800-458-1158
Medicare Hotline (NYS)	1-800-633-4227
National Suicide Prevention Lifeline and Veterans Crisis Line	1-800-273-8255
Post Office Hotline (US)	1-800-654-8896
Public Service Commission Hotline	1-800-342-3355
Rape Crisis	271-3257
Substance Abuse Hotline (NYS)	1-800-522-5353
Suicide Prevention	453-4040
Welfare Fraud Hotline	270-8615

ADVOCACY NUMBERS

Alzheimer's Association	1-800-272-3900
American Cancer Society	1-800-227-2345
American Council for the Blind	1-800-424-8666
American Diabetes Association	1-800-342-2383
American Heart Association	1-800-242-8721
American Lung Association	1-800-586-4872
Arthritis Foundation	1-800-283-7800
Attorney General (NYS)	474-5481
Cable Helpline	1-800-342-3330
Consumer Protection (NYS)	474-8583
Disabilities (NYS Advocate)	1-800-522-4369
Equal Employment Opportunity	1-800-669-4000
Federal Information Center	1-800-688-9889
Governor's Citizen Assistance Line	474-1041
Grief Recovery Institute	1-800-445-4808
Office of the Inspector General	1-800-447-8477
Medicare Rights Center	1-800-333-4114
Housing and Community Renewal	473-2526
Internal Revenue Service	1-800-829-1040
Lawyer Referral (NYS Bar)	1-800-342-3661
Legal Aid Society	462-6765
Library for the Blind	474-5935
Leukemia and Lymphoma Society	1-800-955-4572

LOCAL FOOD PANTRIES

Please call food pantry to ensure food currently available, hours of operation, and eligibility requirements.

CEO, 2328 Fifth Avenue Troy, NY 12180 272-6012	Hope 7 520 Pawling Avenue Troy, NY 12180 272-8029
LansingburghBoysandGirlsClub 501 4th Avenue Troy, NY 12182 235-4143	REACT 515 Grand Street Troy, NY 12180 272-8974
Roarke Center 107 Fourth Street Troy, NY 12180 273-8351	St. Augustine's 25 115th Street Troy, NY 12182 235-3861
St. Joseph's Church 416 3rd Street Troy, NY 12180 274-6720	St. Mary's 196 3rd Street Troy, NY 12180 272-5820
Salvation Army 410 River Street Troy, NY 12180 272-4901	Sunnyside Center 3301 Sixth Avenue Troy, NY 12180 274-5986
Unity House Street Ministry 2431 Sixth Avenue Troy, NY 12180 272-2352	YWCA 21 First Street Troy, NY 12180 274-7100

LOCAL LIBRARIES

Berlin Free Town Library 47 Main Street Berlin, NY 12022 658-2231	Brunswick Community Library 4118 State Hwy 2 Troy, NY 12180 279-4023
Castleton Public Library 85 South Main Street Castleton, NY 12033 732-0879	Driver Memorial Library 136 Main Street Schaghticoke, NY 12154 753-4344
E. Greenbush Comm. Library 10 Community Way E. Greenbush, NY 12061 477-7476	Grafton Community Library PO Box H Grafton, NY 12182 279-0580
N. Greenbush Comm. Library 141 Main Avenue Wynantskill, NY 12198 283-0303	Petersburgh Public Library 69 Main Street, Route 2 Petersburgh, NY 12138 658-2927
Poestenkill Town Library 9 Plank Road Poestenkill, NY 12140 283-3721	Sand Lake Library 8428 Miller High Road Averill Park, NY 12018 674-5050
Troy Public Library 100 Second Street Troy, NY 12180 274-7071	Valley Falls 42 State Street Valley Falls, NY 12185 753-4230

INDEX

AIDS/HIV+

AIDS Council Of Northeastern New York	2
AIDS Law Clinic-Health Law Project	2
AIDS Program	2
CARES	8
Catholic Charities AIDS Services	9
Community Maternity Services	13
Damien Center	17
Our Brothers' Keepers Foundation	32
Visiting Nurse Association	47

ADOLESCENT PROGRAMS

Commission on Economic Opportunity - Teenage Opportunity Program	12
Commission on Economic Opportunity - Transitional Student Support	12
Commission on Economic Opportunity - YouthBuild	12
Donovan House	18
Kaydeross House	27
La Salle School	28
St. Anne Institute	42
TOUGHLOVE	43
Vanderhyden Hall	46

ADULT EDUCATION (SEE EMPLOYMENT)

CHILD CARE

Capital District Child Care Coordinating Council, Inc.	7
Commission on Economic Opportunity - Stepping Stones II	11
Hope 7	25
Kid's Place Pre-School	27
Salvation Army	39
Sunnyside Center	43

CHILDREN/YOUTH SERVICES

Altamont House, The	4
Ark, The	4
Capital District Beginnings	5
Big Brothers Big Sisters	5
Boys and Girls Club, Lansingburgh	6
Boys and Girls Club, Rensselaer	6

CHILDREN/YOUTH SERVICES (CONTINUED)

CAPTAIN Youth And Family Services	8
Child Find of America	10
Commission on Economic Opportunity – Head Start/Early Head Start	11
Commission on Economic Opportunity – Teenage Opportunity Program	12
Commission on Economic Opportunity – WIC	12
Commission on Economic Opportunity – YouthBuild	12
Early Childhood Directions Center of the Capital Region	18
Girl Scouts, Hudson Valley Council	22
Hope 7	25
Make A Wish Foundation of Northeast New York	28
Northeast Parent and Child Society	32
Parsons Child and Family Center	32
Rensselaer Department of Social Services – Rensselaer County	36
Rensselaer County Department of Youth, Unified Family Services	37
School Lunch Program	39
St. Catherine’s Center for Children	42
Sunnyside Center	43
Troy Youth Association (CYO)	44
Unity House Street Ministry	45
Youth Bureau, City of Rensselaer	48
Youth Center In Hoosick Falls	49
Youth Department, City of Troy	49
YWCA of Troy and Cohoes	49

CHURCH SERVICES

Capital Area Council of Churches	6
Immaculate Conception Church	26
Troy Area United Ministries (TAUM)	43

CIVIC ENGAGEMENT

Junior League of Albany	27
Junior League of Troy	27
NAACP – Troy Branch	30

COUNSELING

Commission on Economic Opportunity – Family and Children’s Services	11
Counseling Care and Services	16
Kids After Divorce	27
Pearl Street Counseling Center	33
SafePlace	38

COUNSELING (CONTINUED)

SUNY Albany Psychological Services Center	43
United Counseling Services of Bennington County	45
United Way of Northeastern New York	45
VESID: Vocational & Educational Services for Individuals with Disabilities	46

CRIME/SEXUAL ASSAULT VICTIMS

Crime Victims Assistance	16
Crime Victims Board Of New York State	16
Remove Intoxicated Drivers Victim Center	34
Sexual Assault & Crime Victims Assistance	41
Start Childrens Center	42

DISABILITY/SPECIAL NEEDS

Albany Therapeutic Riding Center	3
Association for Retarded Children (ARC)	4
Attention Deficit Disorder Association	4
Beginnings	5
Capital District Center for Independence	6
Center for Disability Services	9
Cobb Memorial School	10
Developmental Pediatrics	17
Disability Advocates	17
Disabilities Law Clinic	18
Early Childhood Education Center	18
Early Intervention Program	18
Easter Seals Society	19
Helping Hands School	23
Independent Living Center of the Hudson Valley	26
Make A Wish Foundation of Northeast New York	28
New York State Association of Community And Residential Agencies	03
New York State Association of Retarded Children	30
Northeast Career Planning	32
Northeast Parent and Child Society	32
Residential Opportunities (ROI)	37
Unity House Street Ministry - Unity Sunshine School	46

DISPUTE SETTLEMENT

New York State Dispute Resolution Association	31
Rensselaer United Rural Abuse Lifeline	37

DOMESTIC VIOLENCE

Families in Crisis Program	20
New York State Coalition Against Domestic Violence	31
Rensselaer County Department of Social Services	36
Services to Women and Families – YWCA	40
Unity House Street Ministry	45

DRUG TREATMENT (SEE SUBSTANCE ABUSE)

EMPLOYMENT

Adult and Continuing Education	1
Capital District Educational Opportunity Center	7
Commission on Economic Opportunity – YouthBuild	12
Employment and Training Facility	20
Equinox, Inc.	20
Job Service and Training – NYS Dept of Labor	27
Literacy Volunteers Of Rensselaer County	28
Northeast Career Planning	32
QUESTAR III	34
Rensselaer County Department of Employment and Training	36
Rensselaer County Department of Social Services	36
Unemployment Insurance Office	45
Women’s Employment and Resource Center	48
Workforce Development Institute	48

FAMILY

Adoptive Families Coalition	1
CAPTAIN Youth and Family Services	8
Commission on Economic Opportunity – Head Start/Early Head Start	11
CONCERNS U	13
Early Intervention Program	18
Evenstart	20
Family Life Center	21
Four Doors Down - Doors of Hope	21
Kids After Divorce	27
Mothers Against Drunk Driving (MADD-NY)	29
Rensselaer County Department of Social Services	36

FINANCIAL SERVICES

Albany Center for Economic Success (ACES)	2
Capital District Community Loan Fund	7

FINANCIAL SERVICES (CONTINUED)

Consumer Credit Counseling Service	14
Umbrella of the Capital District	44
Unemployment Insurance Office	45

FOOD/NUTRITION

** see page iii for list of area food pantries*

Commission on Economic Opportunity – Food Pantry	11
Commission on Economic Opportunity – WIC	12
Community Gardens of the Capital District	12
Cornell Cooperative Extension – Eat Smart New York	15
Food Bank – Regional Food Bank of Northeastern NY	21
Home Delivered Meals	24
Hoosick Area Food Pantry & Church Association	25
Hope 7 Food Pantry	25
Hunger Action Network	25
Meals on Wheels	29
Provisions Community Food and Storehouse	34
School Lunch Program	39

FURNITURE PROGRAMS

Community Warehouse	13
Goodwill	22
Salvation Army	39
Troy Area United Ministries (TAUM)	43

GAY/LESBIAN ISSUES

Capital District Gay and Lesbian Community Council	7
In Our Own Voices	26

HEALTH

Adept Health Care Services	1
Cardiac Kids – American Heart Association	8
Developmental Pediatrics	17
Eating Disorders, Capital Region Association for	19
Epilepsy Foundation of Northeastern NY	20
Healthy Kids	23
Hill-Burton Uncompensated Care Program	23
Homecare Association for New York State	24
Muscular Dystrophy Association	29
National Kidney Foundation of Northeastern NY	30

HEALTH (CONTINUED)

New York State Center for Sudden Infant Death	30
Northeast Association for the Blind	31
Planned Parenthood, Upper Hudson Area	33
Rensselaer County Health Department	35
Rural Rensselaer County Council Health & Human Services	38
Samaritan Hospital	39
Samaritan Hospital Behavioral Health Outpatient Clinic	39
Seton Health System	40
Southern Vermont Medical Center	41
Visiting Nurse Association	47
Whitney Young Jr. Health Center	47
YMCA of the Capital District – Troy Branch	48

HOME HEALTH CARE/DAY TREATMENT

Adult Day Health Program	1
Eddy, The	19
Interim Healthcare	26
Samaritan Hospital	39
Seton Health System	40

HOMELESS/EMERGENCY SERVICES

American Red Cross	4
Bethany Hospitality Center	5
Capital City Rescue Mission	6
DePaul Residence	17
Four Doors Down - Doors of Hope	21
Homeless Action Committee	24
Homeless and Travelers Aid Society	24
Interfaith Partnership for the Homeless	26
Joseph's House and Shelter	27
Marillac Residence	28
Nassau Library	30
Northeast Parent and Child Society	32
Prevention Information Resource Center	33
Safe House	38
Saint Mark's Episcopal Church	38
Saint Peter's Residency (SRO)	38
Shelters of Saratoga	41
Unity House Street Ministry – Emergency Services	45
YMCA of the Capital District – Troy Branch	48
YWCA of Troy and Cohoes	49

HOOSICK FALLS/BENNINGTON AREA RESOURCES

Bennington Recreational Center	5
Bennington Tutorial Center	5
Career Development Center	8
Care Net Pregnancy Center of the Tri State Area	9
Employment and Training Facility	20
Hoosick Area Food Pantry & Church Association	25
Hoosick Housing Authority	25
Second Hand Rose	40
Southern Vermont Medical Center	41

HOUSING

Affordable Housing Partnership	2
Albany County Opportunity	3
Albany Housing Coalition	3
Commission on Economic Opportunity – Weatherization	12
Habitat for Humanity	22
HEAP (Home Energy Assistance Program)	23
Hoosick Housing Authority	25
Horizon Center Inc.	25
Joseph’s House and Shelter	27
Rensselaer County Department of Social Services	36
Rensselaer County Community Housing Resource Board	37
Ronald McDonald House of the Capital Region	38
Salvation Army	39
Section 8 Rental Assistance Program	40
Troy Architectural Program (TAP)	44
Troy Rehabilitation and Improvement Program (TRIP)	44
Umbrella of the Capital District	44
United Tenants of Albany	45

LEGAL ISSUES/CONSUMER ADVOCACY

Consumer Protection Board of New York State	14
Family Court – Rensselaer County	21
Father’s Rights Association – Capital District	21
Greater Upstate Law Project	22
Legal Aid Society of Northeastern New York	28
Prevention Information Resource Center	33
Prisoners Legal Services of New York	34
Public Defender	34
Public Service Commission	34
Rensselaer County Department of Probation	36

LEGAL ISSUES/CONSUMER ADVOCACY (CONTINUED)

Social Security Administration	41
Unemployment Insurance Office	45
Verizon Life Line Service	46

MENTAL HEALTH ISSUES

Alliance for the Mentally Ill of NYS	4
Capital District Psychiatric Center	8
Commission on Economic Opportunity – Family and Children’s Services	11
Community Hospice Grief Centers	12
Copes Network Center	14
Family and Children’s Services	21
Four Winds – Saratoga	22
Kids After Divorce	27
Mentally Ill Chemically Addicted (MICA)	29
New York State Psychological Association	31
Pearl Street Counseling Center	33
Prevention Information Resource Center	33
Rensselaer County Department of Mental Health (Unified Services)	35
SafePlace	38
Samaritans, The	39
Samaritan Hospital Behavioral Health Outpatient Clinic	39
Unity House Street Ministry	45

MULTI-CULTURAL PROGRAMS

Chinese Community Center	10
El Centrocivico (Hispanic American Civic Center)	19
Hispanic Services	23

PREGNANCY/PARENTING

Alight Care Center	3
Alpha Pregnancy Care Center	4
Capital District Mothers’ Center	7
Catholic Charities Northern Albany & Rensselaer Counties	9
Circles of Mercy	10
Commission on Economic Opportunity – Head Start/Early Head Start	11
Commission on Economic Opportunity – Teenage Opportunity Program	12
Commission on Economic Opportunity – WIC	12
Community Maternity Services	13
Cornell Cooperative Extension	15
Healthy Kids	23

PREGNANCY/PARENTING (CONTINUED)

March of Dimes–Saving Babies Together	28
Moms Clinic	29
Oley Foundation, The	32
Planned Parenthood, Upper Hudson Area	33
Prevention Information Resource Center	33

PRISON TRANSITION

Horizon Center Inc.	25
Prisoners Legal Services of New York	34
Rensselaer County Probation	37

SENIORS

Commission on Economic Opportunity – Foster Grandparent Program	11
Help for Seniors	23
Heritage Home for Women	23
Home Delivered Meals	23
Homecare Association for New York State	24
Meals on Wheels	29
New York Statewide Senior Action Council	31
Rensselaer County Department for the Aging	34
Rensselaer County Department of Social Services	36
Senior Endeavors	40

SEXUAL ABUSE (SEE CRIME VICTIMS)

SUBSTANCE ABUSE

Adult Rehabilitation Center	1
Al-Anon / Alateen	2
Alcoholics Anonymous	3
Conifer Park	13
Continuing Treatment Services	14
COPEs Network Center	14
Homer Perkins Center, The	24
Hospitality House Therapeutic Community	25
Hudson Mohawk Recovery Center	25
Mentally Ill Chemically Addicted (MICA)	29
Next Step	31
Pearl Street Counseling Center	33
Peter Young Housing, Industries, Treatment.	33
Remove Intoxicated Drivers Victim Center	34
Saint Peter’s Residency (SRO)	38

SUBSTANCE ABUSE (CONTINUED)

Samaritan Hospital	39
Seton Health System	40
St. Peter's Addiction Recovery Center (SPARC)	42
Trinity Institution, Inc.	43
Unity House Street Ministry	45

SUICIDE HOTLINE (SEE MENTAL HEALTH ISSUES)

TRANSPORTATION

Access Transit	1
Commission on Economic Opportunity - Transport a Hero	12
STAR Service	42
Unity House Street Ministry	45

VETERANS PROGRAMS

Commission on Economic Opportunity - Transport a Hero	12
Rensselaer County Department of Veterans Affairs	37
Veterans Industries	47

OTHER COMMUNITY RESOURCES

Community Voice Mail Program	13
Council of Nonprofits	15
Roarke Center	38
United Way of Northeastern New York	45

Access Transit

Phone: 437-5131 Fax: 453-8833
www.cdta.org/accessibility

**84 Watervliet Avenue
Albany, NY 12206**

Medicaid transportation to Medical appointments for Rensselaer, Schenectady County. Must call 3 business days in advance.

Adept Health Care Services

Phone: 271-1055
**406 Fulton Street
Troy, NY 12180**

Services provided include skilled nursing, IV Therapy, personal care, home health care and homemaker services for people who need assistance managing the home and/or personal needs.

Adoptive Families Coalition

Phone: 448-5295
PO Box 603, Glenmont, NY 12077

AFC is a support group, run by volunteers, that provides education and support to adoptive families and individuals considering adoption in the form of workshops, social activities, advocacy and networking.

Adult and Continuing Education, Schenectady City School District

Phone: 370-8220 Fax: 370-8225
**422 Mumford Street
Schenectady, NY 12307**

Courses are offered in the areas of parenting, management, communications, intergenerational

relationships, etc. Scheduled classes are now offered throughout the Capital District Region. Target groups include GED students, incarcerated persons and recovery clients. Limits: 16+ or out of school, youth and adults.

Adult Day Health Program Daughters of Sarah Nursing Center

Phone: 456-7831 Fax: 784-3296
www.daughtersofsarah.org
**180 Washington Avenue Ext.
Albany, NY 12203**

Medical adult day care program which provides an individualized plan of medical, recreational, dietary, rehabilitation case management, and counseling services to maintain an individual in their own home while providing respite to families and care-givers.

Adult Rehabilitation Center

Phone: 465-2416 Fax: 465-4459
www.satruck.org

**452 Clinton Avenue
Albany, NY 12206**

Hosted by Salvation Army. Residential rehabilitation program for men with problems of alcoholism and addiction, referral by agency or walk-ins. Provides complete services, spiritual, individual and group counseling, work and recreational therapy. Available to men over 21 and under 55, with no psychiatric history.

A

Affordable Housing Partnership

Phone: 434-1730 Fax: 434-1767

www.ahphome.org

255 Orange Street

Albany, NY 12210

Provides low-cost construction and permanent mortgage financing for low and moderate-income home buyers and for developers of affordable housing projects. Also provides pre-purchase counseling, grants and loans. Limited to income eligible borrowers for projects and homes in Albany, Schenectady and Rensselaer counties.

AIDS Council of Northeastern NY

Phone: 434-4686 Fax: 427-8184

www.aidsCouncil.org

927 Broadway, Albany, NY 12207

HIV/AIDS education, counseling, case management, and support groups for people with HIV/AIDS, and their loved ones.

AIDS Law Clinic-Health Law Project

Phone: 463-8182 Fax: 463-8186

Albany Law School

80 New Scotland Ave

Albany, NY 12208

Represents persons with AIDS, are HIV +, or with cancer in state and federal courts and administrative proceedings. The focus of the representation will be discrimination cases, Social Security Disability benefits, family matters, and

access to health care and financial entitlement cases.

AIDS Program

Phone: 262-4439 Fax: 262-4756

66 Hackett Street

Albany, NY 12208

AIDS Program is a regional treatment center for HIV. Provides testing, medical, dental, research, education & case management.

Al-Anon / Alateen

Phone: 292-0577

al-anon.alteen.org

P.O. Box 14313

Albany, NY 12212-4313

Family members and friends of problem drinkers share their experiences to help solve their dilemmas of living with a problem drinker. Alateen allows teenagers who have problem drinkers in their families to meet in order to share concerns and support. Call for more information.

Albany Center For Economic Success (ACES)

Phone: 427-7804 Fax: 427-6203

255 Orange Street

Albany, NY 12210

Business incubator and technical assistance for entrepreneurs program.

Albany Community Action Partnership**www.acoi.com**

ACAP works in partnership with families and communities to empower people to achieve economic self-sufficiency and an improved quality of life.

*Two Locations:***Albany****Phone: 463-3175 Fax: 463-8185****333 Sheridan Avenue****Albany, NY 12206****Cohoes****Phone: 237-9201 Fax: 235-7947****20 White Street****Cohoes, NY 12047****Albany County Opportunity****Phone: 274-4329****2400 Second Avenue****Watervliet, NY 12189**

Weatherization Assistance Services.

Albany Housing Coalition**Phone: 465-5251 Fax: 465-6499****www.ahcvets.org****278 Clinton Avenue****Albany, NY 12210**

Housing and services for homeless veterans; home ownership counseling and affordable housing for individuals and families of low income.

Albany Therapeutic Riding Center**Phone: 765-2764 Fax: 861-8202****182 Martin Road****Voorheesville, NY 12186**

Therapeutic horseback riding for physically and mentally challenged students of all ages throughout the greater Capital District area. Individual and group lessons are available to students who experience a variety of single or multiple handicapping conditions.

Alcoholics Anonymous (AA)**Phone: 463-0906****www.AA.org****575 Broadway, Suite 128****Menands, NY 12204**

A fellowship of men and women who have the desire to stop drinking. Self-help groups that help alcoholics through group meetings and individual "12 Step" therapy. Mondays and Wednesdays 10-3, Tuesdays and Thursdays 7-9.

Alight Care Center**Phone: 270-5540 Fax: 271-0580****www.alight.org****500 Federal Street, Suite 200****Troy, NY 12180**

Provides free pregnancy tests; education regarding all aspects of pregnancy, abortion, abortion alternatives, including adoption and parenting; parenting classes; maternity and infant clothing and furnishings; ongoing support.

A

Alliance for the Mentally Ill

Phone: 462-2000 Fax: 462-3811

www.naminy.org

**260 Washington Avenue
Albany, NY 12210**

An association of grass-root, self-help support and advocacy groups of families and friends of those who suffer from mental illness.

Alpha Pregnancy Care Center

Phone: 462-2188 Fax: 462-2895

www.alphacare.org

**518 Clinton Avenue
Albany, NY 12206**

The Alpha center provides free pregnancy tests, counseling, maternity clothes, baby clothes, baby items, car seats, and furniture, as well as financial, medical, legal and housing referrals for unplanned pregnancy. Also offers abstinence education classes and post-abortive support group; parenting classes.

Altamont House, The

Phone: 861-6207 Fax: 861-6013

1180 Berne Road

Altamont, NY 12009

28-day inhouse rehabilitation facility for drug abuse & addiction.

American Red Cross

Phone: 458-8111 Fax: 459-8268

www.redcrossneny.org

33 Everett Road

Albany, NY 12205

Emergency services to disaster victims, military personnel, blood

services, educational services such as watersafety, CPR, First Aid, HIV and AIDS training and emergency preparedness.

Ark, The

Phone: 274-6312

www.arkcharter.org

762 River Street, Troy, NY 12180

The ARK provides classes in the arts for preschoolers.

Association for Retarded Children (ARC)

Phone: 274-3110 Fax: 272-1522

www.renselaerarc.org

79 102nd Street

Troy, NY 12180

Provides community inclusion residences, vocational rehabilitation, day treatment, recreation, summer camp and family support services to mentally retarded children and their families.

Attention Deficit Disorder Association

Phone: 1-800-939-1019

Box 3136, Albany, NY 12203

A multi-service parent support organization offering monthly informational meetings, lending library of written, audio & video materials, resources directory, separate facilitated support group, links to ADD informed professionals, and parent advocacy.

Beginnings

Phone: 233-0544 Fax: 233-0703
www.cdbegin.com

597 3rd Avenue, Troy, NY 12182
 Preschool programs serving children age birth to five years old with special needs. Services include occupational, physical, and speech therapy and special education.

Bennington Recreational Center

Phone: 802-442-1053

Fax: 1-800-939-1019

655 Gage Street

Bennington, VT 05201

At the Recreational Center, there is both a free tennis and basketball court to play on, first come first serve. There is an indoor gym and work out center available for an annual fee. The main area is the pool with swimming lessons and fun swim for children; life guarding courses and adult swim time; a new pregnancy swim and senior workout under water course.

Bennington Tutorial Center

Phone: 802-447-0111

www.tutorialcenter.org

208 Pleasant Street

Bennington, VT 05201

Offers free GED programs with pre-testing requirements and further classes. Has one on one tutoring for grades K-12th. There are also certified programs and courses in reading, writing and math. There is a Bridge to College program

through Community College of Vermont where GED students can earn college credits and further their education for free.

Bethany Hospitality Center

Phone: 273-3529

27 State Street

Troy, NY 12180

Daytime shelter for the homeless and needy. Homeless and street people can drop in and receive a luncheon meal, wellness and hygiene services, and socialize in a safe and relaxing atmosphere. The center is sectioned into a television room, library and gathering area. There is also a housing person who can help people locate permanent housing. Household items given to guests, prayer service, education, and holiday meals with Mealson Wheels.

Big Brothers Big Sisters

Phone: 862-1250 Fax: 862-1256

www.capbigs.org

1492 Central Avenue

Albany, NY 12205

Provides adult friends to children from single parent families, adults and children are matched on an one-to-one basis and the adult agrees to see the child at least once weekly for several hours. Special group activities are provided.

B/C

Boys and Girls Club, Lansingburgh

Phone: 235-4143 Fax: 235-6858

**lansingburghboysandgirlsclub.org
501 Fourth Ave, Troy, NY 12182**

Provides recreational and educational activities, youth and drug abuse counseling, latch-key program, summer program and an adult fitness facility. Limited to the northern section of Troy, Brunswick, Schaghticoke, Waterford, and Cohoes. Small fee.

Boys And Girls Club, Rensselaer

Phone: 465-3403 Fax: 465-3973

www.bgcsorenco.org

544 Broadway

Rensselaer, NY 12144

Provides guidance, recreation and education for youth and young adults. Operates Camp Adventure.

Boys And Girls Club, Troy

Phone: 274-3781 Fax: 274-2609

www.tbgc.org

1700 Seventh Avenue

Troy, NY 12180

Provides daily programs of activities in health, physical, recreational and education for boys and girls 6 through 18 years of age. There are adult programs at restricted times. Operates Camp Barker. There is a small fee and is limited to the Greater Troy area.

Capital Area Council of Churches

Phone: 462-5450

www.capareacc.org

646 State Street

Albany, NY 12203

Provides Ecumenical/Christian Services at Albany County Courthouse, several nursing homes, SUNYA Campus Ministry. Emergency shelter runs from November to April.

Capital City Rescue Mission

Phone: 462-0459

capitalcityrescuemission.com

259 South Pearl Street

Albany, NY 12202

Offers three meals a day without cost to person, computerized learning center, 30 consecutive emergency shelter containing 60 bed dorm, free on site medical clinic, chapel, and clothing.

Capital District Center For Independence

Phone: (TDD/TTY) 459-6422

Fax: 459-7847

www.cdciweb.com

845 Central Avenue, South 3

Albany, NY 12206

Assists persons with any disability who are consumers requesting services for benefits and/or programs under the Rehabilitation Act stemming from Vocational Rehabilitation Agencies.

Capital District Child Care Coordinating Council, Inc.
Phone: 426-7181 Fax: 426-9649
www.cdccc.org

91 Broadway
Menands, NY 12204

Provides resource and referral services for parents and employers seeking child care solutions. The Council also assists individuals in starting family day care businesses in their homes, conduct training for child care center staff, and provides corporate child care services on a contractual basis.

Capital District Community Loan Fund

Phone: 436-8586 Fax: 689-0086
www.cdclf.org
255 Orange Street
Albany, NY 12210

The CDCLF pools investments from individuals and institutions. It then makes loans to local groups for housing and economic development projects that will benefit lower income people. Covers 11 counties.

Capital District Educational Opportunity Center

Phone: 273-1900 Fax: 273-1911
www.hvcc.edu/eoc/index.html
145 Congress Street
Troy, NY 12180

Offers tuition-free academic and workforce development

opportunities to economically disadvantaged and educationally under-prepared New York State residents 16 years and older.
Vocational programs: building trades, welding, cosmetology, culinary arts, nursing assistant, and general and medical business and office technology programs.

Academic programs: Academic Enhancement, College Preparation, GED Preparation, English as a Second Language..

Additional services: National Work Readiness Credential (NWRC) Exam Preparation, career assessment, and job placement and post employment support.

Capital District Gay and Lesbian Community Council

Phone: 462-6138 Fax: 462-2101
www.cdglcc.org

332 Hudson Avenue, Box 131
Albany, NY 12201

Social, educational activities, information and referral, including newsletter. Support services also available. Fees: none to drop-ins; basic membership, \$25 per year, \$10 student/senior/limited income.

Capital District Mothers' Center
Phone: 475-1897

www.motherscenter.org
c/o Pine Station, Box 3175
Albany, NY 12203

C

Self-help group for parents of young children. Weekly “drop-in” meetings on Fridays. Also offers discussion groups, educational lectures, social activities. Limited to parents of young children.

Capital District Psychiatric Center

Phone: 447-9611 Fax: 426-5980
Crisis Line: 447-9650
75 New Scotland Avenue
Albany, NY 12208
CDPC provides crisis, inpatient and outpatient mental health services to children, adolescents and adults in cooperation with county mental health clinics using the least restrictive methods.

CAPTAIN Youth and Family Services

Phone: 371-1185 Fax: 383-7997
www.captainyfs.com
5 Municipal Plaza, Suite 3
Clifton Park, NY 12065
CAPTAIN’s mission is to serve as a principal advocate for the changing needs of youth and families in Saratoga County; by providing services necessary to address those needs through social, educational and prevention programs which encourage social and personal development in teens and families. Programs and services include: the CAPTAIN Youth Home, Outreach in the Park, Family Life Advisory

Council and Community Action on Substance Abuse Education, CAPTAIN’s Intervention and Diversion Program and the Community Work Service in the Courts.

Cardiac Kids

American Heart Association
Phone: 869-1961 Fax: 869-8180
440 New Karner Road
Albany, NY 12205
Support group for families with children born with congenital heart defects and who will have, or have, had cardiac surgery.

Career Development Center

Phone: 802-447-0220
www.svcfdc.org
321 Park Street
Bennington, VT 05201
Offers courses of certifications and degrees in automotive, cosmetology, office work and medical such as LNA or secretarial. Programs offers both days and evenings 6 days a week. New York State students would pay full price as varied by program.

CARES

Phone: 489-2312
www.caresny.org
85 Watervliet Avenue
Albany, NY 12206
CARES is a not for profit agency founded in 1990 to assist local

communities in acquiring and coordinating housing resources for persons living with HIV/AIDS and other disabilities. CARES has expertise in the areas of HIV/AIDS and Homelessness, providing technical assistance and resource identification to not-for-profit agencies, local municipalities and state agencies.

Care Net Pregnancy Center of the Tri State Area

Phone: 802-442-2002

Fax: 802-447-2002

109 Silver Street

Bennington, VT 05201

Free pregnancy testing and educational information on pregnancy, abortion and alternatives. Support services including parenting classes, clothing and baby furniture. Referrals for adoption and post abortion counseling. The center also teaches preventative sexual education programs and school programs on sexual education.

Catholic Charities AIDS Services

Phone: 449-3581 Fax: 426-3662

Troy: 273-8624

**100 Slingerlands Street
Albany, NY 12202**

Pastoral counseling, spiritual support, days of prayer for caregivers and persons with HIV/AIDS, education programs, information and referrals, overnight camp, with scholarships available.

Catholic Charities Northern Albany & Rensselaer Counties

Phone: 453-6650 Fax: 453-6792

40 North Main Street

Albany, NY 12203

Support/informational group for parents. Focuses on assertive discipline, assertive parenting, child safety, etc. Respite day care for children ages 18 months to five years, referred by Rensselaer County Department of Social Services. Day care for working parents and other programs available.

Center for Disability Services

Phone: 437-5700 Fax: 437-5705

www.cfdsny.org

314 South Manning Blvd

Albany, NY 12208

Phone: 427-2300

700 Pearl Street

Albany, NY 12202

Services such as school programs, sheltered workshops and supported employment programs, head injury programs, leisure service programs, overnight weekend respite, medical service, outpatient therapy - physical, speech and occupational needs, health care services (primary care, EMT, dental clinic, swallowing disorders clinic, audiology), residence program, adult day program, technology center, and transportation services.

C

Child Find of America
Phone: 800-IAM-LOST
PO Box 277

New Paltz, NY 12561
Locates missing children through investigation, photo distribution, and public information, free of charge. We can only search for and mediate for children under the age of 18 years.

Chinese Community Center
Phone: 783-2163
11 Avis Drive

Latham, NY 12110
This agency has services for families with children from Asia.

Circles Of Mercy
Phone: 462-0899 Fax: 462-2892
www.circlesofmercy.org

11 Washington Street
Rensselaer, NY 12144
Individuals needing help with parenting skills, tutoring, applying and registering for services and entitlements (i.e. Food Stamps, heating and electric bills), transportation and professional clothing for job interviews. Support groups, parenting classes and computer training.

Cobb Memorial School
Phone: 861-6446 Fax: 861-5228
www.cobbmemorialschool.org
PO Box 503

100-300 Mt. Presentation Way
Altamont, NY 12009
Full day program for handicapped school-aged children (5-21 years). Tuition paid by school district or county of residence.

Commission on Economic Opportunity
Phone: 272-6012 Fax: 272-0658
www.ceo-cap.org
2331 Fifth Avenue
Troy, NY 12180

Hoosick Falls Family Resource Center: 686-5045
75 Hoosick Road, Hoosick Falls
Joseph L. Bruno Family Resource Center: 272-6012
2328 Fifth Avenue, Troy
Rensselaer Family Resource Center: 694-9915
1641 Third Street, Rensselaer
Stepping Stones I Family Resource Center: 235-9035
754 Fourth Avenue, Troy
(Lansingburgh)
Stepping Stones II: 286-0139
300 Valley View Blvd, Rensselaer, NY 12144
Southern Rensselaer County Family Resource Center:
766-4120; 24 New Road, Nassau (Schodack border)
Troy Family Resource Center:
273-2488
2245 Old Sixth Avenue, Troy

Youth Opportunity Center (YouthBuild): 237-0583
282 Fifth Avenue, Troy

CEO is committed to preserving and advancing the self-sufficiency, wellbeing, and growth of individuals, children and families, through education, guidance, and resources.

21st Century: After school academic enrichment and recreational program for students of Doyle Middle School.

Babies in Waiting: Assists customers with pre-natal and childbirth education, family development, and nurse consultation.

Career Development Services: Helping customers with their resumes, job placement and soft skill development.

Childcare: Stepping Stones II Early Learning Center offers a full day program for children ages 6 weeks to five years. Phone: 286-0139; 300 Valley View Blvd., Rensselaer, NY 12144;
www.steppingstones2.com

Emergency Services: Provides support, advocacy, and case management for a variety of emergency needs.

EmPowerNY: Offers free upgrades to select appliances and home fixtures to reduce energy usage and

utility bills.

Food Pantry: Provides emergency food for individuals and families in need.

Family and Children's Services: Provides individual, family and group counseling services to members of the community in a number of issue areas.

Family Support Services: Advocacy and support services for families of children with social-emotional needs.

Fatherhood Initiative: Encourages fathers and father-figures to be more involved in their child's life and education.

Financial Literacy Services: Customer will be introduced to a financial literacy program that combines behavioral aspects with personal savings goals.

Foster Grandparent Program: Program for seniors at least 55 years to work 15-40 hours/week with children in schools, day care, Head Start, and afterschool programs, etc. A stipend is available for income eligible Foster Grandparents.

Head Start/Early Head Start: Child development services to children birth to five years of age and their families in the areas of health, nutrition, social services and education. Expecting mothers can enroll in the Babies in Waiting program.

C

Teenage Opportunity Program (TOP): Case management services for youth 10-19 years of age who are pregnant and/or parenting and for teens “at risk”.

Transitional Student Support Program: Provides case management, advocacy and referral services for homeless students in Troy and Lansingburgh school districts.

Transport A Hero Program: Offers transportation assistance to help veterans with access to necessary medical and benefits-related services.

VITA Tax Preparation: Provides tax preparation services for income-eligible people who have worked at least part of the year in New York State.

Women, Infant and Children (WIC): Provides nutrition education, food vouchers and health care referrals for infants and children to age five, pregnant and nursing mothers.

Weatherization: Provides energy conservation and home rehabilitation services to select areas throughout the Capital District.

YouthBuild: Provides youth ages 16-24 with the opportunity to continue their education, develop leadership potential and learn valuable construction.

Community Cradle

Phone: 426-1153

www.communitycradle.org

**2 EComm Square, 324 Broadway
Albany, NY 12207**

Seekstoeducateconsumers, Human Service and healthcare agencies about current health care issues and provide them with accurate up to date health information through education and training, referral line, data updates and need assessments, web page, quarterly newsletter, resourcecenter/library, community calendar of important events and much more.

**Community Gardens of the
Capital District**

Phone: 274-8685 Fax: 272-2744

www.cdcg.org

**40 River Street
Troy, NY 12180**

A non-profit group which works to involve more people in garden and agricultural projects. Provides garden sites, garden classes, Community education and other horticultural resources. Operates The Veggie Mobile throughout Rensselaer County.

**Community Hospice Grief
Centers**

Phone: 1-800-678-0711

**159 Wolf Road
Albany, NY 12205**

The Community Hospice Grief centers provide free professional support, education, information, and resources to the grieving in our community. Services include: Specialized Support groups for grieving children, teens, and adults; Educational presentations; Personal and Family Grief counseling; Crisis Intervention.

Community Maternity Services
Phone: 482-8836 Fax: 482-5805
www.cccms.org
27 North Main Avenue
Albany, NY 12203

Maternity residence, parenting center, and adoption/foster care program for adolescents and children; also transitional residence for children with AIDS. A staff member works out of Seton Catholic Family and Community Services.

Community Voice Mail Program
Phone: 462-7600
www.cvm.org
Career Central, 175 Central Ave
Albany, NY 12206

CVM allows case managers to assign phoneless clients a voice mail box which is accessible from any touch-tone phone.

Community Warehouse
Phone: 686-7540 Fax: 686-7863
www.ercswma.org

21428 Rte. 22
Hoosick Falls, NY 12090
 Low cost furniture, appliances and other household goods.

Conifer Park
Phone: 274-5143 Fax: 273-1350
www.coniferpark.com
1801 6th Avenue #1
Troy, NY 12180

Services include: intensive outpatient services, assessment/diagnosis, family counseling, individual counseling, couples counseling, group therapy, psycho-educational groups, professional groups, multi-family group counseling, adolescent groups, psychiatric services, special topics, groups, gender specific groups, and DMV evaluations.

CONCERNS U
Phone: 463-8571 Fax: 463-8747
34 Academy Street
Rensselaer, NY 12144

The Community network of Schodack, East Greenbush, Rensselaer, Nassau, and Sand Lake United. Self-development of individuals through community organizing, identification of need and problem solving, crisis intervention, counseling, community project and program coordination.
Back to School Clothing Project
 - Schools clothes and supplies are provided for income-eligible

C

students.

Christmas Fund – Identification of people 60 years or older who need financial assistance at Christmastime. Collaboration with Times Union.

Christmas Store – Families set up appointment times during a week in December to shop for Christmas gifts, such as toys, stocking stuffers, and knitted items for their families.

Coats for Kids – Distribution site in Southern Rensselaer County to provide winter clothing to needy youth.

Food Pantry – Runs 9am-2pm, Monday-Friday

Consultation Center

Phone: 489-4431 Fax: 489-5189
consultationcenteralbany.org
790 Lancaster Street
Albany, NY 12203

Individual therapy and psychological testing; a variety of therapy groups; education programs in the area of mental health and personal growth.

Consumer Credit Counseling Service

Phone: 482-2227
www.cccscny.org
2 Computer Drive West
Albany, NY 12205

Free financial counseling programs, debt management programs to repay debt without declaring bankruptcy, and education seminars.

**Consumer Protection Board,
New York State**

Phone: 486-9846 or 800-697-1220
www.nysconsumer.gov
5 Empire State Plaza, Suite 2101
Albany, NY 12223

Receives complaints, investigates, surveys and distributes educational materials; represents consumers' interests before federal, state and local agencies; intervenes on behalf of consumer PSC hearings.

Continuing Treatment Services

Phone: 271-1122 Fax: 271-1791
Samaritan Hospital
1801 6th Avenue
Troy, NY 12180

Comprehensive treatment services for mentally ill/chemically addicted individuals. Provides psychiatric and psychological evaluations, medication, individual and group therapy, education, peer support, vocational counseling, and self-help programs to help clients lead productive, chemical-free lives.

**COPES Network Center
(Challenging Our Problems with
Emotional Support)**

Phone: 235-2173 Fax: 235-8126
618 Second Avenue
Troy, NY 12180

A peer based support center located in Lansingburgh. Offers a safe, non-judgmental setting for those who may be dealing with mental health

and/or addiction concerns. Several self-help groups during the week. Although attention is focused on people taking an active role in their own recovery, there are advocacy services for the rights, freedom, and choices of those they serve. Meals are served throughout the week free of charge.

Cornell Cooperative Extension
Phone: 272-4210 Fax: 272-1648
www.ccerensselaer.org

61 State Street
Troy, NY 12180

Education programs: parenting, consumer interests, nutrition, horticulture, 4H, agriculture.

Eat Smart New York – Food and nutrition education.

Programs include education in the management of money, food, budgeting, menu planning, food preparation and nutrition based on the needs and desires of the participants. Serves all low or moderate income populations – not limited to pregnant women or families.

Expanded Food and Nutrition Education Program – Focuses on food and nutrition education and budgeting,. Program includes education in money management, food, menu planning, and food preparation and nutrition based on the needs and desires of the participants. Nutrition teaching

assistants work with adults and youth on an individual basis in their home or in groups. Serves families with children and pregnant women.

Project Self-Discovery – Teen pregnancy prevention education.

Teenage Parenting Program

– Provides group meetings for pregnant and/or parenting teens under 21 years old, at the request of a school or agency. Topics covered include: nutrition, discipline, potty training, birth control, etc.

Teen Stork Room – Provides free baby clothing, maternity clothing, toys and other baby necessities to pregnant or parenting teens.

Operates solely on donations and is located in the Troy office building.

Council of Nonprofits, NY

Phone: 434-9194 Fax: 434-0392
www.nycon.org

272 Broadway

Menands, NY 12204

Specific activities include applies research and needs assessments, community organization, program and resource development, program evaluation, coalition development, this human services directory and several other publications, board development, and group insurance plan administration for member nonprofits.

C

Counseling Care and Services

Phone: 237-4263

counselingcareandservices.org

405 Vliet Boulevard

Cohoes, NY 12047

Counseling individuals, groups, couples and families dealing with emotional adjustment, strained relationships, special services to codependent, and adult children of alcoholics, referral services, educational programs in parenting skills, communications and community mental health issues and school consultation.

Crime Victims Assistance

Phone: 270-4040 Fax: 270-4025

80 2nd Street, Troy, NY 12180

**Rensselaer County Court House,
Congress Street**

Troy, NY 12180

Provides advocacy, court assistance and referral to other agencies to crime victims and their families.

Crime Victims Board of New York State

Phone: 457-8727

www.cvb.state.ny.us

845 Central Avenue, Suite 107

Albany, NY 12206

Provides crime victim compensation for causally-related unreimbursed out-of-pocket expenses, loss of earnings, and loss of personal property. Also provides information, referral and advocacy services.

Child Health Assistance Program

(CHAP): 462-3861

Provides preventive health care for children from birth to age 21. Offers early periodic screening, diagnosis and treatment. Must be Medicaid participants, must be referred by case worker.

Child Protective Services:

Phone: 800-342-3720

Receives and investigates all suspected reports of child abuse and neglect. Prevention services to stabilize family relationships and keep the family intact.

Child Support: **888-208-4485**

Services to help families find missing parents, obtain child support, to establish paternity and help a family remain financially independent.

Day Care: **833-6190**

Care for children outside of their home for low income families who need child care help and supervision while parent is in job related training.

Domestic Violence: **272-2370**

Includes service to wives, husbands or persons living together, with or without children, to help them resolve the problems which lead to violence or assist them in establishing themselves independently, if necessary.

Emergency Assistance to Adults: ~~2030~~

Emergency aid for person's eligible for or receiving SSI, includes replacements of goods or cash,

which cannot be met by regular monthly benefits.

Emergency Assistance to Families: 270-3950

Aid, care and services to families with children in order to cope with crisis situations and meet urgent needs.

Support & Investigation: 270-8600

Locates parents absent from households on public assistance.

Temporary Assistance: 270-3950

Financial assistance updates for public assistance clients.

Temporary Assistance to Needy Families: 270-3950

Cash grant for basic needs, training/employment services, energy assistance and day care given to a family with minor children without sufficient means of support.

Transitional Opportunity Program (TOP): 270-8638

Assistance to employed TANF recipients to reach self-sufficiency

Damien Center

www.albanydamiencenter.org

ALBANY

Phone: 449-7119 **Fax:** 449-7881

12 South Lake Avenue

Albany, NY 12203

TROY

Phone: 274-5920 Ext. 206

392 Second Street

Troy, NY 12180

The Damien Center provides a drop-in community center, living room, and activities for persons living with and affected by HIV/

AIDS. Programs and activities are designed to improve health, reduce stress, and enhance quality of life.

Also available for use by other local organizations and groups that provide activities and support for persons living with HIV/AIDS.

Another Damien Center is located in Schenectady (374-0848).

DePaul Residence

Phone: 482-3248

504 Central Avenue

Albany, NY 12206

Provides a 50-room, single room occupancy housing program for homeless persons. Priority for persons in emergency shelters.

Developmental Pediatrics

Phone: 782-7733 **Fax:** 782-0800

www.capcare.com

7B Johnson Road

Latham, NY 12110

Neurodevelopment diagnostic and referral service for infants and young children with, or at risk of, developmental disability.

Disability Advocates

Phone: 432-7861

www.disability-advocates.org

5 Clinton Square 3rd Floor

Albany, NY 12207

Provides protection and advocacy services concerning abuse, neglect and rights of eligible disabled individuals through individual representation, legal advocacy,

D/E

class action and impact litigation, administrative advocacy and other law reform activities.

Disabilities Law Clinic (Albany)

Phone: 445-2317 Ext. 3

Fax: 434-8612

80 New Scotland Avenue

Albany, NY 12208

Serves people who are developmentally disabled as defined by federal legislation. Provides legal advice, representation at court and administrative hearings. Investigates and negotiates solutions to problems brought by the developmentally disabled and their families. Provides clients and their families or guardians with information on their rights and how to protect them.

Donovan House

Phone: 885-8220 Fax: 885-1633

30 East High Street

Ballston Spa, NY 12020

Group home for court referred adolescent boys, with emphasis on family counseling. Family must be within two hours travel time. Paid by Dept. of Social Services - agency referred. Contracted with Albany, Rensselaer, Saratoga, Schoharie, Warren, and Washington Counties.

Early Childhood Directions

Center of the Capital Region

Phone: 464-6377 Fax: 464-6369

www.vesid.nysed.gov

The Maywood School

1979 Central Avenue

Albany, NY 12205

Information and referral for families of children aged birth through five years with suspected or confirmed disabilities, assists parents with the process. Assistance is provided in locating educational programming, developmental screening, medical services, respite care, transportation, therapy, counseling, financial and legal aid. Serves 11 counties.

Early Childhood Education Center

Phone: 456-4466 Fax: 456-4536

251 Washington Ave Extension

Albany, NY 12205

The Village Pre-school Site services children aged three to five with special needs, in the areas of speech/language and learning development. Speech/language, psychological, occupational therapy, physical therapy and family services.

Early Intervention Program

Phone: 473-7016

bei@health.state.ny.us

NYS Department of Health

The New York State Early Intervention program (EIP) is part of the National Early Intervention Program for infants and toddlers with disabilities and their families. To be eligible for services, children

must be less than three years of age and have a confirmed disability or established developmental delay as defined by the state, in one or more of the following areas of development; physical, cognitive, communication, social-emotional, and/or adaptive.

Easter Seal Society

Phone: 456-0828 Fax: 456-5094

www.easterseals.com

292 Washington Avenue Ext.

Albany, NY 12203

The Preschool Intervention

Program is designed to meet the special needs of children ages two to five years who are exhibiting delays in one or more development skill area. Support groups are also available.

Eating Disorders, Capital Region

Association for

Phone: 452-3028

www.craed.org

1653 Central Avenue

Albany, NY 12205

Information and referrals on eating disorders such as bulimia, anorexia nervosa and compulsive eating.

Provides eating disorder newsletter and support groups. Newsletter, informative literature, workshops, speaker's bureau, wellness programs.

Eddy, The

Phone: 271-5950 Fax: 273-3307

www.nehealth.com

2256 Burdett Avenue

Troy, NY 12180

A network of comprehensive care services for all populations.

Eddy Day Break Programs

Phone: 237-5630 Fax: 237-9912

421 West Columbia Street

Cohoes, NY 12047

Adult day care programs, medical and social models.

Educational Opportunity Center

Phone: 273-1900

www.hvcc.edu/eoc

145 Congress Street

Troy, NY 12180

BRIDGE program offers a job readiness training class to TANF recipients who need help finding a job or reaching goals. Free to qualified applicants.

El Centro Civico (Hispanic American Civic Center)

Phone: 465-1145

www.centrocivicoalbany.org

230 Green Street

Albany, NY 12202

Provides information and referral services in the areas of employment, education, housing and legal help to the Hispanic Community. Provides advocacy, interpretation and crisis intervention.

E/F

Employment and Training Facility

Phone: 802-442-6376

www.vermontjoblink.com

Bennington, VT 05201

This program is for both in school and out of school students. The program is based on special educational plans of the individual and begins to assist students in support for educational success. The program helps with job searches such as resume writing, interview skills, and work clothing or uniforms along with transportation.

Epilepsy Foundation of Northeastern NY

Phone: 800-894-EACD or 456-7501

Fax: 452-1282

www.epilepsyfoundation.org

3 Washington Square

Albany, NY 12205

Family training, advocacy, support groups, case management, public education information and referral, in-service training, school alert.

Equinox, Inc.

Phone: 434-6135 Fax: 434-4502

www.equinoxinc.org

95 Central Ave

Albany, NY 12206

Equinox provides assistance in a safe and supportive environment to individuals and families to help them find the resources within

themselves to grow and make positive and lasting changes in their lives and within their communities.

Evenstart

Phone: 474-5807 Fax: 283-8425

89 Washington Avenue, Room 381 EBA

Albany, NY 12234

A literacy program designed to break the cycle of poverty and illiteracy improving the educational opportunity for low-income families. Integrates early childhood education, adult literacy and basic education, and parenting education into a unified literacy program. Provides educational support, home visits and access to community services to families and children up to age seven.

Families in Crisis Program

Phone: 272-3288

www.familiesincrisis.org

Unity House, 504 Broadway Troy, NY 12180

Services to victims of domestic violence, and abused neglected individuals age 18 and older. Provides safe, non-violent shelter in a secret location, crisis intervention, counseling, legal advocacy, assistance with Department of Social Services and housing information and referral.

F

Family and Children's Services

Phone: 462-6531

650 Warren Street

Albany, NY 12180

This organization provides thousands of families and individuals with the counseling, programs and information resources they need to maintain satisfying and healthy lives. Clients may benefit from flexibly scheduled counseling and specialty services that are provided by seasoned licensed therapists and information professionals.

Family Court, Rensselaer County

Phone: 453-5515

1504 5th Avenue

Troy, NY 12180

Legal solutions to family problems, juvenile delinquency, adoptions, abused and neglected children, support, family offenses and conciliation. Free drop-in childcare.

Family Life Center

Phone: 465-0241

20 Elm Street

Albany, NY 12202

Family Life Center offers meetings and classes for pregnant women and their support person/partner. It also enhance a woman's empowerment and joy during her childbearing year while providing local birth professionals with shared office space.

Father's Rights Association of the Capital District

Phone: 374-2346

PO Box 13534

Albany, NY 12212

Counseling, referrals to attorneys, mediators and professional counseling, care of children in joint custody situations, child support problems, child abuse problems, etc. \$35 yearly fee.

Food Bank – Regional Food Bank of Northeastern NY

Phone: 786-3691 Fax: 786-3004

www.rfbneny.com

965 Albany Shaker Road

Latham, NY 12110

Works to alleviate hunger and prevent food waste. Collects donations of food from the food industry for distribution to charitable agencies feeding the needy. Fees: Programs receiving food are asked to contribute 16 cents per pound for food received.

Four Doors Down

Phone: 674-4048

PO Box 522

West Sand Lake, NY 12196

A United Parish Ministry that provides clothing, food and advocacy to families in need. Financial assistance for emergency needs in medical care, heat, and electricity.

F/G/H

Four Winds Psychiatric Hospital

Phone: 584-3600 Fax: 584-3127

www.fourwindshospital.com

30 Crescent Avenue

Saratoga Springs, NY 12866

A psychiatric health service system providing inpatient, partial hospital and outpatient services for children, adolescents, adults and seniors.

Special treatment program for eating disorders, trauma, dual diagnosis, and a program for college-age patients, in affiliation with Skidmore college.

Girl Scouts, Hudson Valley Council

Phone: 489-8110 Fax: 489-8065

www.gsny.org

8 Mountain View Avenue

Albany, NY 12205

The Hudson Valley Girl Scout Council's mission is to inspire girls with the highest ideals of character, conduct, patriotism and service so that they might become happy and resourceful citizens.

Goodwill

Phone: 459-5580

www.goodwillny.com

1 Fuller Road

Albany, NY 12205

720 Hoosick Road Street

Troy, NY 12180

Goodwill Industries International enhances the dignity and quality of life of individuals, families and communities by eliminating barriers

to opportunity and helping people in need reach their fullest potential through the power of work.

Greater Upstate Law Project

Phone: 462-6831 Fax: 462-6687

www.empirejustice.org

119 Washington Avenue

Albany, NY 12210

Statewide support center for legal services offices outside of NYC. Referrals to local programs; limited capacity to take individual cases. Serves low income individuals.

Habitat For Humanity

Phone: 273-6224

35 State Street

Troy, NY 12180

A nonprofit, ecumenical Christian housing ministry that seeks to eliminate poverty housing and homelessness from the world and to make decent shelter a matter of conscience and action. People of all backgrounds, races and religions are invited to build houses together in partnership with families in need. Habitat for Humanity was founded in 1976 by Millard Fuller and his wife, Linda. Today, Habitat has built over 350,000 houses around the world, providing more than 1.75 million people in 3,000 communities with safe, decent, affordable shelter.

Healthy Kids

Phone: 274-1279 Fax: 271-7219
2215 Burdett Avenue
Troy, NY 12180

Program designed to support parents challenged with the responsibilities of raising their children. Offers home visiting services to pregnant women and families of newborns residing in all areas of Rensselaer County.

HEAP (Home Energy Assistance Program)

Phone: 1-800-342-3009
www.otda.state.ny.us/main/heap
 The federally-funded Home Energy Assistance Program may help you pay for electricity, gas, oil, coal, propane, wood or kerosene. Even if heat and utilities are included in your rent, HEAP may be able to help you.

Help For Seniors

Phone: 800-677-1116
 Provides information, services and software that furnishes comprehensive and detailed information about all service providers and programs in the Capital Region that serve the elderly, disabled, and their families.

Helping Hands School

Phone: 664-5066 Fax: 664-5728
www.helpinghands.org
41 Werner Road
Clifton Park, NY 12065

Preschool for developmentally delayed pre-schoolers age birth-five. Individual speech and language therapy offered. Occupational therapy, physical therapy and psychological services. Transportation provided. Approval of local school district for age's three to five.

Heritage Home for Women

Phone: 374-6921 Fax: 370-1873
www.heritagehome4women.net
1519 Union Street
Schenectady, NY 12309

Domicile for elderly ladies providing 24 hour room, board and personal care. All rooms are private.

Hill-Burton Uncompensated Care Program

www.hrsa.gov
 This program provides free or below cost care to those who can not afford hospital costs. Patients must apply for and receive a letter of denial from Medicaid.

Hispanic Services

Phone: 462-6829
40 North Main Street
Albany, NY 12204
326 Clinton Avenue
Albany, NY 12206

Services offered through the Center for Community Collaboration to provide for the Hispanic/Latino Community such as: advocacy, referrals and/or intervention.

H

Offers aid in obtaining public assistance, food stamps, Medicaid, day care, emergency food, clothing and shelter.

Home Delivered Meals

Phone: 270-2739

Department for the Aging

County Office Building

1600 Seventh Avenue

Troy, NY 12180

Delivers meals to individuals over 60 residing in Rensselaer County. Call for eligibility requirements.

Homecare Association for New York State

Phone: 426-8764 Fax: 426-8788

**194 Washington Ave, Suite 400
Albany, NY 12207**

Association of non-profit, voluntary and public long-term care facilities and community service providers. Services provided statewide to member organization and consumers. Provide information about long-term services and facilities in the private, non-profit and public sectors.

Homeless Action Committee

Phone: 426-0554 Fax: 462-5839

homelessaction.com

393 North Pearl Street

Albany, NY 12207

HAC works to end homelessness in Albany; operates an Outreach Van which provides basic survival

aid, referrals and transportation to people living on the streets; HAC operates permanent housing for chronic alcoholics who have been living on the streets for years.

Homeless and Travelers Aid Society

Phone: 463-2124 Fax: 463-0263

www.hatas.org

138 Central Avenue

Albany, NY 12206

Provides 24-hour referral and short term counseling servicing homeless persons, persons at risk of becoming homeless, and stranded travelers in the Capital District. Provides shelter referrals; short term counseling and case management toward stabilizing housing, financing; limited assistance with job search; list of temporary employment possibilities; assistance with local and long distance transportation for eligible persons.

Homer Perkins Center, The

Phone: 436-1104 Fax: 436-1156

www.trinityalliancealbany.org

76-82 Second Street

Albany, NY 12210

Drug free residential program offering on-site education in the areas of nutrition, drugs and alcohol and HIV. Individual, family and group counseling.

Hoosick Area Food Pantry & Church Association

Phone: 686-5310

26 John Street

Hoosick Falls, NY 12090

Local churches have donated food for families that live in the surrounding area of Hoosick Falls. Holiday and special occasion baskets and meals are also available.

Hoosick Housing Authority

Phone: 686-7316

One Hoosac Meadows Way

Hoosick Falls, NY 12090

Offers Section 8 and affordable housing to income qualified families and seniors. One, two and three bedroom apartments are available for applicants.

Hope 7 Food Pantry

Phone: 272-8029 Fax: 272-5782

520 Pawling Avenue

Troy, NY 12180

Monthly food pantry for those in need of assistance.

Horizon Center Inc.

Phone: 465-3215 Fax: 433-8335

28 Elizabeth Street,

Albany, NY 12202

Housing, counseling and transitional services to adults that are under supervision of the Federal Bureau of Prisons. Sex offenders and arsonists are not eligible.

Hospitality House Therapeutic Community

Phone: 434-6468 Fax: 434-6302

271 Central Avenue

Albany, NY 12206

Residential drug free, co-educational program designed for young adults 16-35 years with drug and/or alcohol dysfunction.

Hudson Mohawk Recovery Center

Phone: 272-3918 Fax: 272-6391

www.pahlinc.org

16 First Street

Troy, NY 12180

Provides comprehensive outpatient alcoholism programs for alcoholics, chemically dependent alcoholics, family members, and children of alcoholics. Also has a Day Treatment Program and offers off-site childcare for women in treatment.

Residential Chemical Dependency Program for Youth – for adolescents with drug and alcohol problems, ages 13-18, length of stay six to nine months. Provides a holistic approach to treatment including: individual, group and family therapy and education/vocational services.

Hunger Action Network

Phone: 434-7371

www.hungeractionnys.org

275 State Street, Fourth Floor

Albany, NY 12210

H/I

Hunger Action is a coalition of emergency food programs, faith-based organizations, community advocates, and low-income individuals whose goal is to end hunger and its root causes, including poverty in New York State.

Immaculate Conception Church
Phone: 686-5064 Fax: 686-1625
67 Main Street

Hoosick Falls, NY 12090
This church program offers emergency services for local residents of the Hoosick Falls area. The program, assisted by the Salvation Army, offers food and gas cards on a one time basis.

In Our Own Voices
Phone: 432-4188 Fax: 432-4123
www.inourownvoices.org
245 Lark Street

Albany, NY 12210
A collaborative organization of lesbian, gay, bisexual and transgendered people of color. IOOV's goal is to work for and insure the physical, mental, spiritual, social, cultural and economic survival and growth of lesbian, gay, bisexual and transgendered people of color.

Independent Living Center,
Hudson Valley
Phone: 274-0701 TDD: 274-0216
Fax: 274-7944

www.ilchv.org
15 Third Street
Troy, NY 12180

Provides services to all people with disabilities and their families. Independent living skills benefits, career and vocational counseling, advocacy, information and referral for people with disabilities. Serves Rensselaer and Columbia Counties.

Interfaith Partnership for the Homeless

Phone: 434-8021
176 Sheridan Avenue
Albany, NY 12210

Interfaith Partnership for the Homeless is a non-denominational organization that as provided services to homeless individuals and families since 1984. Interfaith empowers people to become self-sufficient, reduce dependence upon public assistance, strengthen life skills and eliminate homeless recidivism.

Interim Healthcare
Phone: 452-3655 Fax: 452-0765
www.interimhealthcare.com
1735 Central Avenue
Albany, NY 12205

A nursing service-providing care in homes, hospital, nursing and adult homes. Supplemental staffing, hospitals and nursing homes. Registered nurses, licensed practical nurses, nurses aides, and home

health aides. Licensed by NYS Department of Health.

Job Service and Training, NYS Dept Of Labor
Phone: 402-6675 Fax: 402-0774
49 Fourth Street, Suite 212
Troy, NY 12180

Provides assistance with job placement and counseling. Provided by the New York State Employment Service.

Joseph's House and Shelter
Phone: 272-2544 Fax: 272-9370
www.josephshouseandshelter.org
74 Ferry Street
Troy, NY 12180

Temporary (two to three weeks) day and over-night shelter for homeless individuals and families. Includes food, bathing facilities, clothing vouchers, information, referral and advocacy. Anyone under 16 must be accompanied by a parent or guardian.

Junior League of Albany
Phone: 274-7100
www.juniorleaguealbany.org
87 N Main Ave
Albany, NY 12203

Train volunteers to serve the Capital District through community oriented projects such as the Food Shuttle (food distribution to shelters and pantries) and Race for the Cure (breast cancer research fund-raiser).

Junior League of Troy
Phone: 496-7548
www.JLtroj.org
P.O. Box 1161
Troy, NY 12181

Junior League of Troy is a member of Junior Leagues International. It is an organization of women, committed to promoting volunteerism through the effective action and leadership of trained volunteers.

Kaydeross House
Phone: 587-4277
57 Kirby Road
Saratoga Springs, NY 12866

A 24 hour supervised group home designed to treat 12 female children and adolescents between the ages of nine and 18 who display evidence of emotional and behavioral disturbances.

Kids After Divorce
Phone: 443-2223
www.afccnet.org
756 Madison Avenue
Albany, NY 12208

This program offers parenting classes.

Kid's Place Pre-School
Phone: 766-2303
13 Church Street
Nassau, NY 12123

The Kid's Place is a cooperative pre-school, designed to help children

L/M

age's two to five grow socially and intellectually in a nurturing environment.

LaSalle School

Phone: 242-4731 Fax: 242-4747

www.lasalle-school.org

391 Western Avenue

Albany, NY 12203

Provides a variety of therapeutic services to troubled adolescent males and their families. These services include residential treatment, day services, independent living and after care. A special education program for grades 6 to 12 serves both the residential and day students. A prevention program offering outreach to adolescent males and their families is also available.

Legal Aid Society of

Northeastern New York

Phone: 800-462-2922

Fax: 427-8352

www.lasnny.org

55 Colvin Avenue

Albany, NY 12206

Provides free legal representation for low-income individuals and groups on civil rights, housing, welfare, social security income (SSI), disability, food stamps, emergency assistance, public assistance, Medicaid, employment, education, family, etc.

Literacy Volunteers of

Rensselaer County

Phone: 274-8526 Fax: 274-8610

www.lvorc.org

1915 Fifth Avenue

Troy, NY 12180

Trained volunteers provide free, confidential, one-to-one and group instruction to teens that are no longer in school and adults in basic reading and writing and in speaking English.

Make A Wish Foundation of

Northeast NY

Phone: 782-4673 Fax: 782-0618

nyny.wish.org

1 Mustang Drive

Cohoes, NY 12047

Grants wishes to children 2½ to 18 years of age with life-threatening illnesses.

March Of Dimes

Phone: 453-0474 Fax: 453-0477

www.marchofdimes.com

4 Computer Drive West

Albany, NY 12205

Public and professional prenatal education classes, nutrition, referrals, lending library of films, books and booklets.

Marillac Residence

Phone: 869-1960 Fax: 869-3046

195 Washington Avenue Ext.

Albany, NY 12205

Transitional program for homeless families. Twenty-four apartments

available for temporary residence (3-6 months) while family is involved in program focusing on home arrangement, parenting, school attendance, healthcare. Operated by Saint Catherine's Center for Children.

Meals on Wheels

Phone: 465-6465

**20 Rensselaer Street
Albany, NY 12202**

Meals on Wheels provides healthy meals to homebound seniors in Albany County every day of the week. This is a service to seniors who are disabled or unable to cook for themselves. Meals on Wheels are delivered Monday - Friday. The meals can be picked up anytime between 9:30 - 11:00 am depending on your availability.

Mentally Ill Chemically Addicted (MICA) Continuing Treatment Services

Phone: 271-1122 Fax: 271-1791

**1801 Sixth Avenue
Troy, NY 12180**

Samaritan Hospital's Continuing Treatment Services is a restructured Outpatient Day Treatment Program committed to providing comprehensive services to psychiatrically impaired substance abusing adults (18 and over). Services include group therapy, individuals and family therapy, vocational counseling,

case management services, psychiatric/medical monitoring, and opportunity to participate in an activities program.

Moms Clinic

Phone: 235-7282 Fax: 235-4274

Cohoes Family Care

95 Remsen Street

Cohoes, NY 12047

Pre-Natal education program designed for women with Medicaid services or who has no health insurance.

Mothers Against Drunk Driving (MADD-NY)

Phone: 785-6233

madd.org

**790 Watervliet Shaker Road,
Latham, NY 12110**

MADD-NY provides services to victims of drunk drivers, their families and loved ones. Services include 24-hour crisis hotline, grief support groups, crisis counseling, legal advocacy, court accompaniment, and assistance obtaining financial compensation. Legislative advocacy, public education, victim impact panels and speakers available.

Muscular Dystrophy Association

Phone: 489-5495 Fax: 453-1477

www.mda.org

1 Marcus Blvd. Suite 203

Albany, NY 12205

Provides aid to those afflicted

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with neuromuscular diseases, public health education, clinic and diagnostic testing, genetic counseling, summer camping sessions and physical therapy

NAACP – Troy Branch

Phone: 271-0700

542 8th Avenue

Troy, NY 12180

The National Association for the Advancement of Colored People is the most effective and most respected civil rights organization in the country. The NAACP New York State Conference has been a vital programmatic component of the NAACP for 72 years.

Nassau Library

Phone: 766-2715

18 Church Street

Nassau, NY 12123

Provides emergency food, clothing and furniture (when available). Also provides information and resources for other area agencies.

National Kidney Foundation of Northeastern NY

Phone: 458-9697 Fax: 458-9690

www.kidney.org

99 Troy Road, Suite 200

East Greenbush, NY 12061

Patient and community services, public and professional education, transportation and emergency subsidies, camperships,

informational materials, speakers bureau, newsletter, research support and organ donation advocacy.

New York State Association of Community And Residential Agencies

Phone: 449-7551 Fax: 449-1509

www.nysacra.org

240 Washington Ave Extension Suite 501

Albany, NY 12207

NYSACRA advocates for policy directions and support services that enable people with developmental disabilities to live in homes in their communities.

New York State Association of Retarded Children

Phone: 439-8311 Fax: 439-1893

393 Delaware Avenue

Delmar, NY 12054

NYSARC is a voluntary organization of 57 chapters consisting of parents, friends and volunteers serving thousands of people with mental retardation.

New York State Center for Sudden Infant Death Syndrome

Albany Medical Center

Phone: 262-5918 or 800-336-SIDS

Fax: 272-5881

Provides information to support families, as well as education and awareness programs to the community regarding facts

and bereavement of all sudden unexpected deaths of infants.

New York State Coalition Against Domestic Violence

Phone: 482-5465 Fax: 482-3807
www.nyscadv.org
350 New Scotland Avenue
Albany, NY 12208

Provides comprehensive information and resources, policy development and technical assistance designed to enhance community response and prevent domestic violence.

New York State Dispute Resolution Association

Phone: 687-2240
1450 Western Avenue
Albany, NY 12203

The Association is a membership organization representing the statewide network of Community Dispute Resolution Centers and others in the field of dispute resolution. Contracts with state agencies and others to implement, through the Centers, mediations and training programs with statewide impact. Provides Alternative Dispute Resolution training and other professional development services and promotes the use and public awareness of ADR process. Membership fees.

New York State Psychological Association

Referral Service: 1-800-732-3933
6 Automation Lane, Suite 103
Albany, NY 12205

Provides referrals for licensed psychologists.

New York Statewide Senior Action Council

Phone: 436-1006 or 800-333-4374
275 State Street
Albany, NY 12210

Statewide operates a toll free hospital patient's rights HOTLINE for New Yorkers of all ages. Advocates for seniors and publishes a bi-monthly newspaper, *Senior Action*.

Next Step

Phone: 465-5249
2 Holland Avenue
Albany, NY 12206

Residential treatment program for recovering alcohol and drug addicted women, 18 and over.

Northeast Association for the Blind

Phone: 463-1211
www.naba-vision.org
301 Washington Avenue
Albany, NY 12206

Since 1908, the Northeastern Association of the Blind at Albany, Inc. (NABA) has provided comprehensive programs and

N/O/P

services to residents of the greater Capital Region who are blind or visually impaired. NABA's services help individuals of all ages adapt to their vision loss, maximize their remaining vision, achieve their goals, and be more productive and independent.

Northeast Career Planning

Phone: 273-0818 Fax: 273-7119

www.northeastcareer.org

1700 Sixth Avenue

Troy, NY 12180

Educational and support services to individuals with special needs seeking employment and businesses seeking employees. Services provided: vocational testing, assessment, career exploration, and job seeking skills, resume preparation assessment, job coaching, job task analysis, and pre-screening.

Northeast Parent and Child Society

Phone: 346-1284

www.neparentchild.org

530 Franklin Street

Schenectady, NY 12305

Provides therapeutic, educational, and residential services, including an emergency shelter for children who are emotionally handicapped or learning disabled. Serves PINS and JDs. All programs include family therapy.

Oley Foundation, The

Phone: 262-5079 / 800-776-OLEY

www.oley.org

214 Hum Memorial A-23

Albany, NY 12208

Serves in research, training and education in the field of home parenteral and enteral nutrition.

Monthly newsletter mailed to over 4,000 nationwide. Offers network of regional support and outreach. Fee to professionals is \$40 per year.

Our Brothers' Keepers Foundation

Phone: 474-5925

www.obkf.org

PO Box 1872

Albany, NY 12206

OBKF is a grass roots organization raises money to support programs that provide a range of direct services to persons living with the HIV infection, their loved ones, and families, education, and prevention programs that target persons at risk for HIV. Comprised of volunteers, OBFK is incorporated with NYS Department of State and raises money by sponsoring social events and accepting voluntary contributions and memorials.

Parsons Child and Family Center

Phone: 426-2600 Fax: 447-5234

www.parsonscenter.org

60 Academy Road

Albany, NY 12208

Multi-service agency serving emotionally troubled youth and their families. Prevention, Child & Family Guidance Clinic, Day Treatment, Foster Home Care, Adoption, Campus, Residential, Group Home, Special/Pre-vocational Education, Professional Training.

Pearl Street Counseling Center
Phone: 462-4320 Fax: 462-4360
 109 State Street
 Albany, NY 12207

Provides outpatient substance abuse treatment, evaluation and referral, advocacy services. Limited to clients with past or present substance involvement.

Peter Young: Housing. Industries. Treatment.
Phone: 272-7541 Fax: 274-1860
www.pyhit.com
 820 River Street
 Troy, NY 12180

Alcoholism Community Residence and supportive Living Program for males in need of more structured living arrangements with 24 hour supervision.

Planned Parenthood, Upper Hudson Area
Admin Phone: 434-5678
plannedparenthood.org/uhpp

200 Broadway
 Troy, NY 12180
 Phone: 274-5640

855 Central Avenue
Albany, NY 12206
Phone: 434-5678

The Capital District's largest family planning agency. Services include health care, counseling and educational programs for men and women. Special programs are offered to teens, parents, and mid-life women. Health care includes birth control, diagnosis and treatment of STDs, HIV counseling and testing, pregnancy testing, abortion or referrals.

Prevention Information Resource Center, Prevent Child Abuse
Phone: 445-1273

1-800-342-PIRC (7472)

33 Elk Street
 Albany, NY 12207

Provides information and referral service for parents, child care professionals and other citizens who want to prevent child abuse and intervene in abusive situations. PIRC can provide callers with information and materials about child abuse and neglect, new parent and prenatal programs, parent education and support groups, services for parents under stress, services for abused children and adult survivors of abuse, local child abuse prevention programs, and New York's Child Protective System

P/Q/R

Prisoners Legal Services of NY
Phone: 438-8046 Fax: 438-6643
www.plsny.org

41 State Street
Albany, NY 12207

Civil legal services for inmates in facilities operated by New York State., but not in county jails. 75 mile radius from Albany.

Provisions Community Food and Storehouse

Phone: 273-6434
461 Fulton Street
Troy, NY 12180
Food Pantry Services.

Public Defender

Phone: 270-4030
Rensselaer County Court House
80 Second Street
Troy, NY 12180
Provides legal counsel to individuals and families who can not afford it.

Public Service Commission

Phone: 1-800-342-3377
www.dps.state.ny.us
3 Empire State Plaza
Albany, NY 12223
Open 8:30 - 4:00; 1-800-342-3355,
emergency cut off 4:00-7:30
Protection against utility cut-offs,
investigates complaints against
utility companies.

QUESTAR III

Phone: 273-2264
www.questar.org

35 Colleen Road
Troy, NY 12180

Job training and adult education for people aged 16+ and out of school. Offered in Troy and at rural locations in Rensselaer County. Adult Basic Education, Adult Licensed Practical Nursing, ESL, External High School Diploma, GRASP/High School Diploma Program-Giving Rural Adults a Study Program, Vocational Counseling, Job Club, GED Program-high school equivalency, occupational training programs, academic and career assessment, and counseling.

Remove Intoxicated Drivers Victim Center

Phone: 372-0034 Fax: 370-4917
www.rid-usa.org
PO Box 520
Schenectady, NY 12301
RID helps DWI victims, holds victim support group meeting monthly, provides speakers for schools, holds victim impact panels, publishes a newsletter and has bulletin services.

Rensselaer County Departments and Services:

www.rensco.com

Department for the Aging

Phone: 270-2730 Fax: 270-2737
1600 7th Avenue
Troy, NY 12180

**Ned Pattison Rensselaer County
Government Center**

Serving Senior Citizens throughout Rensselaer County. Provides advocacy, confidential counseling, employment, health education and preventive medical services, legal services, nutrition education, congregate and home delivered meals, public information related to aging, recreation, in-home services, transportation services, HEAP-energy assistance, S.H.A.R.E. (Seniors Helping After Retirement) senior volunteer program, and R.O.U.S.E. (Rensselaer County Organization United for Senior Endeavors) coalition of Rensselaer County senior citizens organizations. Five multi-service senior centers:

Eastern Area

**2 Roxborough Rd.
Cropseyville, NY 12052
279-3413**

Hoosick Falls

**69 Church Street
Hoosick Falls, NY 12090
686-7561**

Rensselaer

**East and Herrick Street
Rensselaer, NY 12144
463-2166**

Southern Tier

**1800 East Schodack Road
Castleton, NY 12033
477-6581**

Troy

**19 Third Street
Troy, NY 12180
270-5348**

Department of Health

**Phone: 270-2655 Fax: 270-2973
www.rensco.com/health**

**1600 7th Ave. & State Street
Troy, NY 12180**

Clinical Services: Child health conferences, immunization, chest consultation and x-ray.

Also offered: physical therapy, speech pathology, health guidance, HIV counseling/testing and venereal disease diagnosis/treatment.

**Department of Mental Health
(Unified Services)**

**Phone: 270-2800 Fax: 270-2723
1600 7th Avenue
Troy, NY 12180**

Clinic Satellite Offices:

**69 Church Street, Hoosick Falls
1641 3rd Street, Rensselaer**

Provides comprehensive outpatient mental health services for Rensselaer County Residents. Includes individual and group treatment, counseling, and prevention for persons who are developmentally or emotionally impaired. Includes a child and adolescent clinic, geriatric treatment team, forensic service, family court consultation, adult services for the chronically mentally ill and intensive

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case management. Substance abuse programs include school based prevention and intervention services and outpatient substance abuse treatment for adults.

Department of Employment and Training

Phone: 270-2860

County Office Building

1600 Seventh Avenue

Troy, NY 12180

Resources available for individuals in Rensselaer County

Youth employment and training programs for all individuals 16+. Provides economically disadvantaged with opportunities to learn new skills; classroom training, vocational training, work experience, on-the-job training. Resources include job postings, resume writing and interview skills workshops, internet access, computer usage and career assessment tools available.

Department of Housing Resources

Phone: 272-8289

415 River Street

Troy, NY 12180

The Home Program – Provides assistance with down-payment and closing costs when purchasing a home.

Mini-Repair Program – Labor is provided free to eligible homeowners in Rensselaer County (outside the

City of Troy) for small repairs. Special consideration given to the elderly and disabled.

Homebuyers Education – Provides classroom education and one-on-one counseling in topics ranging from default counseling to first time home purchase.

IDA Program – Matching savings program for Rensselaer County residents who want to purchase their first home or start/expand a business.

Community Housing Resource Board by the Department of Housing

Phone: 272-8289 Fax: 272-1950

415 River Street, Troy, NY 12144

Assists with renovations of substandard housing for low- and moderate-income persons. Counsels people who are looking for housing and those with housing related problems.

Department of Probation

Phone: 270-8440

500 Broadway

Troy, NY 12180

Probation relates services.

Department of Social Services

127 Bloomingrove Drive

Troy, NY 12180

Phone: 833-6000

**Raddock Building, 1801 6th Ave
Troy, NY 12180**

Phone: 270-8638

Adoption Services: 833-6170

Aid in locating adoptive homes and assistance to parents who wish to surrender a child for adoption. Counseling/support is provided to the child and adoptive parents.

Adult Protective Services: 687-3700

Service provided to those 18 or older who are harmed or threatened with harm, unable to protect themselves or their interests and who have no one who can help. Must be mentally or physically disabled.

Department of Veterans Services

Phone: 270-2760

**1600 Seventh Avenue
Troy, NY 12180**

Provides assistance to veterans, widows, and children of veterans in all phases of benefits due from Veterans Administration. Helps fill out forms for pensions, burial allowances and educational assistance. Provides advocacy and referrals for veterans and helps hospitalized veterans. Assists in obtaining documentation and discharge upgrades from Department of Defense.

**Department of Youth,
Unified Family Services**

Phone: 270-2960

**1600 Seventh Avenue
Troy, NY 12180**

Coordinates the work of community agencies county wide; conducts an ongoing needs assessment/evaluation in the youth services and detention services area; youth advocacy and referral service.

**Residential Opportunities (ROI)
Center for the Disability Services**

Phone: 880-1800

**22 Corporate Woods Blvd
Albany, NY 12211**

ROI serves over 500 individuals with disabilities. Offers supervised and supportive residential services, case management, at-home residential habilitation, day treatment, supported employment, after-school respite and family support programs.

**Rensselaer United Rural Abuse
Lifeline**

Phone: 271-3766

**125 Bloomingrove Drive
Troy, NY 12180**

R.U.R.A.L. is an organization dedicated to assisting victims of abuse. A network of services are available to assist victims who have been physically, sexually, financially, emotionally or psychologically abused. A satellite office in Hoosick Falls to service surrounding rural areas.

R/S

Roarke Center

Phone: 273-8351 Fax: 270-0579

www.ccrny.org/roarke

107 4th Street, Troy, NY 12180

Founded to serve persons who live in poverty.

Ronald McDonald House of the Capital Region

Phone: 438-2659

139 South Lake Avenue

Albany, NY 12208

Help children in our community by operating the Ronald McDonald House of Albany, "a home away from home" for families of seriously ill children, and by supporting other programs that benefit children.

R.O.U.S.E., RPC

99 Blooming Grove Senior Housing

Troy, NY 12180

Phone: 283-3435 Fax: 286-2013

R.O.U.S.E., RPC is a not-profit organization that manages low to moderate income senior housing.

Rural Rensselaer County Council Health & Human Services

Phone: 686-5064 Ext. 205

PO Box 132

Hoosick Falls, NY 12090

The purpose is to plan and enhance the delivery of Health and Human services to the residents of Rural Rensselaer County.

Safe House

Phone: 374-5178

1344 Albany Street

Schenectady, NY 12304

Emergency shelter for runaway and homeless women and men (16-20). Short term (30-day limit) shelter for those outside of age limits. Crisis intervention, counseling, advocacy and referral. Assistance with employment, daily living skills, and education.

SafePlace

Phone: 689-0090

Crisis Line: 589-HOPE

www.safehouse.org

PO Box 5228

Albany, NY 12205

SafePlace is a program of the Samaritans Suicide Prevention Center. Grieving survivors share experiences, emotions, information, support and hope.

Saint Mark's Episcopal Church

Phone: 686-4982

70 Main Street (Parish Hall)

Hoosick Falls, NY 12090

A wide selection of men's, women's, and children's clothing, and household items are available.

Saint Peter's Residency (SRO)

Phone: 273-3291

2335 Fifth Avenue

Troy, NY 12180

Provides furnished rooms and

three meals a day. Male and female occupancy. The room and board are set at a rate according to what people can pay. Housing is targeted primarily for persons who are chronically homeless. No alcoholic beverages or illegal substances may be stored or consumed in St. Peter's residence.

Salvation Army

Phone: 272-4901

www.salvationarmy.org

410 River Street

Troy, NY 12180

Provides emergency food, clothing, family counseling, and disaster services. Have the following programs: Community Meals, Youth Enrichment, Crisis and Advocacy Intervention, Religious Guidance, Summer Camp, Missing Persons Bureau, Service to Armed Forces, Correctional, and Emergency Disaster Services.

Samaritans, The

HOTLINE: 689-4673

www.samaritans.org

PO Box 5228

Albany, NY 12205

Confidential suicide prevention crisis line offering "befriending"—a non-judgmental, unconditional acceptance of each caller—by trained volunteers. Empathetic listening, emergency help and referrals when requested. SafePlace,

a support group for family and friends of suicide victims, meets twice a month.

Samaritan Hospital

Phone: 271-3300

www.nehealth.com

2215 Burdett Ave

Troy, NY 12180

Healthy Families: 274-0996

Comprehensive acute and specialty care, ambulatory surgery and outpatient services for Troy and Greater Capital Region. Specialty services include maternity, emergency department, mental health, MICA, physical medicine, Cancer Treatment Center and corporate health services.

Samaritan Hospital Behavioral Health Outpatient Clinic

Phone: 271-3374

Crisis Line: 274-4345

2215 Burdett Avenue

Troy, NY 12180

Provides in-patient and out-patient mental health services, partial hospitalization, consultation and emergency services.

School Lunch Program

Free lunches or partial payment of lunches are provided to children of low-income families whose income meets federal guidelines. The family may qualify for the program if they receive income in

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excess of the guidelines but have extraordinary medical expenses or other hardships. Contact the school that your child is enrolled in to see if this program is available.

Second Hand Rose
Phone: 802-447-1563

303 Depot Street
Bennington, VT 05201

This second hand store offers clothing items and accessories for both adults and children. It also has furniture and small appliances for affordable prices.

Section 8 Rental Assistance Program

Troy Housing Authority: 235-3685
Hoosick Housing Authority:
686-7316/686-5408

Rensselaer Housing Authority:
436-0230

Nassau Town Hall: 766-2348

This program provides rental assistance to low income families, elderly, disabled and/or persons who are paying more than 30% of their annual income.

Senior Endeavors

Phone: 283-3435
99 Bloomingrove Drive
Troy, NY 12180

The Rensselaer Organization United for Senior Endeavors (ROUSE) and Rural Preservation Corps (RPC) provide housing services for

very low and low income seniors, apartment dwellers and home owners, through our network in Rensselaer County.

Services to Women and Families

Phone: 374-3394

24 hour hotline: 374-3386

44 Washington Avenue
Schenectady, NY 12305

YWCA provides service for victims of domestic violence: 24 hour hotlines; shelter; advocacy with courts, Police Department, Department of Social Services; individual, group counseling; community education; employment program.

Seton Health System

Phone: 268-5000

1300 Massachusetts Avenue
Troy, NY 12180

Addiction Services & Inpatient Rehabilitation: 268-5542

A comprehensive inpatient program designed for the person who has experienced addiction. Services include education and counseling. Treatment based on the individual. Average length of stay is 25 days. Patient must have abstained from alcohol and drugs for at least five days prior to admission.

Alcohol and Substance Abuse

Detoxification: 268-5542

Services for people who are actively using alcohol/drugs and need

to stop. Services include medical management of withdrawal process, treatment of related illnesses and recovery counseling.

Home Care: **233-1802**

Provides home health care services.

Dental Services: **833-6900**

Provides general dental services for adults and children.

Troy House Center:

6 10 2nd Street

Troy, NY 12180

St. Mary's Hospital: **268-5000**

Specialized nursing units focus on critical care, geriatric, orthopedic, diabetic and pediatric patients.

Provides emergency inpatient and outpatient care and primary care.

Sexual Assault & Crime Victims Assistance

Phone: 271-3445

24 hour hotline: 271-3257

Samaritan Hospital, 2215 Burdett Avenue, Troy, NY 12180

Sexual Assault Assistance Program

Provides confidential assistance for child and adult victims of incest, rape and sexual abuse; individual, couple and family counseling, medical and legal advocacy.

Prevention education for children, teens and adults; self-protection, crisis intervention, professional training. Both males and females served.

Crime Victim Assistance Program

Phone: 271-3766

Provides education, prevention

information, and assistance for crimes such as assault that may not fall under the category of incest, rape and sexual abuse.

Shelters of Saratoga

Phone: 581-1097 Fax: 581-8735

www.sheltersofsaratoga.org

14 Walworth Street

Saratoga Springs, NY 12866

Shelters of Saratoga is a nonprofit organization dedicated to housing and advocating for homeless individuals ages 18 and up. Shelter, food and case management are available year round.

Social Security Administration

Phone: 1-800-772-1213

www.socialsecurity.gov

AdministerstheFederalSocialSecurity Program. Provides assistance in applyingforSocialSecurityretirement, disability and survivors benefits; SSI payments for the aged, disabled and blind. Also replaces Social Security or Medicaid cards.

Southern Vermont Medical Center

Phone: 802-442-6361

100 Hospital Drive

Bennington, VT 05201

Offers free programs on topics such as quitting smoking, nutritional information, chronic disease management, recovery after a heart attack, aerobics for seniors, and

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stress management skills. Fee-based courses include breastfeeding and parenting courses, Lamaze and other birthing classes, and CPR.

START Childrens Center

Phone: 271-6001 Fax: 271-6836
www.startchildrenscenter.com

76 Pawling Avenue, Troy, NY 12180

The START Children's Center of Rensselaer County is to reduce the trauma to child victims and non-offending family members in the aftermath of sexual abuse disclosure through the provision of a child-friendly environment designed to enhance the investigation prosecution and long-term treatment processes. The START Children's Center provides coordinated and comprehensive services in a child-friendly environment.

STAR Service

Phone: 482-2022 Fax: 482-9039
www.cdta.org/riding/star

110 Watervliet Avenue
Albany, NY 12206

Run through the Capital District Transportation Authority (CDTA), STAR is a paratransit transportation service complimentary to the fixed route system for individuals with disabilities. Mobility instruction and a Bus Buddy Program are available. A healthcare program for elderly and disabled persons is offered during off-peak hours.

St. Anne Institute

Phone: 437-6500 Fax: 437-6555
www.stanneinstitute.org

160 North Main Avenue
Albany, NY 12206

A residential and community based preventative service agency for young women ages 12-18 and their families. Regents Accredited Junior/Senior High School for the emotionally handicapped; Pre-school for 3-4 year olds who are speech impaired/emotionally disturbed; Day treatment and family services; Juvenile Sex Offender and Sex Abuse Prevention programs for males and females; family focused clinical assessment and treatment.

St. Catherine's Center for Children

Phone: 453-6700 Fax: 453-6712
www.st-cath.org

40 North Main Avenue
Albany, NY 12203

Offers a continuum of day and residential services designed to enhance the development of children and their families. Services include: Parent Aides, Parent Training, Day Treatment, Residential Programs, Counseling, Foster Family Program and Homeless Family Shelters. Serves children from birth to 13 years of age.

St. Peter's Addiction Recovery Center (SPARC)

Phone: 452-6700

Detoxification: 525-1303

**3 Mercy Care Lane
Guilderland, NY 12084
www.sphcs.org/**

addictionrecoverySPARC
SPARC offers a range of addiction treatment programs including a 40 bed adult rehabilitation center in Guilderland, outpatient clinics in Cohoes, Albany, Schenectady, Latham and Ballston Spa, a day rehab program and halfway house in Albany, and an 18 bed alcoholic detox program at St. Peter's Hospital. Also provides family education, counseling services and community outreach programs.

**Sunnyside Center
Phone: 274-5986
Ninth Street and Ingalls Avenue
Box 1410
Troy, NY 12180**

Operates an after school program providing a variety of classes such as music, cooking, computers, arts and crafts, homework assistance, recreation, games and academic enrichment. There is day care, youth counseling and a summer recreational program for area children.

**SUNY Albany Psychological
Services Center
Phone: 442-4900
135 Western Avenue, Husted 167
Albany, NY 12222**
Individual psychological and counseling for children, adolescents

and adults; behavior therapy, career counseling, marital counseling, family therapy, psychodiagnostic testing, vocational testing and counseling.

Supportive Living Residence: 270-8155
A community residence for males 18 or older, who are recovering from alcohol abuse and transitioning back into the community.

**TOUGH LOVE
www.toughlove.com**

Provides service to area parents who are troubled by their children's unacceptable behavior and need to have children be responsible for their behavior, offering parents the opportunity to learn new ways of coping with problems.

**Trinity Institution, Inc.
Phone: 449-5155
15 Trinity Place
Albany, NY 12202**
Alcoholism and Substance Abuse Services.

**Troy Area United Ministries
Phone: 274-5920 Fax: 271-1909
www.taum.org
392 Second Street
Troy, NY 12180**

TAUM is a social and religious agency that deals with housing, justice issues, and neighborhood support. TAUM sponsors:
Furniture Program: Provides furniture to families free of charge. Must

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be Troy area resident referred by housing advocates from human services agencies in the Troy area. *ComputersforKids/ComputerMinistry*: Fourweeksummerprogramforlow income and at-risk youth. Students learn to rebuild computer hardware and to install software.

Holiday Adopt a Family: Area congregations adopt families in need and families living with HIV/AIDS, providing food, clothing and gifts to bring them holiday support.

The Martin Luther King, Jr. Events & Scholarship Program Committee: This committee coordinates the holiday observances in January, as well as special efforts in race relations and community issues. These events raise money to provide scholarships for Troy area high school graduates to go to college.

Troy Architectural Program (TAP)

Phone: 274-3050

www.tapinc.org

210 River Street

Troy, NY 12180

Provides architectural and planning assistance to low and moderate income people and non-profit organizations.

Troy Rehabilitation and Improvement Program (TRIP)

Phone: 272-8289

www.triponline.org

P.O. Box 1249, 415 River Street

Troy, NY 12180

Rents affordable subsidized and unsubsidized apartments; accepts DSS recipients; accepts Section 8 recipients. Provides pre-purchase counseling, and default counseling for those behind in mortgage payment. Sells newly constructed affordable homes with low cost financing to low and moderate income families. Offers pre-purchase and home maintenance seminars.

Security Deposit and Rental Assistance Program

Offers counseling and grant assistance for eligible Rensselaer County residents facing a housing crisis. Grants can be used for security deposit or first month's rent to obtain secure, permanent housing, or toward rent arrears to prevent eviction.

Troy Youth Association (CYO)

Phone: 274-2630

237 Fourth Street, P.O. Box 867

Troy, NY 12181

Provides recreational, cultural activities for youth and adults. Center programs include gym, tiny-tot, games area, after school child care, decentralized programs and traveling Day Camp. Computer and tutorial program.

Umbrella of the Capital District

Phone: 346-5249

www.theumbrella.org

**509A Union Street
Schenectady, NY 12305**

A non-profit agency providing routine home maintenance and 24-hour emergency services for seniors and people with disabilities. Assists members to keep their homes and their independence.

**Unemployment Insurance Office
Phone: 888-209-8124
www.labor.state.ny.us
720 Federal Street
Troy, NY 12180**

Serves unemployment insurance claimants and job applicants, along with the employer community in Rensselaer County, Cohoes, Watervliet, Waterford and Green Island. To be entitled to unemployment insurance, a claimant must have worked sufficient time and earned sufficient wages in covered employment in the year of filing the claim. A claimant must have lost employment through no fault of their own and be actively seeking suitable employment.

**United Counseling Services of
Bennington County
Phone: 802-442-5491
www.ucsvt.org
100 Ledge Hill Drive
Bennington, VT 05201**
Mental Health clinic treatment,
alcohol and drug abuse treatment.

**United Way of Northeastern NY
Phone: 518-456-2200
www.unitedwaygcr.org
PO Box 13865
Albany, NY 12212**

Fundraising and allocating organization which strives to help strengthen families, promote self-sufficiency, feed the hungry, improve health and positively impact the lives of approximately 450,000 people in the Capital Region.

Dial 211: 2-1-1 is an easy to remember telephone number that connects people with important community services -- from finding an after-school program to securing adequate care for a child or an aging parent. 2-1-1 can also connect people with opportunities to serve the community as volunteers.

**United Tenants of Albany
Phone: 436-8997
www.unitedtenantsalbany.org
33 Clinton Avenue, Albany, 12207**
Non-profit organization that works to improve housing conditions, both in terms of physical housing conditions and in terms of tenant's rights for security and equity. Maximum limit is \$200.

**Unity House Street Ministry
Phone: 274-2607
www.unityhouseny.org
33 2nd Street, Troy, NY 12180**
Services provided: emergency food

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pantry, personal care items, housing information, referral to shelter, diapers, household budgeting, counseling, welfare/resource advocacy. Special programs: traveling summer day camp, low income community gardening program, holiday programs, adopt-a-family, clothe-a-child, and Thanksgiving and Christmas baskets.

Emergency Services: 272-5917

24-hour Hotline: 272-2370

2431 Sixth Avenue

Troy, NY 12180

Provides residential and non-residential services to victims of domestic violence and their children. Services include: safe shelter, individual counseling, support groups, children's counseling, parenting education, life skills training, and housing assistance, legal advocacy, transitional apartments.

Pregnancy Care Project: A Maternity and Early Childhood Program for low-income women and their infants up to 3 months of age that provides supplies, support, advocacy and referrals.

Housing Support Services: 272-1611
Supported housing for persons with mental illness.

Food Pantry and Thrift Store: 272-2352
2431 6th Avenue, Troy, NY 12180

Low or cost free clothing, household furnishings.

Transportation Services: 272-1326

Unity Sunshine School: 271-6777
435 Fourth Street, Troy, NY 12180

Pre-School program serving handicapped children. Family support, home infant program, speech and language therapy.

Vanderheyden Hall

Phone: 283-6500 Fax: 283-7156

www.vanderheydenhall.org

PO Box 219

Wynantskill, NY 12198

Provides residential and non-residential community based services to families and children who have a variety of needs.

VESID: Vocational & Educational Services for Individuals with Disabilities

Phone: 473-8097 Fax: 457-4562

www.vesid.nysed.gov

80 Wolf Road, Suite 200

Albany, NY 12205

Individual counseling and guidance; training; placement and follow-up toward job placement-all for individuals with disabilities; except blind or visually handicapped.

Verizon Life Line Service

Phone: 800-799-6874

www.lifelinesupport.org

Must be income eligible for one of the following programs: Food Stamps, Medicaid, Home Energy Assistance Program (HEAP), Temporary Assistance to Needy Families (TANF), Home Relief

(HR), Supplemental Security Income (SSI), Veteran's Surviving Spouse Pension.

Basic Lifeline Service: service charge is \$1.00 a month plus the cost of all calls. Calls within local calling area are billed at the rate of 10.6 cents per call.

Flat Rate Lifeline Service: saves customers \$8.10 a month off the cost of Flat Rate Service. Customers can make unlimited number of calls in their flat rate calling areas at no extra charge.

**Department of Veterans Affairs
Samuel Stratton Medical Center
113 Holland Avenue
Albany, NY 12208
Phone: 626-5680**

The Behavioral Health Recovery Center, Building 5
This program is for veterans with long term mental health disabilities. Components of this program are: social and recreational activities, advocacy, treatment and outreach.
Veterans Homeless Program: 626-5150

**VA Community Mental Health
650 Warren Street
Albany, NY 12206**
Designed to reach out to homeless veterans in an effort to improve the quality of their lives. Provides medical and psychiatric treatment, assistance in gaining access to financial and other benefits, counseling, referral to rehabilitation

programs. Linkages to resources such as housing, social, recreational.

**Veterans Industries/Therapeutic Residence Compensated Work Therapy Program (CWT)
Phone: 626-5150**

This program is a comprehensive regional vocational rehabilitation program designed to offer veterans the opportunity to achieve their highest level of vocational functioning. VI provides a workshop environment where veterans can learn basic work skills and habits while being paid for work. Staff helps with resume and cover letter preparation and on successful interviewing.

**Visiting Nurse Association of Albany, Rensselaer and Saratoga
Phone: 489-2681
www.vnaa.org
35 Colvin Avenue
Albany, NY 12206**

Provides home health care services including RN, physical, speech, and occupational therapies, nutrition counseling, medical social services, and home health aide services. Special programs include pediatric home care, home infusion therapy, long term home health care program, emergency response system, and long term AIDS care.

V/W/Y

Whitney Young Jr. Health Center
Phone: 465-4771 Fax: 432-3632
www.wmyhealth.org

920 Lark Drive
Albany, NY 12207

Services include medical, dental, mental health, eye examination, family planning, pre-natal care, gynecology, HIV counseling, family alcoholic services, lab tests, pharmacy, etc. Sliding scale, private insurance and Medicaid accepted.

Women's Employment and Resource Center

Phone: 434-1477

www.cdwerc.org
8 Wolfert Avenue
Albany, NY 12206

Day programs designed to help women get back on the road to employment and financial independence. Services provided include resumes, job search strategy, and interviewing skills.

Workforce Development Institute
Child Care Facilitated Enrollment Program

Phone: 272-3500 Fax: 272-3501

www.wdiny.org
The Hedley Building
433 River Street, Suite 1009
Troy, NY 12180

The Workforce Development Institute (WDI) serves working families in New York State, providing employment-related

services that address training issues; the decline of jobs and creation of new ones; the effects of new technologies and globalization; and the redesign and organization of work. WDI also provides economic and public policy research and is a leader in green jobs education and training. The Child Care Facilitated Enrollment Program provides child care subsidies for children under 13 years of age to income eligible working families in Albany, Rensselaer, Schenectady and Oneida Counties.

YMCA of the Capital District - Troy Branch

2500 21st Street

Troy, NY 12180

Phone: 272-5900

www.capitaldistrictymca.com

Provides health, physical education and fitness, recreational and educational programs for youth, adults and families in Rensselaer county, as well as Cohoes, Watervliet and Waterford. Provides after-school care program in three Troy schools.

Youth Bureau, City of Rensselaer

Phone: 462-5488

505 Broadway
Rensselaer, NY 12144

Plans, coordinates and supplements the activities of public, private, and religious organization devoted to the

positive development and general welfare of youth.

Youth Center (HAYC³), Hoosick Falls

Phone: 686-9050

115 Church Street

Hoosick Falls, NY 12090

The Hoosick Armory, Youth Center & Community Coalition (HAYC³) seeks to be a positive force in the Hoosick Falls Community, especially in the lives of its youth, by providing and supporting activities, opportunities and evidence-based programs that foster engaged minds, healthy bodies, strong families and caring relationships.

By operating well-managed, supervised facilities for recreation, art, music, mentoring, education, enrichment and social activities, HAYC³ creates a safe environment where youth and community members can choose to reach their full potential.

Youth Department, City of Troy

Phone: 270-4583

Troy City Hall, 1 Monument Square

Troy, NY 12180

Provides city wide social planning, coordination and grant administration for the youth service programs; youth advocacy and referral services.

YWCA of Troy and Cohoes

Phone: 274-7100

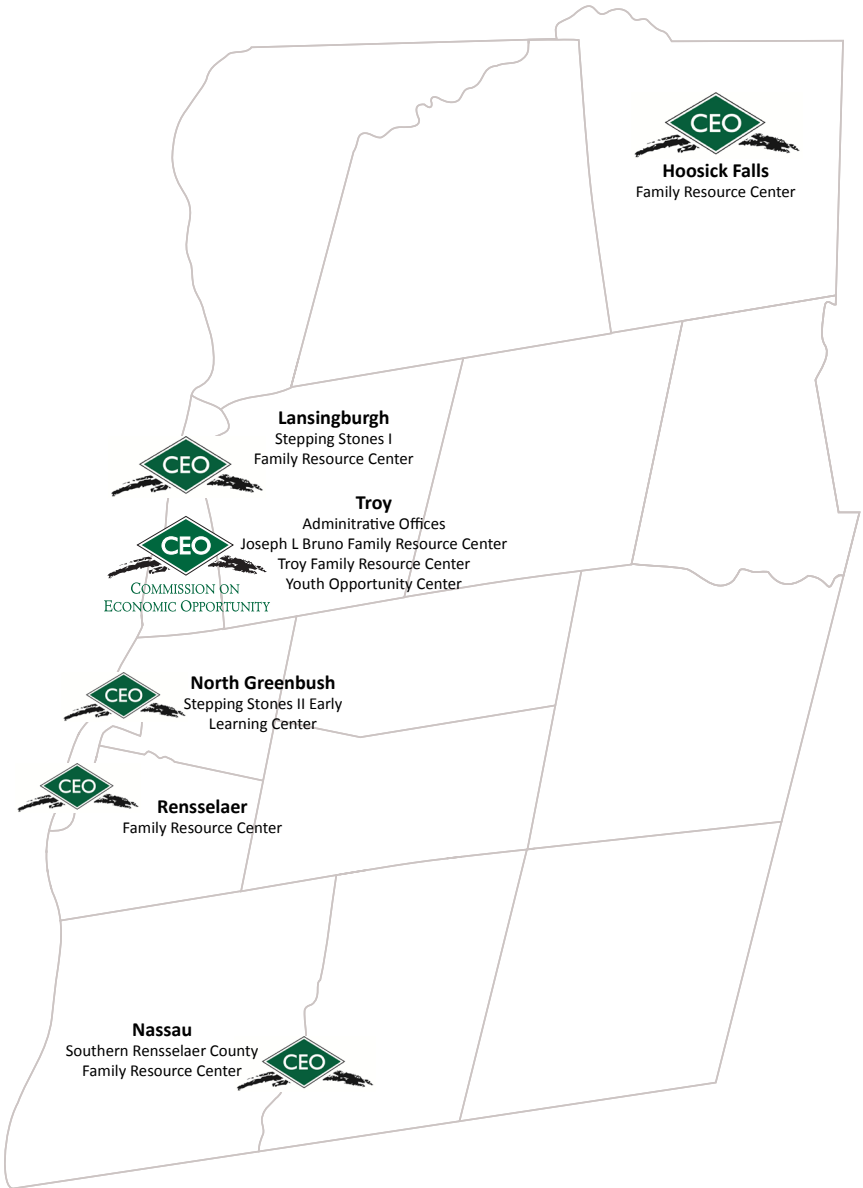
www.ywca-troy.org

21 First Street

Troy, NY 12180

Provides women's permanent residence (75 room SRO), emergency and transitional housing for women and their children (Women in Transition has 15-bed shelter).

Our Locations





EARLY CHILDHOOD SERVICES

Babies in Waiting
Fatherhood Initiative
Head Start/Early Head Start
Stepping Stones II Childcare
Universal Pre-Kindergarten

YOUTH & FAMILY SERVICES

21st Century Program
Teenage Opportunity
Program
Transitional Student Support
WIC
WIC Vendor Management
YouthBuild

HOUSING SERVICES

Weatherization Assistance
EmPower NY
RESTORE & HOME
Weathertite

COMMUNITY SERVICES

Career Development
Emergency Services
Family & Children's Services
Family Support Services
Food Pantry
Foster Grandparents
Holiday Giving
Transport a Hero
Volunteer Income
Tax Assistance

CONTACT CEO

2331 Fifth Avenue
Troy, NY 12180
518-272-6012



www.ceo-cap.org



facebook.com/CEOcap



[@CEOcapNY](https://twitter.com/CEOcapNY)

