Would you like to know more about the health care system?

Do you or one of your family members have trouble managing diabetes or high blood pressure?

Do you want to feel more comfortable talking to nurses and doctors at your appointments?

Do you need assistance with learning how to eat healthy on a budget?

Contact us today

Community Health Project
(518) 272-6012 ext. 216
CEO_CHP@ceoempowers.org

The Community Health Project offers support services to individuals and families. Our goal is to educate and help our community access the health care they need.

About CEO

CEO creates partnerships and develops opportunities for social and economic growth and empowerment in individuals, families and communities.

Learn how CDPHP® and CEO are working together to help you live a happier, healthier life.
What is the Community Health Project?

The Community Health Project is a partnership between CDPHP® and CEO to improve the wellness of people in our local community.

Using a positive approach to health care, we:

1. Offer health care support and education to help customers make healthier choices for themselves and their families.
2. Provide guidance on health care benefits to help customers get the most out of their health insurance.
3. Make it easier for individuals and families to access the right health care professionals in our area.

CEO provides health care connections to help people get well and stay healthy. We also work with CDPHP to help customers manage health care challenges.

We can offer education and support on a variety of topics, including:

- Raising children with asthma
- Eating well on a budget
- Managing diabetes
- Lowering high blood pressure
- Quitting smoking
- Making your home a healthier place to live
- Connecting with a primary care physician/doctor
- Access to CEO’s many services, which support overall wellness for individuals and families

Ready to make a change?

Take a look at some of the ways individuals can get involved:

- Join us for fun meet & greet events
- Participate in a free health screening
- Learn more about health care through the Health Link Education Series
- Attend a CDPHP health fair

In addition to improving the health of our customers, being a part of the Community Health Project builds a sense of community while empowering individuals and families to try new and exciting activities, that enrich their lives.

Eligibility Requirements

The Community Health Project serves individuals who are enrolled in a CDPHP health plan and meet certain income-eligibility requirements.