Access to Resources

In addition to offering one-on-one health care support, CEO’s Community Health Workers can also connect you with the short-term resources you need. These might include:

- SNAP Benefits
- Medical Insurance
- Low-income Energy Assistance Programs
- Food Pantry
- Volunteer Income Tax Assistance Programs
- Counseling Services

About CEO

CEO creates partnerships and develops opportunities for social and economic growth and empowerment in individuals, families and communities.

2331 Fifth Avenue, Troy, NY 12180
(518) 272-6012 • info@ceoempowers.org
www.ceoempowers.org

CEO’s Community Health Project
2328 Fifth Avenue, Troy, NY 12180 • (518) 272-6012
www.ceoempowers.org
The Community Health Project is a partnership between CDPHP® and CEO to improve the wellness of people in our local community.

Using a positive approach to health care, we:

- Offer health care support and education to help you make healthier choices for you and your family
- Provide guidance on health care benefits to help you get the most out of your health insurance
- Make it easier for you to access the right health care professionals in our area

CEO provides health care connections to help people get well and stay healthy. We also work with CDPHP to help you manage your unique health care concerns and challenges.

Our Community Health Workers offer one-on-one health education and support at no cost.

We can offer education and support on a variety of topics, including:

- Raising children with asthma
- Eating well on a budget
- Managing diabetes
- Lowering high blood pressure
- Quitting smoking
- Making your home a healthier place to live
- Connecting with a primary care physician/doctor
- Access to CEO’s many services, which support overall wellness for individuals and families

Ready to make a change?

Take a look at some of the ways you can get involved:

- Join us for fun meet & greet events
- Participate in a free health screening
- Learn more about health care through the Health Link Education Series
- Attend a CDPHP health fair

In addition to improving your health, being a part of the Community Health Project helps you to connect with valuable resources and learn more about the opportunities available in your neighborhood.

A healthy life starts with YOU.

Contact Us Today

The Community Health Project
(518) 272-6012 ext. 216
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