Mission

CEO creates partnerships and develops opportunities for social and economic growth and empowerment in individuals, families and communities.

The CEO Resource Handbook includes agencies and organizations that provide services to the residents of Rensselaer County.

The first part of the Resource Handbook lists various community, hotline and advocacy numbers. To locate a particular service, a categorized index is located in the beginning of the handbook on page v. For example, if one wishes to inquire about disability services, then he or she may look under the heading Disability/Special Needs to find the agencies and organizations that provide the service.

The second part of the Handbook provides an alphabetical listing of agencies and organization telephone numbers, addresses and a brief description of the resources available.

We have made our best effort to include all of the organizations that serve the people of Rensselaer County. If your organization was not included and you would like to be added to our Resource Handbook, please email info@ceo-cap.org with the descriptions and a contact name and number.

November 2012
<table>
<thead>
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<th>COMMUNITY PHONE NUMBERS</th>
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<tr>
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<tr>
<td><strong>City of Troy – City Hall</strong></td>
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<tr>
<td><strong>Board of Elections</strong></td>
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<tr>
<td>Animal Control</td>
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<td>(call police dept to locate animal control quickly)</td>
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<tr>
<td><strong>County Clerk</strong></td>
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<td><strong>County Legislature</strong></td>
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<td><strong>District Attorney</strong></td>
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<td>St. Peter’s</td>
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<td>Samaritan</td>
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<td><strong>Humane Society</strong></td>
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</tbody>
</table>

<table>
<thead>
<tr>
<th>HOTLINE NUMBERS</th>
</tr>
</thead>
<tbody>
<tr>
<td>AIDS Council of NENY – Hotline</td>
</tr>
<tr>
<td>AIDS Hotline</td>
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<td>Auto Safety and Recall Hotline</td>
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<tr>
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<td>Crime Victims Board</td>
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<td>Domestic Violence Hotline</td>
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<tr>
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<td>HOTLINE NUMBERS (continued)</td>
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<tr>
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<tr>
<td>Environmental Health Hotline</td>
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<td>Medicare Hotline (NYS)</td>
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<td>National Suicide Prevention Lifeline and Veterans Crisis Line</td>
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<td>Post Office Hotline (US)</td>
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<td>Public Service Commission Hotline</td>
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<td>Suicide Prevention</td>
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<td>Welfare Fraud Hotline</td>
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</table>

<table>
<thead>
<tr>
<th>ADVOCACY NUMBERS</th>
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<tr>
<td>Alzheimer’s Association</td>
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<td>American Council for the Blind</td>
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<td>American Diabetes Association</td>
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<td>American Lung Association</td>
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<td>Arthritis Foundation</td>
<td>1-800-283-7800</td>
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<td>Attorney General (NYS)</td>
<td>474-5481</td>
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<td>Cable Helpline (NYS)</td>
<td>1-800-342-3330</td>
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<td>Consumer Protection (NYS)</td>
<td>474-8583</td>
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<td>Disabilities (NYS Advocate)</td>
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<td>Equal Employment Opportunity</td>
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<td>Federal Information Center</td>
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<td>Governor’s Citizen Assistance Line</td>
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<td>Grief Recovery Institute</td>
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<td>Office of the Inspector General</td>
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<td>Medicare Rights Center</td>
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<td>Housing and Community Renewal</td>
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<td>Internal Revenue Service</td>
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<td>Lawyer Referral (NYS Bar)</td>
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<td>Legal Aid Society</td>
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<td>Library for the Blind</td>
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<td>Leukemia and Lymphoma Society</td>
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<td>LOCAL FOOD PANTRIES</td>
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# INDEX

## AIDS/HIV+

<table>
<thead>
<tr>
<th>Program</th>
<th>Page</th>
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</thead>
<tbody>
<tr>
<td>AIDS Council Of Northeastern New York</td>
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<tr>
<td>AIDS Law Clinic-Health Law Project</td>
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<tr>
<td>AIDS Program</td>
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<td>CARES</td>
<td>8</td>
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<td>Catholic Charities AIDS Services</td>
<td>9</td>
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<tr>
<td>Community Maternity Services</td>
<td>13</td>
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<td>Damien Center</td>
<td>17</td>
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<tr>
<td>Our Brothers’ Keepers Foundation</td>
<td>32</td>
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<tr>
<td>Visiting Nurse Association</td>
<td>47</td>
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## Adolescent Programs

<table>
<thead>
<tr>
<th>Program</th>
<th>Page</th>
</tr>
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<tbody>
<tr>
<td>Commission on Economic Opportunity – Teenage Opportunity Program</td>
<td>12</td>
</tr>
<tr>
<td>Commission on Economic Opportunity – Transitional Student Support</td>
<td>12</td>
</tr>
<tr>
<td>Commission on Economic Opportunity – YouthBuild</td>
<td>12</td>
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<tr>
<td>Donovan House</td>
<td>18</td>
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<td>Kaydeross House</td>
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<td>La Salle School</td>
<td>28</td>
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<td>St. Anne Institute</td>
<td>42</td>
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<td>TOUGHLOVE</td>
<td>43</td>
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<td>Vanderhyden Hall</td>
<td>46</td>
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## Adult Education (See Employment)

## Child Care

<table>
<thead>
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<th>Program</th>
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<tbody>
<tr>
<td>Capital District Child Care Coordinating Council, Inc.</td>
<td>7</td>
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<tr>
<td>Commission on Economic Opportunity – Stepping Stones II</td>
<td>11</td>
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<tr>
<td>Hope 7</td>
<td>25</td>
</tr>
<tr>
<td>Kid’s Place Pre-School</td>
<td>27</td>
</tr>
<tr>
<td>Salvation Army</td>
<td>39</td>
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<tr>
<td>Sunnyside Center</td>
<td>43</td>
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</table>

## Children/Youth Services

<table>
<thead>
<tr>
<th>Program</th>
<th>Page</th>
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<tr>
<td>Altamont House, The</td>
<td>4</td>
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<tr>
<td>Ark, The</td>
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<td>Capital District Beginnings</td>
<td>5</td>
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<tr>
<td>Big Brothers Big Sisters</td>
<td>5</td>
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<tr>
<td>Boys and Girls Club, Lansingburgh</td>
<td>6</td>
</tr>
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<td>Boys and Girls Club, Rensselaer</td>
<td>6</td>
</tr>
</tbody>
</table>
CHILDREN/YOUTH SERVICES (CONTINUED)

CAPTAIN Youth And Family Services 8
Child Find of America 10
Commission on Economic Opportunity – Head Start/Early Head Start 11
Commission on Economic Opportunity – Teenage Opportunity Program 12
Commission on Economic Opportunity – WIC 12
Commission on Economic Opportunity – YouthBuild 12
Early Childhood Directions Center of the Capital Region 18
Girl Scouts, Hudson Valley Council 22
Hope 7 25
Make A Wish Foundation of Northeast New York 28
Northeast Parent and Child Society 32
Parsons Child and Family Center 32
Rensselaer Department of Social Services – Rensselaer County 36
Rensselaer County Department of Youth, Unified Family Services 37
School Lunch Program 39
St. Catherine’s Center for Children 42
Sunnyside Center 43
Troy Youth Association (CYO) 44
Unity House Street Ministry 45
Youth Bureau, City of Rensselaer 48
Youth Center In Hoosick Falls 49
Youth Department, City of Troy 49
YWCA of Troy and Cohoes 49

CHURCH SERVICES

Capital Area Council of Churches 6
Immaculate Conception Church 26
Troy Area United Ministries (TAUM) 43

CIVIC ENGAGEMENT

Junior League of Albany 27
Junior League of Troy 27
NAACP – Troy Branch 30

COUNSELING

Commission on Economic Opportunity – Family and Children’s Services 11
Counseling Care and Services 16
Kids After Divorce 27
Pearl Street Counseling Center 33
SafePlace 38
COUNSELING (CONTINUED)
SUNY Albany Psychological Services Center 43
United Counseling Services of Bennington County 45
United Way of Northeastern New York 45
VESID: Vocational & Educational Services for Individuals with Disabilities 46

CRIME/SEXUAL ASSAULT VICTIMS
Crime Victims Assistance 16
Crime Victims Board Of New York State 16
Remove Intoxicated Drivers Victim Center 34
Sexual Assault & Crime Victims Assistance 41
Start Childrens Center 42

DISABILITY/SPECIAL NEEDS
Albany Therapeutic Riding Center 3
Association for Retarded Children (ARC) 4
Attention Deficit Disorder Association 4
Beginnings 5
Capital District Center for Independence 6
Center for Disability Services 9
Cobb Memorial School 10
Developmental Pediatrics 17
Disability Advocates 17
Disabilities Law Clinic 18
Early Childhood Education Center 18
Early Intervention Program 18
Easter Seals Society 19
Helping Hands School 23
Independent Living Center of the Hudson Valley 26
Make A Wish Foundation of Northeast New York 28
New York State Association of Community And Residential Agencies 30
New York State Association of Retarded Children 30
Northeast Career Planning 32
Northeast Parent and Child Society 32
Residential Opportunities (ROI) 37
Unity House Street Ministry – Unity Sunshine School 46

DISPUTE SETTLEMENT
New York State Dispute Resolution Association 31
Rensselaer United Rural Abuse Lifeline 37
## Domestic Violence

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Families in Crisis Program</td>
<td>20</td>
</tr>
<tr>
<td>New York State Coalition Against Domestic Violence</td>
<td>31</td>
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<tr>
<td>Rensselaer County Department of Social Services</td>
<td>36</td>
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<tr>
<td>Services to Women and Families – YWCA</td>
<td>40</td>
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<td>Unity House Street Ministry</td>
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## Drug Treatment (See Substance Abuse)

## Employment

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
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<tbody>
<tr>
<td>Adult and Continuing Education</td>
<td>1</td>
</tr>
<tr>
<td>Capital District Educational Opportunity Center</td>
<td>7</td>
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<td>Commission on Economic Opportunity – YouthBuild</td>
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<td>Employment and Training Facility</td>
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<td>Equinox, Inc.</td>
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<td>Job Service and Training – NYS Dept of Labor</td>
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<tr>
<td>Literacy Volunteers Of Rensselaer County</td>
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<tr>
<td>Northeast Career Planning</td>
<td>32</td>
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<tr>
<td>QUESTAR III</td>
<td>34</td>
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<tr>
<td>Rensselaer County Department of Employment and Training</td>
<td>36</td>
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<td>36</td>
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<td>Unemployment Insurance Office</td>
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<tr>
<td>Women’s Employment and Resource Center</td>
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<td>Workforce Development Institute</td>
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## Family

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<td>Four Doors Down - Doors of Hope</td>
<td>21</td>
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<td>Kids After Divorce</td>
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<td>Mothers Against Drunk Driving (MADD-NY)</td>
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## Financial Services

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<tr>
<td>Capital District Community Loan Fund</td>
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### Financial Services (Continued)
- Consumer Credit Counseling Service 14
- Umbrella of the Capital District 44
- Unemployment Insurance Office 45

### Food/Nutrition
*see page iii for list of area food pantries*
- Commission on Economic Opportunity – Food Pantry 11
- Commission on Economic Opportunity – WIC 12
- Community Gardens of the Capital District 12
- Cornell Cooperative Extension – Eat Smart New York 15
- Food Bank – Regional Food Bank of Northeastern NY 21
- Home Delivered Meals 24
- Hoosick Area Food Pantry & Church Association 25
- Hope 7 Food Pantry 25
- Hunger Action Network 25
- Meals on Wheels 29
- Provisions Community Food and Storehouse 34
- School Lunch Program 39

### Furniture Programs
- Community Warehouse 13
- Goodwill 22
- Salvation Army 39
- Troy Area United Ministries (TAUM) 43

### Gay/Lesbian Issues
- Capital District Gay and Lesbian Community Council 7
- In Our Own Voices 26

### Health
- Adept Health Care Services 1
- Cardiac Kids – American Heart Association 8
- Developmental Pediatrics 17
- Eating Disorders, Capital Region Association for 19
- Epilepsy Foundation of Northeastern NY 20
- Healthy Kids 23
- Hill-Burton Uncompensated Care Program 23
- Homecare Association for New York State 24
- Muscular Dystrophy Association 29
- National Kidney Foundation of Northeastern NY 30
**HEALTH (CONTINUED)**

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>New York State Center for Sudden Infant Death</td>
<td>30</td>
</tr>
<tr>
<td>Northeast Association for the Blind</td>
<td>31</td>
</tr>
<tr>
<td>Planned Parenthood, Upper Hudson Area</td>
<td>33</td>
</tr>
<tr>
<td>Rensselaer County Health Department</td>
<td>35</td>
</tr>
<tr>
<td>Rural Rensselaer County Council Health &amp; Human Services</td>
<td>38</td>
</tr>
<tr>
<td>Samaritan Hospital</td>
<td>39</td>
</tr>
<tr>
<td>Samaritan Hospital Behavioral Health Outpatient Clinic</td>
<td>39</td>
</tr>
<tr>
<td>Seton Health System</td>
<td>40</td>
</tr>
<tr>
<td>Southern Vermont Medical Center</td>
<td>41</td>
</tr>
<tr>
<td>Visiting Nurse Association</td>
<td>47</td>
</tr>
<tr>
<td>Whitney Young Jr. Health Center</td>
<td>47</td>
</tr>
<tr>
<td>YMCA of the Capital District – Troy Branch</td>
<td>48</td>
</tr>
</tbody>
</table>

**HOME HEALTH CARE/DAY TREATMENT**

<table>
<thead>
<tr>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Day Health Program</td>
<td>1</td>
</tr>
<tr>
<td>Eddy, The</td>
<td>19</td>
</tr>
<tr>
<td>Interim Healthcare</td>
<td>26</td>
</tr>
<tr>
<td>Samaritan Hospital</td>
<td>39</td>
</tr>
<tr>
<td>Seton Health System</td>
<td>40</td>
</tr>
</tbody>
</table>

**HOMELESS/EMERGENCY SERVICES**

<table>
<thead>
<tr>
<th>Service</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>American Red Cross</td>
<td>4</td>
</tr>
<tr>
<td>Bethany Hospitality Center</td>
<td>5</td>
</tr>
<tr>
<td>Capital City Rescue Mission</td>
<td>6</td>
</tr>
<tr>
<td>DePaul Residence</td>
<td>17</td>
</tr>
<tr>
<td>Four Doors Down - Doors of Hope</td>
<td>21</td>
</tr>
<tr>
<td>Homeless Action Committee</td>
<td>24</td>
</tr>
<tr>
<td>Homeless and Travelers Aid Society</td>
<td>24</td>
</tr>
<tr>
<td>Interfaith Partnership for the Homeless</td>
<td>26</td>
</tr>
<tr>
<td>Joseph’s House and Shelter</td>
<td>27</td>
</tr>
<tr>
<td>Marillac Residence</td>
<td>28</td>
</tr>
<tr>
<td>Nassau Library</td>
<td>30</td>
</tr>
<tr>
<td>Northeast Parent and Child Society</td>
<td>32</td>
</tr>
<tr>
<td>Prevention Information Resource Center</td>
<td>33</td>
</tr>
<tr>
<td>Safe House</td>
<td>38</td>
</tr>
<tr>
<td>Saint Mark’s Episcopal Church</td>
<td>38</td>
</tr>
<tr>
<td>Saint Peter’s Residency (SRO)</td>
<td>38</td>
</tr>
<tr>
<td>Shelters of Saratoga</td>
<td>41</td>
</tr>
<tr>
<td>Unity House Street Ministry – Emergency Services</td>
<td>45</td>
</tr>
<tr>
<td>YMCA of the Capital District – Troy Branch</td>
<td>48</td>
</tr>
<tr>
<td>YMCA of Troy and Cohoes</td>
<td>49</td>
</tr>
</tbody>
</table>
**Hoosick Falls/Bennington Area Resources**

Bennington Recreational Center  5
Bennington Tutorial Center  5
Career Development Center  8
Care Net Pregnancy Center of the Tri State Area  9
Employment and Training Facility  20
Hoosick Area Food Pantry & Church Association  25
Hoosick Housing Authority  25
Second Hand Rose  40
Southern Vermont Medical Center  41

**Housing**

Affordable Housing Partnership  2
Albany County Opportunity  3
Albany Housing Coalition  3
Commission on Economic Opportunity – Weatherization  12
Habitat for Humanity  22
HEAP (Home Energy Assistance Program)  23
Hoosick Housing Authority  25
Horizon Center Inc.  25
Joseph’s House and Shelter  27
Rensselaer County Department of Social Services  36
Rensselaer County Community Housing Resource Board  37
Ronald McDonald House of the Capital Region  38
Salvation Army  39
Section 8 Rental Assistance Program  40
Troy Architectural Program (TAP)  44
Troy Rehabilitation and Improvement Program (TRIP)  44
Umbrella of the Capital District  44
United Tenants of Albany  45

**Legal Issues/Consumer Advocacy**

Consumer Protection Board of New York State  14
Family Court – Rensselaer County  21
Father’s Rights Association – Capital District  21
Greater Upstate Law Project  22
Legal Aid Society of Northeastern New York  28
Prevention Information Resource Center  33
Prisoners Legal Services of New York  34
Public Defender  34
Public Service Commission  34
LEGAL ISSUES/CONSUMER ADVOCACY (CONTINUED)

Social Security Administration  41
Unemployment Insurance Office  45
Verizon Life Line Service  46

MENTAL HEALTH ISSUES

Alliance for the Mentally Ill of NYS  4
Capital District Psychiatric Center  8
Commission on Economic Opportunity – Family and Children’s Services  11
Community Hospice Grief Centers  12
Copes Network Center  14
Family and Children’s Services  21
Four Winds – Saratoga  22
Kids After Divorce  27
Mentally Ill Chemically Addicted (MICA)  29
New York State Psychological Association  31
Pearl Street Counseling Center  33
Prevention Information Resource Center  33
Rensselaer County Department of Mental Health (Unified Services)  35
SafePlace  38
Samaritans, The  39
Samaritan Hospital Behavioral Health Outpatient Clinic  39
Unity House Street Ministry  45

MULTI-CULTURAL PROGRAMS

Chinese Community Center  10
El Centrocivico (Hispanic American Civic Center)  19
Hispanic Services  23

PREGNANCY/PARENTING

Alight Care Center  3
Alpha Pregnancy Care Center  4
Capital District Mothers’ Center  7
Catholic Charities Northern Albany & Rensselaer Counties  9
Circles of Mercy  10
Commission on Economic Opportunity – Head Start/Early Head Start  11
Commission on Economic Opportunity – Teenage Opportunity Program  12
Commission on Economic Opportunity – WIC  12
Community Maternity Services  13
Cornell Cooperative Extension  15
Healthy Kids  23
### Pregnancy/Parenting (continued)

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>March of Dimes—Saving Babies Together</td>
<td>28</td>
</tr>
<tr>
<td>Moms Clinic</td>
<td>29</td>
</tr>
<tr>
<td>Oley Foundation, The</td>
<td>32</td>
</tr>
<tr>
<td>Planned Parenthood, Upper Hudson Area</td>
<td>33</td>
</tr>
<tr>
<td>Prevention Information Resource Center</td>
<td>33</td>
</tr>
</tbody>
</table>

### Prison Transition

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Horizon Center Inc.</td>
<td>25</td>
</tr>
<tr>
<td>Prisoners Legal Services of New York</td>
<td>34</td>
</tr>
<tr>
<td>Rensselaer County Probation</td>
<td>37</td>
</tr>
</tbody>
</table>

### Seniors

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Commission on Economic Opportunity – Foster Grandparent Program</td>
<td>11</td>
</tr>
<tr>
<td>Help for Seniors</td>
<td>23</td>
</tr>
<tr>
<td>Heritage Home for Women</td>
<td>23</td>
</tr>
<tr>
<td>Home Delivered Meals</td>
<td>23</td>
</tr>
<tr>
<td>Homecare Association for New York State</td>
<td>24</td>
</tr>
<tr>
<td>Meals on Wheels</td>
<td>29</td>
</tr>
<tr>
<td>New York Statewide Senior Action Council</td>
<td>31</td>
</tr>
<tr>
<td>Rensselaer County Department for the Aging</td>
<td>34</td>
</tr>
<tr>
<td>Rensselaer County Department of Social Services</td>
<td>36</td>
</tr>
<tr>
<td>Senior Endeavors</td>
<td>40</td>
</tr>
</tbody>
</table>

### Sexual Abuse (See Crime Victims)

### Substance Abuse

<table>
<thead>
<tr>
<th>Organization</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult Rehabilitation Center</td>
<td>1</td>
</tr>
<tr>
<td>Al-Anon / Alateen</td>
<td>2</td>
</tr>
<tr>
<td>Alcoholics Anonymous</td>
<td>3</td>
</tr>
<tr>
<td>Conifer Park</td>
<td>13</td>
</tr>
<tr>
<td>Continuing Treatment Services</td>
<td>14</td>
</tr>
<tr>
<td>COPES Network Center</td>
<td>14</td>
</tr>
<tr>
<td>Homer Perkins Center, The</td>
<td>24</td>
</tr>
<tr>
<td>Hospitality House Therapeutic Community</td>
<td>25</td>
</tr>
<tr>
<td>Hudson Mohawk Recovery Center</td>
<td>25</td>
</tr>
<tr>
<td>Mentally Ill Chemically Addicted (MICA)</td>
<td>29</td>
</tr>
<tr>
<td>Next Step</td>
<td>31</td>
</tr>
<tr>
<td>Pearl Street Counseling Center</td>
<td>33</td>
</tr>
<tr>
<td>Peter Young Housing, Industries. Treatment.</td>
<td>33</td>
</tr>
<tr>
<td>Remove Intoxicated Drivers Victim Center</td>
<td>34</td>
</tr>
<tr>
<td>Saint Peter’s Residency (SRO)</td>
<td>38</td>
</tr>
</tbody>
</table>
### Substance Abuse (Continued)

- Samaritan Hospital 39
- Seton Health System 40
- St. Peter's Addiction Recovery Center (SPARC) 42
- Trinity Institution, Inc. 43
- Unity House Street Ministry 45

### Suicide Hotline (See Mental Health Issues)

### Transportation

- Access Transit 1
- Commission on Economic Opportunity - Transport a Hero 12
- STAR Service 42
- Unity House Street Ministry 45

### Veterans Programs

- Commission on Economic Opportunity - Transport a Hero 12
- Rensselaer County Department of Veterans Affairs 37
- Veterans Industries 47

### Other Community Resources

- Community Voice Mail Program 13
- Council of Nonprofits 15
- Roarke Center 38
- United Way of Northeastern New York 45
Access Transit
Phone: 437-5131  Fax: 453-8833
www.cdta.org/accessibility
84 Watervliet Avenue
Albany, NY 12206
Medicaid transportation to Medical appointments for Rensselaer, Schenectady County. Must call 3 business days in advance.

Adept Health Care Services
Phone: 271-1055
406 Fulton Street
Troy, NY  12180
Services provided include skilled nursing, IV Therapy, personal care, home health care and homemaker services for people who need assistance managing the home and/or personal needs.

Adoptive Families Coalition
Phone: 448-5295
PO Box 603, Glenmont, NY 12077
AFC is a support group, run by volunteers, that provides education and support to adoptive families and individuals considering adoption in the form of workshops, social activities, advocacy and networking.

Adult and Continuing Education, Schenectady City School District
Phone: 370-8220  Fax: 370-8225
422 Mumford Street
Schenectady, NY 12307
Courses are offered in the areas of parenting, management, communications, intergenerational relationships, etc. Scheduled classes are now offered throughout the Capital District Region. Target groups include GED students, incarcerated persons and recovery clients. Limits: 16+ or out of school, youth and adults.

Adult Day Health Program
Daughters of Sarah Nursing Center
Phone: 456-7831  Fax: 784-3296
www.daughtersofsarah.org
180 Washington Avenue Ext.
Albany, NY 12203
Medical adult day care program which provides an individualized plan of medical, recreational, dietary, rehabilitation case management, and counseling services to maintain an individual in their own home while providing respite to families and care-givers.

Adult Rehabilitation Center
Phone: 465-2416  Fax: 465-4459
www.satruck.org
452 Clinton Avenue
Albany, NY 12206
Hosted by Salvation Army. Residential rehabilitation program for men with problems of alcoholism and addiction, referral by agency or walk-ins. Provides complete services, spiritual, individual and group counseling, work and recreational therapy. Available to men over 21 and under 55, with no psychiatric history.
Affordable Housing Partnership  
Phone: 434-1730  Fax: 434-1767  
www.ahphome.org  
255 Orange Street  
Albany, NY 12210  
Provides low-cost construction and permanent mortgage financing for low and moderate-income home buyers and for developers of affordable housing projects. Also provides pre-purchase counseling, grants and loans. Limited to income eligible borrowers for projects and homes in Albany, Schenectady and Rensselaer counties.

AIDS Council of Northeastern NY  
Phone: 434-4686  Fax: 427-8184  
www.aidscouncil.org  
927 Broadway, Albany, NY 12207  
HIV/AIDS education, counseling, case management, and support groups for people with HIV/AIDS, and their loved ones.

AIDS Law Clinic-Health Law Project  
Phone: 463-8182  Fax: 463-8186  
Albany Law School  
80 New Scotland Ave  
Albany, NY 12208  
Represents persons with AIDS, are HIV+, or with cancer in state and federal courts and administrative proceedings. The focus of the representation will be discrimination cases, Social Security Disability benefits, family matters, and access to health care and financial entitlement cases.

AIDS Program  
Phone: 262-4439  Fax: 262-4756  
66 Hackett Street  
Albany, NY 12208  
AIDS Program is a regional treatment center for HIV. Provides testing, medical, dental, research, education & case management.

Al-Anon / Alateen  
Phone: 292-0577  
al-anon.alteen.org  
P.O. Box 14313  
Albany, NY 12212-4313  
Family members and friends of problem drinkers share their experiences to help solve their dilemmas of living with a problem drinker. Alateen allows teenagers who have problem drinkers in their families to meet in order to share concerns and support. Call for more information.

Albany Center For Economic Success (ACES)  
Phone: 427-7804  Fax: 427-6203  
255 Orange Street  
Albany, NY 12210  
Business incubator and technical assistance for entrepreneurs program.
Albany Community Action Partnership
www.acoi.com
ACAP works in partnership with families and communities to empower people to achieve economic self-sufficiency and an improved quality of life.

**Two Locations:**

**Albany**
Phone: 463-3175   Fax: 463-8185
333 Sheridan Avenue
Albany, NY 12206

Cohoes
Phone: 237-9201   Fax: 235-7947
20 White Street
Cohoes, NY 12047

**Albany County Opportunity**
Phone: 274-4329
2400 Second Avenue
Watervliet, NY 12189
Weatherization Assistance Services.

**Albany Housing Coalition**
Phone: 465-5251   Fax: 465-6499
www.ahcvets.org
278 Clinton Avenue
Albany, NY 12210
Housing and services for homeless veterans; home ownership counseling and affordable housing for individuals and families of low income.

**Albany Therapeutic Riding Center**

**Alight Care Center**
Phone: 270-5540   Fax: 271-0580
www.alight.org
500 Federal Street, Suite 200
Troy, NY 12180
Provides free pregnancy tests; education regarding all aspects of pregnancy, abortion, abortion alternatives, including adoption and parenting; parenting classes; maternity and infant clothing and furnishings; ongoing support.

**Albany Therapeutic Riding Center**
Phone: 765-2764   Fax: 861-8202
182 Martin Road
Voorheesville, NY 12186
Therapeutic horseback riding for physically and mentally challenged students of all ages throughout the greater Capital District area. Individual and group lessons are available to students who experience a variety of single or multiple handicapping conditions.

**Alcoholics Anonymous (AA)**
Phone: 463-0906
www.AA.org
575 Broadway, Suite 128
Menands, NY 12204
A fellowship of men and women who have the desire to stop drinking. Self-help groups that help alcoholics through group meetings and individual “12 Step” therapy. Mondays and Wednesdays 10-3, Tuesdays and Thursdays 7-9.
Alliance for the Mentally Ill  
Phone: 462-2000   Fax: 462-3811  
www.naminys.org  
260 Washington Avenue  
Albany, NY 12210  
An association of grass-root, self-help support and advocacy groups of families and friends of those who suffer from mental illness.

Alpha Pregnancy Care Center  
Phone: 462-2188   Fax: 462-2895  
www.alphacare.org  
518 Clinton Avenue  
Albany, NY 12206  
The Alpha center provides free pregnancy tests, counseling, maternity clothes, baby clothes, baby items, car seats, and furniture, as well as financial, medical, legal and housing referrals for unplanned pregnancy. Also offers abstinence education classes and post-abortive support group; parenting classes.

Altamont House, The  
Phone: 861-6207   Fax: 861-6013  
1180 Berne Road  
Altamont, NY 12009  
28-day inhouse rehabilitation facility for drug abuse & addiction.

American Red Cross  
Phone: 458-8111   Fax: 459-8268  
www.redcrossneny.org  
33 Everett Road  
Albany, NY 12205  
Emergency services to disaster victims, military personnel, blood services, educational services such as water safety, CPR, First Aid, HIV and AIDS training and emergency preparedness.

Ark, The  
Phone: 274-6312  
www.arkcharter.org  
762 River Street, Troy, NY 12180  
The ARK provides classes in the arts for preschoolers.

Association for Retarded Children (ARC)  
Phone: 274-3110   Fax: 272-1522  
www.rensselaerarc.org  
79 102nd Street  
Troy, NY 12180  
Provides community inclusion residences, vocational rehabilitation, day treatment, recreation, summer camp and family support services to mentally retarded children and their families.

Attention Deficit Disorder Association  
Phone: 1-800-939-1019  
Box 3136, Albany, NY 12203  
A multi-service parent support organization offering monthly informational meetings, lending library of written, audio & video materials, resources directory, separate facilitated support group, links to ADD informed professionals, and parent advocacy.
Beginnings
Phone: 233-0544   Fax: 233-0703
www.cdbegin.com
597 3rd Avenue, Troy, NY 12182
Preschool programs serving children age birth to five years old with special needs. Services include occupational, physical, and speech therapy and special education.

Bennington Recreational Center
Phone: 802-442-1053
Fax: 1-800-939-1019
655 Gage Street
Bennington, VT 05201
At the Recreational Center, there is both a free tennis and basketball court to play on, first come first serve. There is an indoor gym and work out center available for an annual fee. The main area is the pool with swimming lessons and fun swim for children; life guarding courses and adult swim time; a new pregnancy swim and senior workout under water course.

Bennington Tutorial Center
Phone: 802-447-0111
www.tutorialcenter.org
208 Pleasant Street
Bennington, VT 05201
Offers free GED programs with pre-testing requirements and further classes. Has one on one tutoring for grades K-12th. There are also certified programs and courses in reading, writing and math. There is a Bridge to College program through Community College of Vermont where GED students can earn college credits and further their education for free.

Bethany Hospitality Center
Phone: 273-3529
27 State Street
Troy, NY 12180
Daytime shelter for the homeless and needy. Homeless and street people can drop in and receive a luncheon meal, wellness and hygiene services, and socialize in a safe and relaxing atmosphere. The center is sectioned into a television room, library and gathering area. There is also a housing person who can help people locate permanent housing. Household items given to guests, prayer service, education, and holiday meals with Meals on Wheels.

Big Brothers Big Sisters
Phone: 862-1250   Fax: 862-1256
www.capbigs.org
1492 Central Avenue
Albany, NY 12205
Provides adult friends to children from single parent families, adults and children are matched on an one to one basis and the adult agrees to see the child at least once weekly for several hours. Special group activities are provided.
Boys and Girls Club, Lansingburgh  
**Phone: 235-4143  Fax: 235-6858**  
lansingburghboysandgirlsclub.org  
**501 Fourth Ave, Troy, NY 12182**  
Provides recreational and educational activities, youth and drug abuse counseling, latch-key program, summer program and an adult fitness facility. Limited to the northern section of Troy, Brunswick, Schaghticoke, Waterford, and Cohoes. Small fee.

Boys And Girls Club, Rensselaer  
**Phone: 465-3403  Fax: 465-3973**  
www.bgcsorensco.org  
**544 Broadway**  
Rensselaer, NY 12144  
Provides guidance, recreation and education for youth and young adults. Operates Camp Adventure.

Boys And Girls Club, Troy  
**Phone: 274-3781  Fax: 274-2609**  
www.tbgc.org  
**1700 Seventh Avenue**  
Troy, NY 12180  
Provides daily programs of activities in health, physical, recreational and education for boys and girls 6 through 18 years of age. There are adult programs at restricted times. Operates Camp Barker. There is a small fee and is limited to the Greater Troy area.

Capital Area Council of Churches  
**Phone: 462-5450**  
www.capareacc.org  
**646 State Street**  
Albany, NY 12203  
Provides Ecumenical/Christian Services at Albany County Courthouse, several nursing homes, SUNYA Campus Ministry. Emergency shelter runs from November to April.

Capital City Rescue Mission  
**Phone: 462-0459**  
capitalcityrescuemission.com  
**259 South Pearl Street**  
Albany, NY 12202  
Offers three meals a day without cost to person, computerized learning center, 30 consecutive emergency shelter containing 60 bed dorm, free on site medical clinic, chapel, and clothing.

Capital District Center For Independence  
**Phone: (TDD/TTY) 459-6422**  
Fax: 459-7847  
www.cdceniweb.com  
**845 Central Avenue, South 3**  
Albany, NY 12206  
Assists persons with any disability who are consumers requesting services for benefits and/or programs under the Rehabilitation Act stemming from Vocational Rehabilitation Agencies.
Capital District Child Care Coordinating Council, Inc.
Phone: 426-7181 Fax: 426-9649
www.cdccc.org
91 Broadway
Menands, NY 12204
Provides resource and referral services for parents and employers seeking child care solutions. The Council also assists individuals in starting family day care businesses in their homes, conducts training for child care center staff, and provides corporate child care services on a contractual basis.

Capital District Community Loan Fund
Phone: 436-8586 Fax: 689-0086
www.cdclf.org
255 Orange Street
Albany, NY 12210
The CDCLF pools investments from individuals and institutions. It then makes loans to local groups for housing and economic development projects that will benefit lower income people. Covers 11 counties.

Capital District Educational Opportunity Center
Phone: 273-1900 Fax: 273-1911
www.hvcc.edu/eoc/index.html
145 Congress Street
Troy, NY 12180
Offers tuition-free academic and workforce development opportunities to economically disadvantaged and educationally under-prepared New York State residents 16 years and older.

Vocational programs: building trades, welding, cosmetology, culinary arts, nursing assistant, and general and medical business and office technology programs.

Academic programs: Academic Enhancement, College Preparation, GED Preparation, English as a Second Language.

Additional services: National Work Readiness Credential (NWRC) Exam Preparation, career assessment, and job placement and post employment support.

Capital District Gay and Lesbian Community Council
Phone: 462-6138 Fax: 462-2101
www.cdglcc.org
332 Hudson Avenue, Box 131
Albany, NY 12201
Social, educational activities, information and referral, including newsletter. Support services also available. Fees: none to drop-ins; basic membership, $25 per year, $10 student/senior/limited income.

Capital District Mothers’ Center
Phone: 475-1897
www.motherscenter.org
c/o Pine Station, Box 3175
Albany, NY 12203
Self-help group for parents of young children. Weekly “drop-in” meetings on Fridays. Also offers discussion groups, educational lectures, social activities. Limited to parents of young children.

Capital District Psychiatric Center
Phone: 447-9611 Fax: 426-5980
Crisis Line: 447-9650
75 New Scotland Avenue
Albany, NY 12208
CDPC provides crisis, inpatient and outpatient mental health services to children, adolescents and adults in cooperation with county mental health clinics using the least restrictive methods.

CAPTAIN Youth and Family Services
Phone: 371-1185 Fax: 383-7997
www.captainyfs.com
5 Municipal Plaza, Suite 3
Clifton Park, NY 12065
CAPTAIN’s mission is to serve as a principal advocate for the changing needs of youth and families in Saratoga County; by providing services necessary to address those needs through social, educational and prevention programs which encourage social and personal development in teens and families. Programs and services include: the CAPTAIN Youth Home, Outreach in the Park, Family Life Advisory Council and Community Action on Substance Abuse Education, CAPTAIN’s Intervention and Diversion Program and the Community Work Service in the Courts.

Cardiac Kids
American Heart Association
Phone: 869-1961 Fax: 869-8180
440 New Karner Road
Albany, NY 12205
Support group for families with children born with congenital heart defects and who will have, or have, had cardiac surgery.

Career Development Center
Phone: 802-447-0220
www.svcdc.org
321 Park Street
Bennington, VT 05201
Offers courses of certifications and degrees in automotive, cosmetology, office work and medical such as LNA or secretarial. Programs offers both days and evenings 6 days a week. New York State students would pay full price as varied by program.

CARES
Phone: 489-2312
www.caresny.org
85 Watervliet Avenue
Albany, NY 12206
CARES is a not for profit agency founded in 1990 to assist local
communities in acquiring and coordinating housing resources for persons living with HIV/AIDS and other disabilities. CARES has expertise in the areas of HIV/AIDS and Homelessness, providing technical assistance and resource identification to not-for-profit agencies, local municipalities and state agencies.

**Care Net Pregnancy Center of the Tri State Area**
**Phone:** 802-442-2002
**Fax:** 802-447-2002
**109 Silver Street**
**Bennington, VT 05201**
Free pregnancy testing and educational information on pregnancy, abortion and alternatives. Support services including parenting classes, clothing and baby furniture. Referrals for adoption and post abortion counseling. The center also teaches preventative sexual education programs and school programs on sexual education.

**Catholic Charities AIDS Services**
**Phone:** 449-3581  **Fax:** 426-3662
**Troy: 273-8624**
**100 Slingerlands Street**
**Albany, NY 12202**
Pastoral counseling, spiritual support, days of prayer for caregivers and persons with HIV/AIDS, education programs, information and referrals, overnight camp, with scholarships available.

**Catholic Charities Northern Albany & Rensselaer Counties**
**Phone:** 453-6650  **Fax:** 453-6792
**40 North Main Street**
**Albany, NY 12203**
Support/informational group for parents. Focuses on assertive discipline, assertive parenting, child safety, etc. Respite day care for children ages 18 months to five years, referred by Rensselaer County Department of Social Services. Day care for working parents and other programs available.

**Center for Disability Services**
**Phone:** 437-5700  **Fax:** 437-5705
**www.cfdsny.org**
**314 South Manning Blvd**
**Albany, NY 12208**
**Phone:** 427-2300
**700 Pearl Street**
**Albany, NY 12202**
Services such as school programs, sheltered workshops and supported employment programs, head injury programs, leisure service programs, overnight weekend respite, medical service, outpatient therapy - physical, speech and occupational needs, health care services (primary care, EMT, dental clinic, swallowing disorders clinic, audiology), residence program, adult day program, technology center, and transportation services.
Child Find of America  
Phone: 800-IAM-LOST  
PO Box 277  
New Paltz, NY 12561  
Locates missing children through investigation, photo distribution, and public information, free of charge. We can only search for and mediate for children under the age of 18 years.

Chinese Community Center  
Phone: 783-2163  
11 Avis Drive  
Latham, NY 12110  
This agency has services for families with children from Asia.

Circles Of Mercy  
Phone: 462-0899  Fax: 462-2892  
www.circlesofmercy.org  
11 Washington Street  
Rensselaer, NY 12144  
Individuals needing help with parenting skills, tutoring, applying and registering for services and entitlements (i.e. Food Stamps, heating and electric bills), transportation and professional clothing for job interviews. Support groups, parenting classes and computer training.

Cobb Memorial School  
Phone: 861-6446  Fax: 861-5228  
www.cobbmemorialschool.org  
PO Box 503  

100-300 Mt. Presentation Way  
Altamont, NY 12009  
Full day program for handicapped school-aged children (5-21 years). Tuition paid by school district or county of residence.

Commission on Economic Opportunity  
Phone: 272-6012  Fax: 272-0658  
www.ceo-cap.org  
2331 Fifth Avenue  
Troy, NY 12180  

Hoosick Falls Family Resource Center: 686-5045  
75 Hoosick Road, Hoosick Falls

Joseph L. Bruno Family Resource Center: 272-6012  
2328 Fifth Avenue, Troy

Rensselaer Family Resource Center: 694-9915  
1641 Third Street, Rensselaer

Stepping Stones I Family Resource Center: 235-9035  
754 Fourth Avenue, Troy (Lansingburgh)

Stepping Stones II: 286-0139  
300 Valley View Blvd, Rensselaer, NY 12144

Southern Rensselaer County Family Resource Center: 766-4120; 24 New Road, Nassau (Schodack border)

Troy Family Resource Center: 273-2488  
2245 Old Sixth Avenue, Troy
Youth Opportunity Center  
(YouthBuild): 237-0583  
282 Fifth Avenue, Troy

CEO is committed to preserving and advancing the self-sufficiency, well being, and growth of individuals, children and families, through education, guidance, and resources.

21st Century: After school academic enrichment and recreational program for students of Doyle Middle School.

Babies in Waiting: Assists customers with pre-natal and childbirth education, family development, and nurse consultation.

Career Development Services: Helping customers with their resumes, job placement and soft skill development.

Childcare: Stepping Stones II Early Learning Center offers a full day program for children ages 6 weeks to five years. Phone: 286-0139; 300 Valley View Blvd., Rensselaer, NY 12144;  
www.steppingstones2.com

Emergency Services: Provides support, advocacy, and case management for a variety of emergency needs.

EmPowerNY: Offers free upgrades to select appliances and home fixtures to reduce energy usage and utility bills.

Food Pantry: Provides emergency food for individuals and families in need.

Family and Children’s Services: Provides individual, family and group counseling services to members of the community in a number of issue areas.

Family Support Services: Advocacy and support services for families of children with social-emotional needs.

Fatherhood Initiative: Encourages fathers and father-figures to be more involved in their child’s life and education.

Financial Literacy Services: Customer will be introduced to a financial literacy program that combines behavioral aspects with personal savings goals.

Foster Grandparent Program: Program for seniors at least 55 years to work 15-40 hours/week with children in schools, day care, Head Start, and after school programs, etc. A stipend is available for income eligible Foster Grandparents.

Head Start/Early Head Start: Child development services to children birth to five years of age and their families in the areas of health, nutrition, social services and education. Expecting mothers can enroll in the Babies in Waiting program.
Teenage Opportunity Program (TOP): Case management services for youth 10-19 years of age who are pregnant and/or parenting and for teens “at risk”.

Transitional Student Support Program: Provides case management, advocacy and referral services for homeless students in Troy and Lansingburgh school districts.

Transport A Hero Program: Offers transportation assistance to help veterans with access to necessary medical and benefits-related services.

VITA Tax Preparation: Provides tax preparation services for income-eligible people who have worked at least part of the year in New York State.

Women, Infant and Children (WIC): Provides nutrition education, food vouchers and health care referrals for infants and children to age five, pregnant and nursing mothers.

Weatherization: Provides energy conservation and home rehabilitation services to select areas throughout the Capital District.

YouthBuild: Provides youth ages 16-24 with the opportunity to continue their education, develop leadership potential and learn valuable construction.

Community Cradle
Phone: 426-1153
www.communitycradle.org
2 EComm Square, 324 Broadway
Albany, NY 12207
Seeks to educate consumers, Human Service and healthcare agencies about current health care issues and provide them with accurate up to date health information through education and training, referral line, data updates and need assessments, web page, quarterly newsletter, resource center/library, community calendar of important events and much more.

Community Gardens of the Capital District
Phone: 274-8685  Fax: 272-2744
www.cdcg.org
40 River Street
Troy, NY 12180
A non-profit group which works to involve more people in garden and agricultural projects. Provides garden sites, garden classes, Community education and other horticultural resources. Operates The Veggie Mobile throughout Rensselaer County.

Community Hospice Grief Centers
Phone: 1-800-678-0711
159 Wolf Road
Albany, NY 12205
The Community Hospice Grief centers provide free professional support, education, information, and resources to the grieving in our community. Services include: Specialized Support groups for grieving children, teens, and adults; Educational presentations; Personal and Family Grief counseling; Crisis Intervention.

Community Maternity Services
Phone: 482-8836    Fax: 482-5805
www.cccms.org
27 North Main Avenue
Albany, NY 12203
Maternity residence, parenting center, and adoption/foster care program for adolescents and children; also transitional residence for children with AIDS. A staff member works out of Seton Catholic Family and Community Services.

Community Voice Mail Program
Phone: 462-7600
www.cvm.org
Career Central, 175 Central Ave
Albany, NY 12206
CVM allows case managers to assign phoneless clients a voice mail box which is accessible from any touch-tone phone.

Community Warehouse
Phone: 686-7540    Fax: 686-7863
www.ercswma.org
21428 Rte. 22
Hoosick Falls, NY 12090
Low cost furniture, appliances and other household goods.

Conifer Park
Phone: 274-5143    Fax: 273-1350
www.coniferpark.com
1801 6th Avenue #1
Troy, NY 12180
Services include: intensive outpatient services, assessment/diagnosis, family counseling, individual counseling, couples counseling, group therapy, psycho-educational groups, professional groups, multi-family group counseling, adolescent groups, psychiatric services, special topics, groups, gender specific groups, and DMV evaluations.

CONCERNS U
Phone: 463-8571    Fax: 463-8747
34 Academy Street
Rensselaer, NY 12144

Back to School Clothing Project
– Schools clothes and supplies are provided for income-eligible
students.

**Christmas Fund** – Identification of people 60 years or older who need financial assistance at Christmas time. Collaboration with Times Union.

**Christmas Store** – Families set up appointment times during a week in December to shop for Christmas gifts, such as toys, stocking stuffers, and knitted items for their families.

**Coats for Kids** – Distribution site in Southern Rensselaer County to provide winter clothing to needy youth.

**Food Pantry** – Runs 9am-2pm, Monday-Friday

**Consultation Center**
Phone: 489-4431  Fax: 489-5189
consultationcenteralbany.org
790 Lancaster Street
Albany, NY 12203
Individual therapy and psychological testing; a variety of therapy groups; education programs in the area of mental health and personal growth.

**Consumer Credit Counseling Service**
Phone: 482-2227
www.cccscn.org
2 Computer Drive West
Albany, NY 12205
Free financial counseling programs, debt management programs to repay debt without declaring bankruptcy, and education seminars.

**Consumer Protection Board, New York State**
Phone: 486-9846 or 800-697-1220
www.nysconsumer.gov
5 Empire State Plaza, Suite 2101
Albany, NY 12223
Receives complaints, investigates, surveys and distributes educational materials; represents consumers’ interests before federal, state and local agencies; intervenes on behalf of consumer PSC hearings.

**Continuing Treatment Services**
Phone: 271-1122  Fax: 271-1791
Samaritan Hospital
1801 6th Avenue
Troy, NY 12180
Comprehensive treatment services for mentally ill/chemically addicted individuals. Provides psychiatric and psychological evaluations, medication, individual and group therapy, education, peer support, vocational counseling, and self-help programs to help clients lead productive, chemical-free lives.

**COPES Network Center**
(Challenging Our Problems with Emotional Support)
Phone: 235-2173  Fax: 235-8126
618 Second Avenue
Troy, NY 12180
A peer based support center located in Lansingburgh. Offers a safe, non-judgmental setting for those who may be dealing with mental health problems.
and/or addiction concerns. Several self-help groups during the week. Although attention is focused on non people taking an active role in their own recovery, there are advocacy services for the rights, freedom, and choices of those they serve. Meals are served throughout the week free of charge.

Cornell Cooperative Extension  
Phone: 272-4210    Fax: 272-1648  
www.ccerensselaer.org  
61 State Street  
Troy, NY 12180  
Education programs: parenting, consumer interests, nutrition, horticulture, 4H, agriculture.  

Eat Smart New York – Food and nutrition education.  
Programs include education in the management of money, food, budgeting, menu planning, food preparation and nutrition based on the needs and desires of the participants. Serves all low or moderate income populations – not limited to pregnant women or families.  

Expanded Food and Nutrition Education Program – Focuses on food and nutrition education and budgeting. Program includes education in money management, food, menu planning, and food preparation and nutrition based on the needs and desires of the participants. Nutrition teaching assistants work with adults and youth on an individual basis in their home or in groups. Serves families with children and pregnant women.  
Project Self-Discovery – Teen pregnancy prevention education.  
Teenage Parenting Program – Provides group meetings for pregnant and/or parenting teens under 21 years old, at the request of a school or agency. Topics covered include: nutrition, discipline, potty training, birth control, etc.  
Teen Stork Room – Provides free baby clothing, maternity clothing, toys and other baby necessities to pregnant or parenting teens. Operates solely on donations and is located in the Troy office building.

Council of Nonprofits, NY  
Phone: 434-9194    Fax: 434-0392  
www.nycon.org  
272 Broadway  
Menands, NY 12204  
Specific activities include applies research and needs assessments, community organization, program and resource development, program evaluation, coalition development, this human services directory and several other publications, board development, and group insurance plan administration for member nonprofits.
Counseling Care and Services
Phone: 237-4263
counselingcareandservices.org
405 Vliet Boulevard
Cohoes, NY 12047
Counseling individuals, groups, couples and families dealing with emotional adjustment, strained relationships, special services to codependent, and adult children of alcoholics, referral services, educational programs in parenting skills, communications and community mental health issues and school consultation.

Crime Victims Assistance
Phone: 270-4040 Fax: 270-4025
80 2nd Street, Troy, NY 12180
Rensselaer County Court House, Congress Street
Troy, NY 12180
Provides advocacy, court assistance and referral to other agencies to crime victims and their families.

Crime Victims Board of New York State
Phone: 457-8727
www.cvb.state.ny.us
845 Central Avenue, Suite 107
Albany, NY 12206
Provides crime victim compensation for causally-related unreimbursed out-of-pocket expenses, loss of earnings, and loss of personal property. Also provides information, referral and advocacy services.

Child Health Assistance Program (CHAP): 462-3861
Provides preventive health care for children from birth to age 21. Offers early periodic screening, diagnosis and treatment. Must be Medicaid participants, must be referred by case worker.

Child Protective Services: Phone: 800-342-3720
Receives and investigates all suspected reports of child abuse and neglect. Prevention services to stabilize family relationships and keep the family intact.

Child Support: 888-208-4485
Services to help families find missing parents, obtain child support, to establish paternity and help a family remain financially independent.

Day Care: 833-6190
Care for children outside of their home for low income families who need child care help and supervision while parent is in job related training.

Domestic Violence: 272-2370
Includes service to wives, husbands or persons living together, with or without children, to help them resolve the problems which lead to violence or assist them in establishing themselves independently, if necessary.

Emergency Assistance to Adults: 270-3950
Emergency aid for person’s eligible for or receiving SSI, includes replacements of goods or cash,
which cannot be met by regular monthly benefits.

**Emergency Assistance to Families:** 270-3950

Aid, care and services to families with children in order to cope with crisis situations and meet urgent needs.

**Support & Investigation:** 270-8600

Locates parents absent from households on public assistance.

**Temporary Assistance:** 270-3950

Financial assistance updates for public assistance clients.

**Temporary Assistance to Needy Families:** 270-3950

Cash grant for basic needs, training/employment services, energy assistance and day care given to a family with minor children without sufficient means of support.

**Transitional Opportunity Program (TOP):** 270-8638

Assistance to employed TANF recipients to reach self-sufficiency

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**Damien Center**

[www.albanydamiencenter.org](http://www.albanydamiencenter.org)

**ALBANY**

Phone: 449-7119  Fax: 449-7881

12 South Lake Avenue

Albany, NY 12203

**TROY**

Phone: 274-5920 Ext. 206

392 Second Street

Troy, NY 12180

The Damien Center provides a drop-in community center, living room, and activities for persons living with and affected by HIV/AIDS. Programs and activities are designed to improve health, reduce stress, and enhance quality of life. Also available for use by other local organizations and groups that provide activities and support for persons living with HIV/AIDS. Another Damien Center is located in Schenectady (374-0848).

**DePaul Residence**

Phone: 482-3248

504 Central Avenue

Albany, NY 12206

Provides a 50-room, single room occupancy housing program for homeless persons. Priority for persons in emergency shelters.

**Developmental Pediatrics**

Phone: 782-7733  Fax: 782-0800

[www.capcare.com](http://www.capcare.com)

7B Johnson Road

Latham, NY 12110

Neurodevelopment diagnostic and referral service for infants and young children with, or at risk of, developmental disability.

**Disability Advocates**

Phone: 432-7861

[www.disability-advocates.org](http://www.disability-advocates.org)

5 Clinton Square 3rd Floor

Albany, NY 12207

Provides protection and advocacy services concerning abuse, neglect and rights of eligible disabled individuals through individual representation, legal advocacy,
class action and impact litigation, administrative advocacy and other law reform activities.

**Disabilities Law Clinic (Albany)**  
**Phone:** 445-2317 Ext. 3  
**Fax:** 434-8612  
**80 New Scotland Avenue**  
**Albany, NY 12208**  
Serves people who are developmentally disabled as defined by federal legislation. Provides legal advice, representation at court and administrative hearings. Investigates and negotiates solutions to problems brought by the developmentally disabled and their families. Provides clients and their families or guardians with information on their rights and how to protect them.

**Donovan House**  
**Phone:** 885-8220  
**Fax:** 885-1633  
**30 East High Street**  
**Ballston Spa, NY 12020**  
Group home for court referred adolescent boys, with emphasis on family counseling. Family must be within two hours travel time. Paid by Dept. of Social Services - agency referred. Contracted with Albany, Rensselaer, Saratoga, Schoharie, Warren, and Washington Counties.

**Early Childhood Directions Center of the Capital Region**  
**Phone:** 464-6377  
**Fax:** 464-6369  
www.vesid.nysed.gov  
**The Maywood School**  
**1979 Central Avenue**  
**Albany, NY 12205**  
Information and referral for families of children aged birth through five years with suspected or confirmed disabilities, assists parents with the process. Assistance is provided in locating educational programming, developmental screening, medical services, respite care, transportation, therapy, counseling, financial and legal aid. Serves 11 counties.

**Early Childhood Education Center**  
**Phone:** 456-4466  
**Fax:** 456-4536  
**251 Washington Ave Extension**  
**Albany, NY 12205**  
The Village Pre-school Site services children aged three to five with special needs, in the areas of speech/language and learning development. Speech/language, psychological, occupational therapy, physical therapy and family services.

**Early Intervention Program**  
**Phone:** 473-7016  
**bei@health.state.ny.us**  
**NYS Department of Health**  
The New York State Early Intervention program (EIP) is part of the National Early Intervention Program for infants and toddlers with disabilities and their families. To be eligible for services, children
must be less than three years of age and have a confirmed disability or established developmental delay as defined by the state, in one or more of the following areas of development: physical, cognitive, communication, social-emotional, and/or adaptive.

Easter Seal Society
Phone: 456-0828    Fax: 456-5094
www.easterseals.com
292 Washington Avenue Ext.
Albany, NY 12203
The Preschool Intervention Program is designed to meet the special needs of children ages two to five years who are exhibiting delays in one or more development skill area. Support groups are also available.

Eating Disorders, Capital Region Association for
Phone: 452-3028
www.craed.org
1653 Central Avenue
Albany, NY 12205
Information and referrals on eating disorders such as bulimia, anorexia nervosa and compulsive eating. Provides eating disorder newsletter and support groups. Newsletter, informative literature, workshops, speaker’s bureau, wellness programs.

Eddy, The
Phone: 271-5950    Fax: 273-3307
www.nehealth.com
2256 Burdett Avenue
Troy, NY 12180
A network of comprehensive care services for all populations.

Eddy Day Break Programs
Phone: 237-5630    Fax: 237-9912
421 West Columbia Street
Cohoes, NY 12047
Adult day care programs, medical and social models.

Educational Opportunity Center
Phone: 273-1900
www.hvcc.edu/eoc
145 Congress Street
Troy, NY 12180
BRIDGE program offers a job readiness training class to TANF recipients who need help finding a job or reaching goals. Free to qualified applicants.

El CentroCivico (Hispanic American Civic Center)
Phone: 465-1145
www.centrocivicoalbany.org
230 Green Street
Albany, NY 12202
Provides information and referral services in the areas of employment, education, housing and legal help to the Hispanic Community. Provides advocacy, interpretation and crisis intervention.
Employment and Training Facility  
Phone: 802-442-6376  
www.vermontjoblink.com  
Bennington, VT 05201  
This program is for both in school and out of school students. The program is based on special educational plans of the individual and begins to assist students in support for educational success. The program helps with job searches such as resume writing, interview skills, and work clothing or uniforms along with transportation.

Epilepsy Foundation of Northeastern NY  
Phone: 800-894-EACD or 456-7501  
Fax: 452-1282  
www.epilepsyfoundation.org  
3 Washington Square  
Albany, NY 12205  
Family training, advocacy, support groups, case management, public education information and referral, in-service training, school alert.

Evenstart  
Phone: 474-5807  
Fax: 283-8425  
89 Washington Avenue, Room 381 EBA  
Albany, NY 12234  
A literacy program designed to break the cycle of poverty and illiteracy improving the educational opportunity for low-income families. Integrates early childhood education, adult literacy and basic education, and parenting education into a unified literacy program. Provides educational support, home visits and access to community services to families and children up to age seven.

Equinox, Inc.  
Phone: 434-6135  
Fax: 434-4502  
www.equinoxinc.org  
95 Central Ave  
Albany, NY 12206  
Equinox provides assistance in a safe and supportive environment to individuals and families to help them find the resources within themselves to grow and make positive and lasting changes in their lives and within their communities.

Families in Crisis Program  
Phone: 272-3288  
www.familiesincrisis.org  
Unity House, 504 Broadway  
Troy, NY 12180  
Services to victims of domestic violence, and abused neglected individuals age 18 and older. Provides safe, non-violent shelter in a secret location, crisis intervention, counseling, legal advocacy, assistance with Department of Social Services and housing information and referral.
Family and Children’s Services  
Phone: 462-6531  
650 Warren Street  
Albany, NY 12180  
This organization provides thousands of families and individuals with the counseling, programs and information resources they need to maintain satisfying and healthy lives. Clients may benefit from flexibly scheduled counseling and specialty services that are provided by seasoned licensed therapists and information professionals.

Family Court, Rensselaer County  
Phone: 453-5515  
1504 5th Avenue  
Troy, NY 12180  
Legal solutions to family problems, juvenile delinquency, adoptions, abused and neglected children, support, family offenses and conciliation. Free drop-in childcare.

Family Life Center  
Phone: 465-0241  
20 Elm Street  
Albany, NY 12202  
Family Life Center offers meetings and classes for pregnant women and their support person/partner. It also enhance a woman’s empowerment and joy during her childbearing year while providing local birth professionals with shared office space.

Father’s Rights Association of the Capital District  
Phone: 374-2346  
PO Box 13534  
Albany, NY 12212  
Counseling, referrals to attorneys, mediators and professional counseling, care of children in joint custody situations, child support problems, child abuse problems, etc. $35 yearly fee.

Food Bank – Regional Food Bank of Northeastern NY  
Phone: 786-3691 Fax: 786-3004  
www.rfbneny.com  
965 Albany Shaker Road  
Latham, NY 12110  
Works to alleviate hunger and prevent food waste. Collects donations of food from the food industry for distribution to charitable agencies feeding the needy. Fees: Programs receiving food are asked to contribute 16 cents per pound for food received.

Four Doors Down  
Phone: 674-4048  
PO Box 522  
West Sand Lake, NY 12196  
A United Parish Ministry that provides clothing, food and advocacy to families in need. Financial assistance for emergency needs in medical care, heat, and electricity.
Four Winds Psychiatric Hospital  
Phone: 584-3600    Fax: 584-3127  
www.fourwindshospital.com  
30 Crescent Avenue  
Saratoga Springs, NY 12866  
A psychiatric health service system providing inpatient, partial hospital and outpatient services for children, adolescents, adults and seniors.  
Special treatment program for eating disorders, trauma, dual diagnosis, and a program for college-age patients, in affiliation with Skidmore college.

Girl Scouts, Hudson Valley Council  
Phone: 489-8110    Fax: 489-8065  
www.gsneny.org  
8 Mountain View Avenue  
Albany, NY 12205  
The Hudson Valley Girl Scout Council’s mission is to inspire girls with the highest ideals of character, conduct, patriotism and service so that they might become happy and resourceful citizens.

Goodwill  
Phone: 459-5580  
www.goodwillny.com  
1 Fuller Road  
Albany, NY 12205  
720 Hoosick Road Street  
Troy, NY 12180  
Goodwill Industries International enhances the dignity and quality of life of individuals, families and communities by eliminating barriers to opportunity and helping people in need reach their fullest potential through the power of work.

Greater Upstate Law Project  
Phone: 462-6831    Fax: 462-6687  
www.empirejustice.org  
119 Washington Avenue  
Albany, NY 12210  
Statewide support center for legal services offices outside of NYC. Referrals to local programs; limited capacity to take individual cases. Serves low income individuals.

Habitat For Humanity  
Phone: 273-6224  
35 State Street  
Troy, NY 12180  
A nonprofit, ecumenical Christian housing ministry that seeks to eliminate poverty housing and homelessness from the world and to make decent shelter a matter of conscience and action. People of all backgrounds, races and religions are invited to build houses together in partnership with families in need. Habitat for Humanity was founded in 1976 by Millard Fuller and his wife, Linda. Today, Habitat has built over 350,000 houses around the world, providing more than 1.75 million people in 3,000 communities with safe, decent, affordable shelter.
Healthy Kids  
Phone: 274-1279  Fax: 271-7219  
2215 Burdett Avenue  
Troy, NY 12180  
Program designed to support parents challenged with the responsibilities of raising their children. Offers home visiting services to pregnant women and families of newborns residing in all areas of Rensselaer County.

HEAP (Home Energy Assistance Program)  
Phone: 1-800-342-3009  
www.otda.state.ny.us/main/heap  
The federally-funded Home Energy Assistance Program may help you pay for electricity, gas, oil, coal, propane, wood or kerosene. Even if heat and utilities are included in your rent, HEAP may be able to help you.

Help For Seniors  
Phone: 800-677-1116  
Provides information, services and software that furnishes comprehensive and detailed information about all service providers and programs in the Capital Region that serve the elderly, disabled, and their families.

Helping Hands School  
Phone: 664-5066  Fax: 664-5728  
www.helpinghands.org  
41 Werner Road  
Clifton Park, NY 12065  
Preschool for developmentally delayed pre-schoolers age birth-five. Individual speech and language therapy offered. Occupational therapy, physical therapy and psychological services. Transportation provided. Approval of local school district for age’s three to five.

Heritage Home for Women  
Phone: 374-6921  Fax: 370-1873  
www.heritagehome4women.net  
1519 Union Street  
Schenectady, NY 12309  
Domicile for elderly ladies providing 24 hour room, board and personal care. All rooms are private.

Hill-Burton Uncompensated Care Program  
www.hrsa.gov  
This program provides free or below cost care to those who can not afford hospital costs. Patients must apply for and receive a letter of denial from Medicaid.

Hispanic Services  
Phone: 462-6829  
40 North Main Street  
Albany, NY 12204  
326 Clinton Avenue  
Albany, NY 12206  
Services offered through the Center for Community Collaboration to provide for the Hispanic/Latino Community such as: advocacy, referrals and/or intervention.
Offers aid in obtaining public assistance, food stamps, Medicaid, day care, emergency food, clothing and shelter.

**Home Delivered Meals**
**Phone:** 270-2739
**Department for the Aging**
**County Office Building**
**1600 Seventh Avenue**
**Troy, NY 12180**
Delivers meals to individuals over 60 residing in Rensselaer County. Call for eligibility requirements.

**Homecare Association for New York State**
**Phone:** 426-8764  **Fax:** 426-8788
**194 Washington Ave, Suite 400**
**Albany, NY 12207**
Association of non-profit, voluntary and public long-term care facilities and community service providers. Services provided statewide to member organization and consumers. Provide information about long-term services and facilities in the private, non-profit and public sectors.

**Homeless Action Committee**
**Phone:** 426-0554  **Fax:** 462-5839
**homelessaction.com**
**393 North Pearl Street**
**Albany, NY 12207**
HAC works to end homelessness in Albany; operates an Outreach Van which provides basic survival aid, referrals and transportation to people living on the streets; HAC operates permanent housing for chronic alcoholics who have been living on the streets for years.

**Homeless and Travelers Aid Society**
**Phone:** 463-2124  **Fax:** 463-0263
**www.hatas.org**
**138 Central Avenue**
**Albany, NY 12206**
Provides 24-hour referral and short term counseling servicing homeless persons, persons at risk of becoming homeless, and stranded travelers in the Capital District. Provides shelter referrals; short term counseling and case management toward stabilizing housing, financing; limited assistance with job search; list of temporary employment possibilities; assistance with local and long distance transportation for eligible persons.

**Homer Perkins Center, The**
**Phone:** 436-1104  **Fax:** 436-1156
**www.trinityalliancealbany.org**
**76-82 Second Street**
**Albany, NY 12210**
Drug free residential program offering on-site education in the areas of nutrition, drugs and alcohol and HIV. Individual, family and group counseling.
Hoosick Area Food Pantry & Church Association  
Phone: 686-5310  
26 John Street  
Hoosick Falls, NY 12090  
Local churches have donated food for families that live in the surrounding area of Hoosick Falls. Holiday and special occasion baskets and meals are also available.

Hoosick Housing Authority  
Phone: 686-7316  
One Hoosac Meadows Way  
Hoosick Falls, NY 12090  
Offers Section 8 and affordable housing to income qualified families and seniors. One, two and three bedroom apartments are available for applicants.

Hope 7 Food Pantry  
Phone: 272-8029  
Fax: 272-5782  
520 Pawling Avenue  
Troy, NY 12180  
Monthly food pantry for those in need of assistance.

Horizon Center Inc.  
Phone: 465-3215  
Fax: 433-8335  
28 Elizabeth Street,  
Albany, NY 12202  
Housing, counseling and transitional services to adults that are under supervision of the Federal Bureau of Prisons. Sex offenders and arsonists are not eligible.

Hospitality House Therapeutic Community  
Phone: 434-6468  
Fax: 434-6302  
271 Central Avenue  
Albany, NY 12206  
Residential drug free, co-educational program designed for young adults 16-35 years with drug and/or alcohol dysfunction.

Hudson Mohawk Recovery Center  
Phone: 272-3918  
Fax: 272-6391  
www.pahlinc.org  
16 First Street  
Troy, NY 12180  
Provides comprehensive outpatient alcoholism programs for alcoholics, chemically dependent alcoholics, family members, and children of alcoholics. Also has a Day Treatment Program and offers off-site childcare for women in treatment.

Residential Chemical Dependency Program for Youth – for adolescents with drug and alcohol problems, ages 13-18, length of stay six to nine months. Provides a holistic approach to treatment including: individual, group and family therapy and education/vocational services.

Hunger Action Network  
Phone: 434-7371  
www.hungeractionnys.org  
275 State Street, Fourth Floor  
Albany, NY 12210
Hunger Action is a coalition of emergency food programs, faith-based organizations, community advocates, and low-income individuals whose goal is to end hunger and its root causes, including poverty in New York State.

Immaculate Conception Church
Phone: 686-5064  Fax: 686-1625
67 Main Street
Hoosick Falls, NY 12090
This church program offers emergency services for local residents of the Hoosick Falls area. The program, assisted by the Salvation Army, offers food and gas cards on a one time basis.

In Our Own Voices
Phone: 432-4188  Fax: 432-4123
www.inourownvoices.org
245 Lark Street
Albany, NY 12210
A collaborative organization of lesbian, gay, bisexual and transgendered people of color. IOOV’s goal is to work for and insure the physical, mental, spiritual, social, cultural and economic survival and growth of lesbian, gay, bisexual and transgendered people of color.

Independent Living Center, Hudson Valley
Phone: 274-0701  TDD: 274-0216
Fax: 274-7944

www.ilchv.org
15 Third Street
Troy, NY 12180
Provides services to all people with disabilities and their families. Independent living skills benefits, career and vocational counseling, advocacy, information and referral for people with disabilities. Serves Rensselaer and Columbia Counties.

Interfaith Partnership for the Homeless
Phone: 434-8021
176 Sheridan Avenue
Albany, NY 12210
Interfaith Partnership for the Homeless is a non-denominational organization that as provided services to homeless individuals and families since 1984. Interfaith empowers people to become self-sufficient, reduce dependence upon public assistance, strengthen life skills and eliminate homeless recidivism.

Interim Healthcare
Phone: 452-3655  Fax: 452-0765
www.interimhealthcare.com
1735 Central Avenue
Albany, NY 12205
A nursing service-providing care in homes, hospital, nursing and adult homes. Supplemental staffing, hospitals and nursing homes. Registered nurses, licensed practical nurses, nurses aides, and home
health aides. Licensed by NYS Department of Health.

Job Service and Training, NYS Dept Of Labor
Phone: 402-6675    Fax: 402-0774
49 Fourth Street, Suite 212
Troy, NY 12180
Provides assistance with job placement and counseling.
Provided by the New York State Employment Service.

Joseph’s House and Shelter
Phone: 272-2544    Fax: 272-9370
www.josephshouseandshelter.org
74 Ferry Street
Troy, NY 12180
Temporary (two to three weeks) day and overnight shelter for homeless individuals and families. Includes food, bathing facilities, clothing vouchers, information, referral and advocacy. Anyone under 16 must be accompanied by a parent or guardian.

Junior League of Albany
Phone: 274-7100
www.juniorleaguealbany.org
87 N Main Ave
Albany, NY 12203
Train volunteers to serve the Capital District through community oriented projects such as the Food Shuttle (food distribution to shelters and pantries) and Race for the Cure (breast cancer research fund-raiser).

Junior League of Troy
Phone: 496-7548
www.JLtroy.org
P.O. Box 1161
Troy, NY 12181
Junior League of Troy is a member of Junior Leagues International. It is an organization of women, committed to promoting volunteerism through the effective action and leadership of trained volunteers.

Kaydeross House
Phone: 587-4277
57 Kirby Road
Saratoga Springs, NY 12866
A 24 hour supervised group home designed to treat 12 female children and adolescents between the ages of nine and 18 who display evidence of emotional and behavioral disturbances.

Kids After Divorce
Phone: 443-2223
www.afccnet.org
756 Madison Avenue
Albany, NY 12208
This program offers parenting classes.

Kid’s Place Pre-School
Phone: 766-2303
13 Church Street
Nassau, NY 12123
The Kid’s Place is a cooperative preschool, designed to help children
age’s two to five grow socially
and intellectually in a nurturing
environment.

LaSalle School
Phone: 242-4731   Fax: 242-4747
www.lasalle-school.org
391 Western Avenue
Albany, NY 12203
Provides a variety of therapeutic
services to troubled adolescent
males and their families. These
services include residential
treatment, day services, independent
living and after care. A special
education program for grades 6 to
12 serves both the residential and
day students. A prevention program
offering outreach to adolescent
males and their families is also
available.

Legal Aid Society of
Northeastern New York
Phone: 800-462-2922
Fax: 427-8352
www.lasnny.org
55 Colvin Avenue
Albany, NY 12206
Provides free legal representation
for low-income individuals and
groups on civil rights, housing,
welfare, social security income (SSI),
disability, food stamps, emergency
assistance, public assistance,
Medicaid, employment, education,
family, etc.

Literacy Volunteers of
Rensselaer County
Phone: 274-8526   Fax: 274-8610
www.lvorc.org
1915 Fifth Avenue
Troy, NY 12180
Trained volunteers provide free,
confidential, one-to-one and group
instruction to teens that are no
longer in school and adults in basic
reading and writing and in speaking
English.

Make A Wish Foundation of
Northeast NY
Phone: 782-4673   Fax: 782-0618
neny.wish.org
1 Mustang Drive
Cohoes, NY 12047
Grants wishes to children 2½ to 18
years of age with life-threatening
illnesses.

March Of Dimes
Phone: 453-0474   Fax: 453-0477
www.marchofdimes.com
4 Computer Drive West
Albany, NY 12205
Public and professional prenatal
education classes, nutrition,
referrals, lending library of films,
books and booklets.

Marillac Residence
Phone: 869-1960   Fax: 869-3046
195 Washington Avenue Ext.
Albany, NY 12205
Transitional program for homeless
families. Twenty-four apartments
available for temporary residence (3-6 months) while family is involved in program focusing on home arrangement, parenting, school attendance, healthcare. Operated by Saint Catherine’s Center for Children.

Meals on Wheels
Phone: 465-6465
20 Rensselaer Street
Albany, NY 12202
Meals on Wheels provides healthy meals to homebound seniors in Albany County every day of the week. This is a service to seniors who are disabled or unable to cook for themselves. Meals on Wheels are delivered Monday - Friday. The meals can be picked up anytime between 9:30 - 11:00 am depending on your availability.

Mentally Ill Chemically Addicted (MICA) Continuing Treatment Services
Phone: 271-1122 Fax: 271-1791
1801 Sixth Avenue
Troy, NY 12180
Samaritan Hospital’s Continuing Treatment Services is a restructured Outpatient Day Treatment Program committed to providing comprehensive services to psychiatrically impaired substance abusing adults (18 and over). Services include group therapy, individuals and family therapy, vocational counseling, case management services, psychiatric/medical monitoring, and opportunity to participate in an activities program.

Moms Clinic
Phone: 235-7282 Fax: 235-4274
Cohoes Family Care
95 Remsen Street
Cohoes, NY 12047
Pre-Natal education program designed for women with Medicaid services or who has no health insurance.

Mothers Against Drunk Driving (MADD-NY)
Phone: 785-6233 madd.org
790 Watervliet Shaker Road, Latham, NY 12110
MADD-NY provides services to victims of drunk drivers, their families and loved ones. Services include 24-hour crisis hotline, grief support groups, crisis counseling, legal advocacy, court accompaniment, and assistance obtaining financial compensation. Legislative advocacy, public education, victim impact panels and speakers available.

Muscular Dystrophy Association
Phone: 489-5495 Fax: 453-1477 www.mda.org
1 Marcus Blvd. Suite 203
Albany, NY 12205
Provides aid to those afflicted
with neuromuscular diseases, public health education, clinic and diagnostic testing, genetic counseling, summer camping sessions and physical therapy

NAACP – Troy Branch
Phone: 271-0700
542 8th Avenue
Troy, NY 12180
The National Association for the Advancement of Colored People is the most effective and most respected civil rights organization in the country. The NAACP New York State Conference has been a vital programmatic component of the NAACP for 72 years.

Nassau Library
Phone: 766-2715
18 Church Street
Nassau, NY 12123
Provides emergency food, clothing and furniture (when available). Also provides information and resources for other area agencies.

National Kidney Foundation of Northeastern NY
Phone: 458-9697 Fax: 458-9690
www.kidney.org
99 Troy Road, Suite 200
East Greenbush, NY 12061
Patient and community services, public and professional education, transportation and emergency subsidies, camperships, informational materials, speakers bureau, newsletter, research support and organ donation advocacy.

New York State Association of Community And Residential Agencies
Phone: 449-7551 Fax: 449-1509
www.nysacra.org
240 Washington Ave Extension Suite 501
Albany, NY 12207
NYSACRA advocates for policy directions and support services that enable people with developmental disabilities to live in homes in their communities.

New York State Association of Retarded Children
Phone: 439-8311 Fax: 439-1893
393 Delaware Avenue
Delmar, NY 12054
NYSARC is a voluntary organization of 57 chapters consisting of parents, friends and volunteers serving thousands of people with mental retardation.

New York State Center for Sudden Infant Death Syndrome
Albany Medical Center
Phone: 262-5918 or 800-336-SIDS
Fax: 272-5881
Provides information to support families, as well as education and awareness programs to the community regarding facts
and bereavement of all sudden unexpected deaths of infants.

New York State Coalition Against Domestic Violence
Phone: 482-5465    Fax: 482-3807
www.nyscadv.org
350 New Scotland Avenue
Albany, NY 12208
Provides comprehensive information and resources, policy development and technical assistance designed to enhance community response and prevent domestic violence.

New York State Dispute Resolution Association
Phone: 687-2240
1450 Western Avenue
Albany, NY 12203
The Association is a membership organization representing the statewide network of Community Dispute Resolution Centers and others in the field of dispute resolution. Contracts with state agencies and others to implement, through the Centers, mediations and training programs with statewide impact. Provides Alternative Dispute Resolution training and other professional development services and promotes the use and public awareness of ADR process. Membership fees.

New York State Psychological Association
Referral Service: 1-800-732-3933
6 Automation Lane, Suite 103
Albany, NY 12205
Provides referrals for licensed psychologists.

New York Statewide Senior Action Council
Phone: 436-1006 or 800-333-4374
275 State Street
Albany, NY 12210
Statewide operates a toll free hospital patient's rights HOTLINE for New Yorkers of all ages. Advocates for seniors and publishes a bi-monthly newspaper, Senior Action.

Next Step
Phone: 465-5249
2 Holland Avenue
Albany, NY 12206
Residential treatment program for recovering alcohol and drug addicted women, 18 and over.

Northeast Association for the Blind
Phone: 463-1211
www.naba-vision.org
301 Washington Avenue
Albany, NY 12206
Since 1908, the Northeastern Association of the Blind at Albany, Inc. (NABA) has provided comprehensive programs and
services to residents of the greater Capital Region who are blind or visually impaired. NABA’s services help individuals of all ages adapt to their vision loss, maximize their remaining vision, achieve their goals, and be more productive and independent.

Northeast Career Planning  
Phone: 273-0818  Fax: 273-7119  
www.northeastcareer.org  
1700 Sixth Avenue  
Troy, NY 12180  
Educational and support services to individuals with special needs seeking employment and businesses seeking employees. Services provided: vocational testing, assessment, career exploration, and job seeking skills, resume preparation assessment, job coaching, job task analysis, and prescreening.

Northeast Parent and Child Society  
Phone: 346-1284  
www.neparentchild.org  
530 Franklin Street  
Schenectady, NY 12305  
Provides therapeutic, educational, and residential services, including an emergency shelter for children who are emotionally handicapped or learning disabled. Serves PINS and JDs. All programs include family therapy.

Oley Foundation, The  
Phone: 262-5079 / 800-776-OLEY  
www.oley.org  
214 Hum Memorial A-23  
Albany, NY 12208  
Serves in research, training and education in the field of home parental and enteral nutrition. Monthly newsletter mailed to over 4,000 nationwide. Offers network of regional support and outreach. Fee to professionals is $40 per year.

Our Brothers’ Keepers Foundation  
Phone: 474-5925  
www.obkf.org  
PO Box 1872  
Albany, NY 12206  
OBKF is a grass roots organization raises money to support programs that provide a range of direct services to persons living with the HIV infection, their loved ones, and families, education, and prevention programs that target persons at risk for HIV. Comprised of volunteers, OBKF is incorporated with NYS Department of State and raises money by sponsoring social events and accepting voluntary contributions and memorials.

Parsons Child and Family Center  
Phone: 426-2600  Fax: 447-5234  
www.parsonscenter.org  
60 Academy Road  
Albany, NY 12208
Multi-service agency serving emotionally troubled youth and their families. Prevention, Child & Family Guidance Clinic, Day Treatment, Foster Home Care, Adoption, Campus, Residential, Group Home, Special/Pre-vocational Education, Professional Training.

Pearl Street Counseling Center
Phone: 462-4320  Fax: 462-4360
109 State Street
Albany, NY 12207
Provides outpatient substance abuse treatment, evaluation and referral, advocacy services. Limited to clients with past or present substance involvement.

Peter Young: Housing, Industries, Treatment.
Phone: 272-7541  Fax: 274-1860
www.pyhit.com
820 River Street
Troy, NY 12180
Alcoholism Community Residence and supportive Living Program for males in need of more structured living arrangements with 24 hour supervision.

Planned Parenthood, Upper Hudson Area
Admin Phone: 434-5678
plannedparenthood.org/uhpp
200 Broadway
Troy, NY 12180
Phone: 274-5640

855 Central Avenue
Albany, NY 12206
Phone: 434-5678
The Capital District’s largest family planning agency. Services include health care, counseling and educational programs for men and women. Special programs are offered to teens, parents, and mid-life women. Health care includes birth control, diagnosis and treatment of STDs, HIV counseling and testing, pregnancy testing, abortion or referrals.

Prevention Information Resource Center, Prevent Child Abuse
Phone: 445-1273
1-800-342-PIRC (7472)
33 Elk Street
Albany, NY 12207
Provides information and referral service for parents, child care professionals and other citizens who want to prevent child abuse and intervene in abusive situations. PIRC can provide callers with information and materials about child abuse and neglect, new parent and prenatal programs, parent education and support groups, services for parents under stress, services for abused children and adult survivors of abuse, local child abuse prevention programs, and New York’s Child Protective System.
Prisoners Legal Services of NY  
Phone: 438-8046  Fax: 438-6643  
www.plsny.org  
41 State Street  
Albany, NY 12207  
Civil legal services for inmates in facilities operated by New York State, but not in county jails. 75 mile radius from Albany.

Provisions Community Food and Storehouse  
Phone: 273-6434  
461 Fulton Street  
Troy, NY 12180  
Food Pantry Services.

Public Defender  
Phone: 270-4030  
Rensselaer County Court House  
80 Second Street  
Troy, NY 12180  
Provides legal counsel to individuals and families who can not afford it.

Public Service Commission  
Phone: 1-800-342-3377  
www.dps.state.ny.us  
3 Empire State Plaza  
Albany, NY 12223  
Open 8:30 - 4:00; 1-800-342-3355, emergency cut off 4:00-7:30  
Protection against utility cut-offs, investigates complaints against utility companies.

QUESTAR III  
Phone: 273-2264  
www.questar.org

35 Colleen Road  
Troy, NY 12180  
Job training and adult education for people aged 16+ and out of school. Offered in Troy and at rural locations in Rensselaer County.  
Adult Basic Education, Adult Licensed Practical Nursing, ESL, External High School Diploma, GRASP/High School Diploma Program-Giving Rural Adults a Study Program, Vocational Counseling, Job Club, GED Program-high school equivalency, occupational training programs, academic and career assessment, and counseling.

Remove Intoxicated Drivers Victim Center  
Phone: 372-0034  Fax: 370-4917  
www.rid-usa.org  
PO Box 520  
Schenectady, NY 12301  
RID helps DWI victims, holds victim support group meeting monthly, provides speakers for schools, holds victim impact panels, publishes a newsletter and has bulletin services.

Rensselaer County Departments and Services:  
www.rensco.com

Department for the Aging  
Phone: 270-2730  Fax: 270-2737  
1600 7th Avenue  
Troy, NY 12180
Ned Pattison Rensselaer County Government Center
Serving Senior Citizens throughout Rensselaer County. Provides advocacy, confidential counseling, employment, health education and preventive medical services, legal services, nutrition education, congregate and home delivered meals, public information related to aging, recreation, in-home services, transportation services, HEAP-energy assistance, S.H.A.R.E. (Seniors Helping After Retirement) senior volunteer program, and R.O.U.S.E. (Rensselaer County Organization United for Senior Endeavors) coalition of Rensselaer County senior citizens organizations. Five multi-service senior centers:

**Eastern Area**
2 Roxborough Rd.
Cropseyville, NY 12052
279-3413

**Hoosick Falls**
69 Church Street
Hoosick Falls, NY 12090
686-7561

**Rensselaer**
East and Herrick Street
Rensselaer, NY 12144
463-2166

**Southern Tier**
1800 East Schodack Road
Castleton, NY 12033
477-6581

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**Troy**
19 Third Street
Troy, NY 12180
270-5348

**Department of Health**
Phone: 270-2655  Fax: 270-2973
www.rensco.com/health
1600 7th Ave. & State Street
Troy, NY 12180

*Clinical Services:* Child health conferences, immunization, chest consultation and x-ray.

*Also offered:* physical therapy, speech pathology, health guidance, HIV counseling/testing and venereal disease diagnosis/treatment.

**Department of Mental Health**
(Unified Services)
Phone: 270-2800  Fax: 270-2723
1600 Seventh Avenue
Troy, NY 12180

*Clinic Satellite Offices:*
69 Church Street, Hoosick Falls
1641 3rd Street, Rensselaer

Provides comprehensive outpatient mental health services for Rensselaer County Residents. Includes individual and group treatment, counseling, and prevention for persons who are developmentally or emotionally impaired. Includes a child and adolescent clinic, geriatric treatment team, forensic service, family court consultation, adult services for the chronically mentally ill and intensive
case management. Substance abuse programs include school based prevention and intervention services and outpatient substance abuse treatment for adults.

**Department of Employment and Training**  
**Phone:** 270-2860  
**County Office Building**  
**1600 Seventh Avenue**  
**Troy, NY 12180**  
Resources available for individuals in Rensselaer County  
Youth employment and training programs for all individuals 16+. Provides economically disadvantaged with opportunities to learn new skills; classroom training, vocational training, work experience, on-the-job training. Resources include job postings, resume writing and interview skills workshops, internet access, computer usage and career assessment tools available.

**Community Housing Resource Board by the Department of Housing**  
**Phone:** 272-8289  
**Fax:** 272-1950  
**415 River Street, Troy, NY 12144**  
Assists with renovations of substandard housing for low- and moderate-income persons. Counsels people who are looking for housing and those with housing related problems.

**Department of Housing Resources**  
**Phone:** 272-8289  
**415 River Street**  
**Troy, NY 12180**  
*The Home Program* – Provides assistance with down-payment and closing costs when purchasing a home.  
*Mini-Repair Program* – Labor is provided free to eligible homeowners in Rensselaer County (outside the City of Troy) for small repairs. Special consideration given to the elderly and disabled.  
*Homebuyers Education* – Provides classroom education and one-on-one counseling in topics ranging from default counseling to first time home purchase.  
*IDA Program* – Matching savings program for Rensselaer County residents who want to purchase their first home or start/expand a business.

**Department of Probation**  
**Phone:** 270-8440  
**500 Broadway**  
**Troy, NY 12180**  
Probation relates services.

**Department of Social Services**  
**127 Bloominggrove Drive**  
**Troy, NY 12180**  
**Phone:** 833-6000  
**Raddock Building, 1801 6th Ave**  
**Troy, NY 12180**
Adoption Services:  833-6170
Aid in locating adoptive homes and assistance to parents who wish to surrender a child for adoption. Counseling/support is provided to the child and adoptive parents.

Adult Protective Services: 687-3700
Service provided to those 18 or older who are harmed or threatened with harm, unable to protect themselves or their interests and who have no one who can help. Must be mentally or physically disabled.

Department of Veterans Services
Phone: 270-2760
1600 Seventh Avenue
Troy, NY 12180
Provides assistance to veterans, widows, and children of veterans in all phases of benefits due from Veterans Administration. Helps fill out forms for pensions, burial allowances and educational assistance. Provides advocacy and referrals for veterans and helps hospitalized veterans. Assists in obtaining documentation and discharge upgrades from Department of Defense.

Department of Youth, Unified Family Services
Phone: 270-2960
1600 Seventh Avenue
Troy, NY 12180
Coordinates the work of community agencies county wide; conducts an ongoing needs assessment/ evaluation in the youth services and detention services area; youth advocacy and referral service.

Residential Opportunities (ROI) Center for the Disability Services
Phone: 880-1800
22 Corporate Woods Blvd
Albany, NY 12211
ROI serves over 500 individuals with disabilities. Offers supervised and supportive residential services, case management, at-home residential habilitation, day treatment, supported employment, after-school respite and family support programs.

Rensselaer United Rural Abuse Lifeline
Phone: 271-3766
125 Bloominggrove Drive
Troy, NY 12180
R.U.R.A.L. is an organization dedicated to assisting victims of abuse. A network of services are available to assist victims who have been physically, sexually, financially, emotionally or psychologically abused. A satellite office in Hoosick Falls to service surrounding rural areas.
Roarke Center
Phone: 273-8351    Fax: 270-0579
www.ccrnyc.org/roarke
107 4th Street, Troy, NY 12180
Founded to serve persons who live in poverty.

Ronald McDonald House of the Capital Region
Phone: 438-2659
139 South Lake Avenue
Albany, NY 12208
Help children in our community by operating the Ronald McDonald House of Albany, “a home away from home” for families of seriously ill children, and by supporting other programs that benefit children.

R.O.U.S.E., RPC
99 Blooming Grove Senior Housing
Troy, NY 12180
Phone: 283-3435    Fax: 286-2013
R.O.U.S.E., RPC is a not-profit organization that manages low to moderate income senior housing.

Rural Rensselaer County Council Health & Human Services
Phone: 686-5064 Ext. 205
PO Box 132
Hoosick Falls, NY 12090
The purpose is to plan and enhance the delivery of Health and Human services to the residents of Rural Rensselaer County.

Safe House
Phone: 374-5178
1344 Albany Street
Schenectady, NY 12304
Emergency shelter for runaway and homeless women and men (16-20). Short term (30-day limit) shelter for those outside of age limits. Crisis intervention, counseling, advocacy and referral. Assistance with employment, daily living skills, and education.

SafePlace
Phone: 689-0090
Crisis Line: 589-HOPE
www.safehouse.org
PO Box 5228
Albany, NY 12205
SafePlace is a program of the Samaritans Suicide Prevention Center. Grieving survivors share experiences, emotions, information, support and hope.

Saint Mark’s Episcopal Church
Phone: 686-4982
70 Main Street (Parish Hall)
Hoosick Falls, NY 12090
A wide selection of men’s, women’s, and children’s clothing, and household items are available.

Saint Peter’s Residency (SRO)
Phone: 273-3291
2335 Fifth Avenue
Troy, NY 12180
Provides furnished rooms and
three meals a day. Male and female occupancy. The room and board are set at a rate according to what people can pay. Housing is targeted primarily for persons who are chronically homeless. No alcoholic beverages or illegal substances may be stored or consumed in St. Peter’s residence.

Salvation Army
Phone: 272-4901
www.salvationarmy.org
410 River Street
Troy, NY 12180
Provides emergency food, clothing, family counseling, and disaster services. Have the following programs: Community Meals, Youth Enrichment, Crisis and Advocacy Intervention, Religious Guidance, Summer Camp, Missing Persons Bureau, Service to Armed Forces, Correctional, and Emergency Disaster Services.

Samaritans, The
HOTLINE: 689-4673
www.samaritans.org
PO Box 5228
Albany, NY 12205
Confidential suicide prevention crisis line offering “befriending” — a non-judgmental, unconditional acceptance of each caller — by trained volunteers. Empathetic listening, emergency help and referrals when requested. SafePlace, a support group for family and friends of suicide victims, meets twice a month.

Samaritan Hospital
Phone: 271-3300
www.nehealth.com
2215 Burdett Ave
Troy, NY 12180
Healthy Families: 274-0996
Comprehensive acute and specialty care, ambulatory surgery and outpatient services for Troy and Greater Capital Region. Specialty services include maternity, emergency department, mental health, MICA, physical medicine, Cancer Treatment Center and corporate health services.

Samaritan Hospital Behavioral Health Outpatient Clinic
Phone: 271-3374
Crisis Line: 274-4345
2215 Burdett Avenue
Troy, NY 12180
Provides in-patient and out-patient mental health services, partial hospitalization, consultation and emergency services.

School Lunch Program
Free lunches or partial payment of lunches are provided to children of low-income families whose income meets federal guidelines. The family may qualify for the program if they receive income in
excess of the guidelines but have extraordinary medical expenses or other hardships. Contact the school that your child is enrolled in to see if this program is available.

Second Hand Rose  
Phone: 802-447-1563  
303 Depot Street  
Bennington, VT 05201  
This second hand store offers clothing items and accessories for both adults and children. It also has furniture and small appliances for affordable prices.

Section 8 Rental Assistance Program  
Troy Housing Authority: 235-3685  
Hoosick Housing Authority: 686-7316/686-5408  
Rensselaer Housing Authority: 436-0230  
Nassau Town Hall: 766-2348  
This program provides rental assistance to low income families, elderly, disabled and/or persons who are paying more than 30% of their annual income.

Senior Endeavors  
Phone: 283-3435  
99 Bloomingrove Drive  
Troy, NY 12180  
The Rensselaer Organization United for Senior Endeavors (ROUSE) and Rural Preservation Corps (RPC) provide housing services for very low and low income seniors, apartment dwellers and home owners, through our network in Rensselaer County.

Services to Women and Families  
Phone: 374-3394  
24 hour hotline: 374-3386  
44 Washington Avenue  
Schenectady, NY 12305  
YWCA provides service for victims of domestic violence: 24 hour hotlines; shelter; advocacy with courts, Police Department, Department of Social Services; individual, group counseling; community education; employment program.

Seton Health System  
Phone: 268-5000  
1300 Massachusetts Avenue  
Troy, NY 12180  
Addiction Services & Inpatient Rehabilitation: 268-5542  
A comprehensive inpatient program designed for the person who has experienced addiction. Services include education and counseling. Treatment based on the individual. Average length of stay is 25 days. Patient must have abstained from alcohol and drugs for at least five days prior to admission.

Alcohol and Substance Abuse  
Detoxification: 268-5542  
Services for people who are actively using alcohol/drugs and need
to stop. Services include medical management of withdrawal process, treatment of related illnesses and recovery counseling.

Home Care: 233-1802
Provides home health care services.

Dental Services: 833-6900
Provides general dental services for adults and children.

Troy House Center:
6 10 2nd Street
Troy, NY 12180

St. Mary’s Hospital: 268-5000
Specialized nursing units focus on critical care, geriatric, orthopedic, diabetic and pediatric patients. Provides emergency inpatient and outpatient care and primary care.

Sexual Assault & Crime Victims Assistance
Phone: 271-3445
24 hour hotline: 271-3257
Samaritan Hospital, 2215 Burdett Avenue, Troy, NY 12180

Sexual Assault Assistance Program
Provides confidential assistance for child and adult victims of incest, rape and sexual abuse; individual, couple and family counseling, medical and legal advocacy. Prevention education for children, teens and adults; self-protection, crisis intervention, professional training. Both males and females served.

Crime Victim Assistance Program
Phone: 271-3766
Provides education, prevention information, and assistance for crimes such as assault that may not fall under the category of incest, rape and sexual abuse.

Shelters of Saratoga
Phone: 581-1097  Fax: 581-8735
www.sheltersofsaratoga.org
14 Walworth Street
Saratoga Springs, NY 12866
Shelters of Saratoga is a nonprofit organization dedicated to housing and advocating for homeless individuals ages 18 and up. Shelter, food and case management are available year round.

Social Security Administration
Phone: 1-800-772-1213
www.socialsecurity.gov
Administers the Federal Social Security Program. Provides assistance in applying for Social Security retirement, disability and survivors benefits; SSI payments for the aged, disabled and blind. Also replaces Social Security or Medicaid cards.

Southern Vermont Medical Center
Phone: 802-442-6361
100 Hospital Drive
Bennington, VT 05201
Offers free programs on topics such as quitting smoking, nutritional information, chronic disease management, recovery after a heart attack, aerobics for seniors, and
stress management skills. Fee-based courses include breastfeeding and parenting courses, Lamaze and other birthing classes, and CPR.

START Childrens Center  
Phone: 271-6001   Fax: 271-6836  
www.startchildrenscenter.com  
76 Pawling Avenue, Troy, NY 12180  
The START Children’s Center of Rensselaer County is to reduce the trauma to child victims and non-offending family members in the aftermath of sexual abuse disclosure through the provision of a child-friendly environment designed to enhance the investigation prosecution and long-term treatment processes. The START Children’s Center provides coordinated and comprehensive services in a child-friendly environment.

STAR Service  
Phone: 482-2022   Fax: 482-9039  
www.cdtaro.org/riding/star  
110 Watervliet Avenue  
Albany, NY 12206  
Run through the Capital District Transportation Authority (CDTA), STAR is a paratransit transportation service complimentary to the fixed route system for individuals with disabilities. Mobility instruction and a Bus Buddy Program are available. A healthcare program for elderly and disabled persons is offered during off-peak hours.

St. Anne Institute  
Phone: 437-6500   Fax: 437-6555  
www.stanneinstitute.org  
160 North Main Avenue  
Albany, NY 12206  
A residential and community based preventative service agency for young women ages 12-18 and their families. Regents Accredited Junior/Senior High School for the emotionally handicapped; Pre-school for 3-4 year olds who are speech impaired/emotionally disturbed; Day treatment and family services; Juvenile Sex Offender and Sex Abuse Prevention programs for males and females; family focused clinical assessment and treatment.

St. Catherine’s Center for Children  
Phone: 453-6700   Fax: 453-6712  
www.st-cath.org  
40 North Main Avenue  
Albany, NY 12203  
Offers a continuum of day and residential services designed to enhance the development of children and their families. Services include: Parent Aides, Parent Training, Day Treatment, Residential Programs, Counseling, Foster Family Program and Homeless Family Shelters. Serves children from birth to 13 years of age.

St. Peter’s Addiction Recovery Center (SPARC)  
Phone: 452-6700  
Detoxification: 525-1303
SPARC offers a range of addiction treatment programs including a 40 bed adult rehabilitation center in Guilderland, outpatient clinics in Cohoes, Albany, Schenectady, Latham and Ballston Spa, a day rehab program and halfway house in Albany, and an 18 bed alcoholic detox program at St. Peter’s Hospital. Also provides family education, counseling services and community outreach programs.

Sunnyside Center
Phone: 274-5986
Ninth Street and Ingalls Avenue
Box 1410
Troy, NY 12180
Operates an after school program providing a variety of classes such as music, cooking, computers, arts and crafts, homework assistance, recreation, games and academic enrichment. There is day care, youth counseling and a summer recreational program for area children.

SUNY Albany Psychological Services Center
Phone: 442-4900
135 Western Avenue, Husted 167
Albany, NY 12222
Individual psychological and counseling for children, adolescents and adults; behavior therapy, career counseling, marital counseling, family therapy, psychodiagnostic testing, vocational testing and counseling.

Supportive Living Residence: 270-8155
A community residence for males 18 or older, who are recovering from alcohol abuse and transitioning back into the community.

TOUGHLOVE
www.toughlove.com
Provides service to area parents who are troubled by their children’s unacceptable behavior and need to have children be responsible for their behavior, offering parents the opportunity to learn new ways of coping with problems.

Trinity Institution, Inc.
Phone: 449-5155
15 Trinity Place
Albany, NY 12202
Alcoholism and Substance Abuse Services.

Troy Area United Ministries
Phone: 274-5920  Fax: 271-1909
www.tauum.org
392 Second Street
Troy, NY 12180
TAUM is a social and religious agency that deals with housing, justice issues, and neighborhood support. TAUM sponsors:
Furniture Program: Provides furniture to families free of charge. Must
be Troy area resident referred by housing advocates from human services agencies in the Troy area.  

*Computers for Kids/Computer Ministry:* Four week summer program for low income and at-risk youth. Students learn to rebuild computer hardware and to install software.  

*Holiday Adopt a Family:* Area congregations adopt families in need and families living with HIV/AIDS, providing food, clothing and gifts to bring them holiday support.  

*The Martin Luther King, Jr. Events & Scholarship Program Committee:* This committee coordinates the holiday observances in January, as well as special efforts in race relations and community issues. These events raise money to provide scholarships for Troy area high school graduates to go to college.  

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**Troy Architectural Program (TAP)**  
*Phone:* 274-3050  
*www.tapinc.org*  
*210 River Street*  
*Troy, NY 12180*  
Provides architectural and planning assistance to low and moderate income people and non-profit organizations.  

**Troy Rehabilitation and Improvement Program (TRIP)**  
*Phone:* 272-8289  
*www.triponline.org*  
*P.O. Box 1249, 415 River Street*  
*Troy, NY 12180*  
Rents affordable subsidized and unsubsidized apartments; accepts DSS recipients; accepts Section 8 recipients. Provides pre-purchase counseling, and default counseling for those behind in mortgage payment. Sells newly constructed affordable homes with low cost financing to low and moderate income families. Offers pre-purchase and home maintenance seminars.  

**Security Deposit and Rental Assistance Program**  
Offers counseling and grant assistance for eligible Rensselaer County residents facing a housing crisis. Grants can be used for security deposit or first month’s rent to obtain secure, permanent housing, or toward rent arrears to prevent eviction.  

**Troy Youth Association (CYO)**  
*Phone:* 274-2630  
*237 Fourth Street, P.O. Box 867*  
*Troy, NY 12181*  
Provides recreational, cultural activities for youth and adults. Center programs include gym, tiny-tot, games area, after school child care, decentralized programs and traveling Day Camp. Computer and tutorial program.  

**Umbrella of the Capital District**  
*Phone:* 346-5249  
*www.theumbrella.org*
509A Union Street
Schenectady, NY 12305
A non-profit agency providing routine home maintenance and 24-hour emergency services for seniors and people with disabilities. Assists members to keep their homes and their independence.

Unemployment Insurance Office
Phone: 888-209-8124
www.labor.state.ny.us
720 Federal Street
Troy, NY 12180
Serves unemployment insurance claimants and job applicants, along with the employer community in Rensselaer County, Cohoes, Watervliet, Waterford and Green Island. To be entitled to unemployment insurance, a claimant must have worked sufficient time and earned sufficient wages in covered employment in the year of filing the claim. A claimant must have lost employment through no fault of their own and be actively seeking suitable employment.

United Counseling Services of Bennington County
Phone: 802-442-5491
www.ucsvt.org
100 Ledge Hill Drive
Bennington, VT 05201
Mental Health clinic treatment, alcohol and drug abuse treatment.

United Way of Northeastern NY
Phone: 518-456-2200
www.unitedwaygcr.org
PO Box 13865
Albany, NY 12212
Fundraising and allocating organization which strives to help strengthen families, promote self-sufficiency, feed the hungry, improve health and positively impact the lives of approximately 450,000 people in the Capital Region.
Dial 211: 2-1-1 is an easy to remember telephone number that connects people with important community services -- from finding an after-school program to securing adequate care for a child or an aging parent. 2-1-1 can also connect people with opportunities to serve the community as volunteers.

United Tenants of Albany
Phone: 436-8997
www.unitedtenantsalbany.org
33 Clinton Avenue, Albany, 12207
Non-profit organization that works to improve housing conditions, both in terms of physical housing conditions and in terms of tenant’s rights for security and equity. Maximum limit is $200.

Unity House Street Ministry
Phone: 274-2607
www.unityhouseny.org
33 2nd Street, Troy, NY 12180
Services provided: emergency food
pantry, personal care items, housing information, referral to shelter, diapers, household budgeting, counseling, welfare/resource advocacy. Special programs: traveling summer day camp, low income community gardening program, holiday programs, adopt-a-family, clothe-a-child, and Thanksgiving and Christmas baskets.

Emergency Services: 272-5917
24-hour Hotline: 272-2370
2431 Sixth Avenue
Troy, NY 12180
Provides residential and non-residential services to victims of domestic violence and their children. Services include: safe shelter, individual counseling, support groups, children’s counseling, parenting education, life skills training, and housing assistance, legal advocacy, transitional apartments.

Pregnancy Care Project: A Maternity and Early Childhood Program for low-income women and their infants up to 3 months of age that provides supplies, support, advocacy and referrals.

Housing Support Services: 272-1611
Supported housing for persons with mental illness.

Food Pantry and Thrift Store: 272-2352
2431 6th Avenue, Troy, NY 12180
Low or cost free clothing, household furnishings.

Transportation Services: 272-1326

Unity Sunshine School: 271-6777
435 Fourth Street, Troy, NY 12180
Pre-School program serving handicapped children. Family support, home infant program, speech and language therapy.

Vanderheyden Hall
Phone: 283-6500 Fax: 283-7156
www.vanderheydenhall.org
PO Box 219
Wynantskill, NY 12198
Provides residential and non-residential community based services to families and children who have a variety of needs.

VESID: Vocational & Educational Services for Individuals with Disabilities
Phone: 473-8097 Fax: 457-4562
www.vesid.nysed.gov
80 Wolf Road, Suite 200
Albany, NY 12205
Individual counseling and guidance; training; placement and follow-up toward job placement-all for individuals with disabilities; except blind or visually handicapped.

Verizon Life Line Service
Phone: 800-799-6874
www.lifelinesupport.org
Must be income eligible for one of the following programs: Food Stamps, Medicaid, Home Energy Assistance Program (HEAP), Temporary Assistance to Needy Families (TANF), Home Relief
(HR), Supplemental Security Income (SSI), Veteran’s Surviving Spouse Pension.

**Basic Lifeline Service:** service charge is $1.00 a month plus the cost of all calls. Calls within local calling area are billed at the rate of 10.6 cents per call.

**Flat Rate Lifeline Service:** saves customers $8.10 a month off the cost of Flat Rate Service. Customers can make unlimited number of calls in their flat rate calling areas at no extra charge.

**Department of Veterans Affairs**  
**Samuel Stratton Medical Center**  
113 Holland Avenue  
Albany, NY 12208  
Phone: 626-5680

**The Behavioral Health Recovery Center, Building 5**  
This program is for veterans with long term mental health disabilities. Components of this program are: social and recreational activities, advocacy, treatment and outreach.  
*Veterans Homeless Program: 626-5150*

**VA Community Mental Health**  
**650 Warren Street**  
Albany, NY 12206  
Designed to reach out to homeless veterans in an effort to improve the quality of their lives. Provides medical and psychiatric treatment, assistance in gaining access to financial and other benefits, counseling, referral to rehabilitation programs. Linkages to resources such as housing, social, recreational.

**Veterans Industries/Therapeutic Residence Compensated Work Therapy Program (CWT)**  
**Phone: 626-5150**  
This program is a comprehensive regional vocational rehabilitation program designed to offer veterans the opportunity to achieve their highest level of vocational functioning. VI provides a workshop environment where veterans can learn basic work skills and habits while being paid for work. Staff helps with resume and cover letter preparation and on successful interviewing.

**Visiting Nurse Association of Albany, Rensselaer and Saratoga**  
**Phone: 489-2681**  
www.vnaa.org  
**35 Colvin Avenue**  
**Albany, NY 12206**  
Provides home health care services including RN, physical, speech, and occupational therapies, nutrition counseling, medical social services, and home health aide services. Special programs include pediatric home care, home infusion therapy, long term home health care program, emergency response system, and long term AIDS care.
Whitney Young Jr. Health Center
Phone: 465-4771  Fax: 432-3632
www.wmyhealth.org
920 Lark Drive
Albany, NY 12207
Services include medical, dental, mental health, eye examination, family planning, pre-natal care, gynecology, HIV counseling, family alcoholic services, lab tests, pharmacy, etc. Sliding scale, private insurance and Medicaid accepted.

Women’s Employment and Resource Center
Phone: 434-1477
www.cdwerc.org
8 Wolfert Avenue
Albany, NY 12206
Day programs designed to help women get back on the road to employment and financial independence. Services provided include resumes, job search strategy, and interviewing skills.

Workforce Development Institute Child Care Facilitated Enrollment Program
Phone: 272-3500  Fax: 272-3501
www.wdiny.org
The Hedley Building
433 River Street, Suite 1009
Troy, NY 12180
The Workforce Development Institute (WDI) serves working families in New York State, providing employment-related services that address training issues; the decline of jobs and creation of new ones; the effects of new technologies and globalization; and the redesign and organization of work. WDI also provides economic and public policy research and is a leader in green jobs education and training. The Child Care Facilitated Enrollment Program provides child care subsidies for children under 13 years of age to income eligible working families in Albany, Rensselaer, Schenectady and Oneida Counties.

YMCA of the Capital District – Troy Branch
2500 21st Street
Troy, NY 12180
Phone: 272-5900
www.capitaldistrictymca.com
Provides health, physical education and fitness, recreational and educational programs for youth, adults and families in Rensselaer county, as well as Cohoes, Watervliet and Waterford. Provides after-school care program in three Troy schools.

Youth Bureau, City of Rensselaer
Phone: 462-5488
505 Broadway
Rensselaer, NY 12144
Plans, coordinates and supplements the activities of public, private, and religious organization devoted to the
Youth Center (HAYC³), Hoosick Falls
Phone: 686-9050
115 Church Street
Hoosick Falls, NY 12090
The Hoosick Armory, Youth Center & Community Coalition (HAYC³) seeks to be a positive force in the Hoosick Falls Community, especially in the lives of its youth, by providing and supporting activities, opportunities and evidence-based programs that foster engaged minds, healthy bodies, strong families and caring relationships.
By operating well-managed, supervised facilities for recreation, art, music, mentoring, education, enrichment and social activities, HAYC³ creates a safe environment where youth and community members can choose to reach their full potential.

YWCA of Troy and Cohoes
Phone: 274-7100
www.ywca-troy.org
21 First Street
Troy, NY 12180
Provides women's permanent residence (75 room SRO), emergency and transitional housing for women and their children (Women in Transition has 15-bed shelter).

Youth Department, City of Troy
Phone: 270-4583
Troy City Hall, 1 Monument Square
Troy, NY 12180
Provides city wide social planning, coordination and grant administration for the youth service programs; youth advocacy and referral services.
Our Locations

- **Hoosick Falls**: Family Resource Center
- **Lansingburgh**: Family Resource Center
- **Troy**: Administrative Offices, Community Resource Center, Troy Family Resource Center, Youth Opportunity Center
- **North Greenbush**: Stepping Stones 2 Day Care
- **Rensselaer**: Family Resource Center
- **Nassau**: Southern Rensselaer County, Family Resource Center
Early Childhood Services
  Babies in Waiting
  Fatherhood Initiative
  Head Start/Early Head Start
  Stepping Stones II Childcare
  Universal Pre-Kindergarten

Youth & Family Services
  21st Century Program
  Teenage Opportunity Program
  Transitional Student Support
  WIC
  WIC Vendor Management
  YouthBuild

Housing Services
  Weatherization Assistance
  EmPower NY
  RESTORE & HOME

Community Services
  Career Development
  Emergency Services
  Family & Children’s Services
  Family Support Services
  Food Pantry
  Foster Grandparents
  Holiday Giving
  Volunteer Income
  Tax Assistance

Contact Us

2331 Fifth Avenue
Troy, NY 12180
(518) 272-6012

www.ceoempowers.org
facebook.com/CEOcap
@CEOcapNY