CEO provides safe and nutritious food to people in need!

CEO’s Food Pantry offers:

- A supply of food for three meals a day, to feed your family for three days
- Access to the Food Pantry every 14 days
- Fresh produce, milk, and cheese when available
- Recipes, food demonstrations, and nutrition support
- Emergency access to food to keep you and your family healthy
- One-on-one financial counseling to help you manage your food budget
- Access and referrals to other beneficial programs
- And much more!

Brad Ryan
(518) 272-6012 ext. 247
www.ceoempowers.org/food-pantry