This past year the board supported CEO’s leadership team as they strengthened programs, including new UPK partnerships across Rensselaer County, and an exciting new collaboration with the SEAT Center’s Youth Build program. We helped them fill the truck, distribute holiday gifts and clothes for our children, as well as honor Champions of Community Action during the annual Luncheon.

The board volunteered over 150 hours this past year during these events, as well as board meetings, and committee meetings. We are proud of the most of our board’s efforts as they continued to address the challenges and celebrations 2019 will bring!

As Executive Director of St. Paul’s Center, a refuge for homeless mothers and children, I know first hand the challenges our community faces and represent the community sector on my position on CEO’s Board.

CEO’s tripartite board structure helps ensure that the board draws from the expertise and experience of a variety of backgrounds: a third of the Board is made up of elected officials representing the public sector; one third consists of private sector members; and some-what’s held by low-income persons in Rensselaer County.

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In my first year as CEO’s Board Chairperson, I’ve had the honor to work among a passionate group of board members dedicated to breaking the cycle of poverty by providing the tools to build stable, healthy, and happy lives to people throughout Rensselaer County.

CEOs 20 programs and 250 employees serve the communities of Rensselaer County and beyond every day. Our employees come from many walks of life, but we all share one thing in common – we are all dedicated to making the Capital Region of New York a healthier and happier place. We understand the complex factors that contribute to poverty in our area, and we work tirelessly to help people in need achieve success.

Head Start by the Numbers

Early Childhood Services account for 62% of our funding. Here’s a look at what these dollars do!

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I start my day around 6:45, get up and shower. I take a few minutes, stare in the mirror and motivate myself with positive messaging. I remember myself as a part of our pledge; that I need to ‘get up, dress up, and show up today.’ I have been going through some challenges and I have been feeling more and more discouraged lately.

I then get my children dressed, my sons’ 4 and my daughter is 2. Then I wake my brothers up for school, they are 16 and 9. I fix us all breakfast and make the coffee which usually wakes up my sons. She is who watches my daughter.

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The trainer teaches us how to do the work first thing in the morning and then we apply what we learned while working on and learn important skills in the construction trade which is actually a process. I am gaining knowledge of the construction trade which is actually a career field of interest.

We are partnered with Habitat for Humanity of the Capital Region to work on a couple of houses in Troy. Right now we are working on insulating a home and putting up drywall. I enjoy doing construction. It is a good way for me to get out stress, do things that are hands on and are important skills in the process. I am gaining knowledge of the construction trade which is actually a career field of interest.

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It gives me the chance to have a daily quote which is something new to me because we always circle. This is an important time of my day for my team for being late to our morning meetings and I have been feeling more and more discouraged lately.

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